



Please get in touch with our Admissions Team.

New York Military Academy

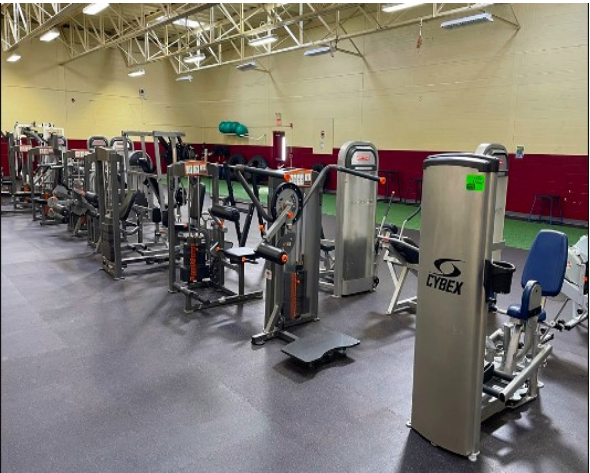
Affectionately known as NYMA (Knee-Ma)

78 Academy Avenue
Cornwall-on-Hudson, NY 12520

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New York Military Academy
Summer 2022

Advanced Table Tennis Training Program

Sanctioned by USATT

For Girls and Boys ages 11—18



New York Military Academy (NYMA) is a private boarding school serving grades 8 to12 and Post-graduate during the school year and children age 11 or older in the summer.

We have carefully designed a summer of high performance intense table tennis training in a structured, positive, and student-centered learning environment. We are committed to forge - local, regional, and international partnerships, with coaches, clubs and national organizations. We seek to offer an exceptional opportunity for students interested in pursuing their dreams within and outside of table tennis.



Program Features

Aspiring Champions commit to habits and routines of excellence that separate them from others! Our summer program will provide the necessary life skills to succeed in table tennis and beyond.

This unique program combines world-class table tennis coaching with the outstanding faculty of New York Military Academy. Daily training, Lectures, and Local Field Trips. Not to be missed!

- Sanctioned by USA Table Tennis
- Top European and USA National Team Coaches
- Advanced Tactics, Physical Training, Endurance, Mental Toughness, Focus, and Discipline
- For Aspiring Youth Players - Boys and Girls aged 11 to 17
- Sixteen Tables, Air-conditioned Gymnasium
- Housed at Prestigious New York Military Private School 100 Acre Campus - On-Site Food and Boarding.



Faculty

- Internationally Recognized Coach
- Two USA National Team Coaches
- Robert Rahn - Athletic Director New York Military Academy
- Robert Roberts - Coach-Operations Manager Westchester Table Tennis Center
- Ben Nisbet - Director American Youth Table Tennis Organization.

Partners

- USA Table Tennis
- New York Military Academy
- Westchester Table Tennis Center

Program Sessions

- Session I: July 31st– August 6th
- Session II: August 7th – August 13th

Cost of Attendance

1-week boarding program(7days): \$1800

2-week boarding program (14 days): \$3,500

Payment processing Fee: \$50

Monday	Tuesday	Wednesday	Thursday	Friday
Wake up /Hygiene Morning PT 6:45am-7:45am	Wake up /Hygiene Morning PT 6:45am-7:45am	Wake up /Hygiene Morning PT 6:45am-7:45am	Wake up /Hygiene Morning PT 6:45am-7:45am	Wake up /Hygiene Morning PT 6:45am-7:45am
Breakfast 7:45am-8:15am	Breakfast 7:45am-8:15am	Breakfast 7:45am-8:15am	Breakfast 7:45am-8:15am	Breakfast 7:45am-8:15am
Drill and Ceremony 8:15am-9:00am	Drill and Ceremony 8:15am-9:00am	Drill and Ceremony 8:15am-9:00am	Drill and Ceremony 8:15am-9:00am	Drill and Ceremony 8:15am-9:00am
Table Tennis Training (Morning Session) 9:00am-12:00pm	Table Tennis Training (Morning Session) 9:00am-12:00pm	Table Tennis Training (Morning Session) 9:00am-12:00pm	Table Tennis Training (Morning Session) 9:00am-12:00pm	Table Tennis Training (Morning Session) 9:00am-12:00pm
Lunch 12:00pm-12:45pm	Lunch 12:00pm-12:45pm	Lunch 12:00pm-12:45pm	Lunch 12:00pm-12:45pm	Lunch 12:00pm-12:45pm
Leadership Courses 1:00pm-3:00pm	Leadership Courses 1:00pm-3:00pm	Leadership Courses 1:00pm-3:00pm	Leadership Courses 1:00pm-3:00pm	Leadership Courses 1:00pm-3:00pm
Table Tennis Training (Afternoon Session) 3:00am-5:30pm	Table Tennis Training (Afternoon Session) 3:00am-5:30pm	Table Tennis Training (Afternoon Session) 3:00am-5:30pm	Table Tennis Training (Afternoon Session) 3:00am-5:30pm	Table Tennis Training (Afternoon Session) 3:00am-5:30pm
Shower /Hygiene 5:30pm-6:15pm	Shower /Hygiene 5:30pm-6:15pm	Shower /Hygiene 5:30pm-6:15pm	Shower /Hygiene 5:30pm-6:15pm	Shower /Hygiene 5:30pm-6:15pm
Dinner 6:15pm-7:00pm	Dinner 6:15pm-7:00pm	Dinner 6:15pm-7:00pm	Dinner 6:15pm-7:00pm	Dinner 6:15pm-7:00pm
Evening Activity 7:00pm-9:00pm	Evening Activity 7:00pm-9:00pm	Evening Activity 7:00pm-9:00pm	Evening Activity 7:00pm-9:00pm	Closing and Award Ceremony 7:00pm-9:00pm
Free Time 9:00pm-10:00pm	Free Time 9:00pm-10:00pm	Free Time 9:00pm-10:00pm	Free Time 9:00pm-10:00pm	Packing 9:00pm-10:00pm
Lights Out 10:00pm	Lights Out 10:00pm	Lights Out 10:00pm	Lights Out 10:00pm	Lights Out 10:00pm

*Leadership Courses include Leadership lectures and presentations, Kayaking on Hudson River, Rifle Shooting, Survival Skill and Obstacle Course for team building.

*Evening Actives Include: Trivia Game, Bowling, Karaoke Night, Movie Night, Board game Night, Open Gym, Swimming

Apply Now at

<https://www.nyma.org/summer-program/advanced-table-tennis-usatt/>

Get \$100 Off if you apply before April 30th.