

SPF CHEAT SHEET!

physical SPF

vs

chemical SPF



ingredients:

sunscreen actives, including zinc oxide and titanium dioxide



best for:

sensitive, acne-prone, or reactive skin



how it works:

acts like a shield!
creates a physical barrier between the skin and the sun.
completely deflects sun rays.



ingredients:

sunscreen actives, including zinc oxide and titanium dioxide



best for:

invisible options for deeper skin tones and breathability



how it works:

acts like a sponge!
absorbs sun rays, turns them into heat, then releases it from the skin

