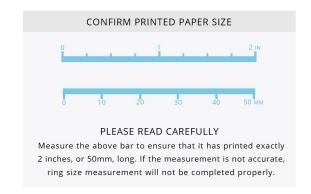
MODERN CARATS

Ring Sizing Guide

HOW TO USE THIS GUIDE

To obtain an accurate ring size measurement, page scaling must be set to "100%" in your print dialog box. Make sure to uncheck all "scale to fit" checkboxes when printing. Before proceeding, use a ruler to confirm the printed paper size in the box to the right.

Pull tightly. The sizer must fit snugly but comfortably to produce an accurate size. Make sure the finger is at normal body temperature — fingers can shrink or expand when hot or cold. Your fingers tend to change size throughout the day — the best time to measure your finger is the end of the day.



FIND YOUR RING SIZE

METHOD 1: CREATE YOUR OWN

You'll need:

- · String, yarn or a thin strip of paper
- · Pen or marker
- · Ruler

- 1. Cut a piece of string to at least 3 inches long
- 2. Wrap it around the base of the finger that you plan to wear your ring on. Make sure it's snug!
- 3. Using a pen or marker, mark where the ends overlap
- 4. Lay the string flat and use a ruler to measure the length in millimeters
- 5. Use the Ring Size Conversion Chart below to find your corresponding ring size

METHOD 2: PRINT A RING SIZER

- 1. Cut out the ring sizer below. Be sure to confirm the printed paper size as indicated above!
- 2. Wrap the ring sizer snugly around the widest part of the intended finger so that the numbers are visible to you and insert the pointed end through the slit you cut in the sizer
- 3. Make note of the number that lines up with this slit. This is your ring size! Keep in mind that quarter sizes are also available if your sizer indicates that you're between whole and half sizes



METHOD 3: MEASURE AN EXISTING RING

- 1. Choose a ring that correctly fits the finger that you're purchasing the ring for. In the United States, the engagement ring and wedding bands are most commonly worn on the ring finger of the left hand.
- 2. Lay the ring over each of the size circles below until you're able to closely match the inside edge of the ring to one of the circles on the guide.
- 3. If the ring falls between two of the sizes, order the quarter size in the middle.

