NUTRITION INFORMATION			
Freeze Dried	Servings per Package: 1		Serving Size: 25g
Raspberries	Quantity	% Daily Intake*	
	(per 100g)	(per Serving)	Quantity per 25g
Energy	1453 kJ	4.25 %	363.2 kJ
	347 Cal		86.75 Cal
Protein	7.1 g	3.5 %	1.8 g
Fat - total	1.2 g	0.25%	0.3 g
saturated	Less than 1 g	0.25%	Less than 0.25 g
 monounsaturated 	Less than 1 g		Less than 0.25 g
 polyunsaturated 	Less than 1 g		Less than 0.25 g
- trans	Less than 0.1 g		Less than 0.025 g
Carbohydrate - total	76.6 g	6.25 %	19.1 g
sugars	49 g	13.5 %	12.2 g
Sodium	5 mg	Less than 0.25 %	1.25 mg
*Percentage Daily intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.			

PLEASE NOTE: the above nutrition panel is only a presentation to show all the results in the general format and it is the customer's responsibility to ensure that the label conforms to regularly requirements. For some products / countries the nutrition panel requires content that can only be supplied via the product formulation and not by testing



Grown in

Australia

100% Australian Freeze Dried **Whole Raspberries 25 grams** Our sweet 100% Australian Family Farm grown Raspberries, are grown all across the East Coast of Australia. From the Yarra Valley in Victoria and all the way up to the Sunshine Coast in Queensland. Our Raspberry farmers are among the most Reputable of Australian Raspberry Growers. Using the Freeze Dry process, all the moisture is absorbed from the Raspberries leaving you the Sweetest and most Pure tasting Raspberries you have ever tasted.

Our goal at Berry Fresh Australia is to bring you the Highest Quality Freeze Dried Berry products available. All our Berry Products are 100% Australian grown by 100% Aussie family Farmers from right across Australia. We give you these Natural, Australian berry products which are Vegan Friendly.

NO ADDED yeast, gluten, wheat, milk, derivatives, artificial colours, flavours, sweeteners or sugar. NO Preservatives. Just 100% Natural Aussie Berry Products.

MADE IN AUSTRALIA

