

H+ Chi Magnum - Hydrogen Water Bottle & Ionizer



Before First Use:

- 1. Charge Fully:** Before using, ensure the bottle is fully charged. Avoid leaving it on the charger once it's fully charged to extend battery life.
- 2. Prep Ionization Chamber:** To prevent the ionization plates from drying out, remove the silicon plug, reattach the glass, and fill with water. Activate the unit to produce the first batch of hydrogenated water, then dispose of it. The second batch is ready for consumption.
- 3. Consumption Guidelines:** Start with two bottles daily, one in the morning and one in the evening, and gradually increase based on your comfort. Initial detox symptoms are normal and typically subside within a few days. If symptoms are intense, reduce consumption initially, then gradually increase as tolerated.
- 4. Additional Information:** For more details, consult the manual.
- 5. Important:** Remember to remove the rubber cap inside the bottle to access the ionization chamber.