



FOUNDATIONS — OMEGA —

Foundations Omega is molecularly distilled and independently verified to ensure potency & purity according to the highest worldwide standards. EPA and DHA from fish oil promote cardiovascular health by supporting optimal triglyceride and cholesterol levels and reducing platelet aggregation.* Fish oil has also been shown to promote optimal joint function and overall brain and nervous system function.*

Guaranteed Purity and Potency

Our ultra-pure, molecularly distilled, natural marine lipid concentrate is sourced from fish caught in cold, deep sea waters. These formulas are molecularly distilled and are independently verified to ensure potency and purity according to the highest worldwide standards. Our formulas contain low levels of anisidine and peroxide (the measurements for rancidity) stabilized with vitamin E. The purity assay process includes testing for PCBs, heavy metals and pesticides.

Amount Per Serving

Vitamin E <i>(as d-alpha tocopherol) (10 IU)</i>	6.70mg
Natural Marine Lipid Concentrate <i>EPA (eicosapentaenoic acid) (625 mg)</i> <i>DHA (docosahexaenoic acid) (245 mg)</i> <i>Other Omega-3 Fatty Acids (82 mg)</i>	6g

Other Ingredients:

Gelatin (bovine), vegetable glycerin, purified water, mixed natural tocopherols.

Contains:

Fish (anchovy, mackerel and sardine) ingredients.

Does Not Contain:

Milk, eggs, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives.

Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.

Specifications

Serving Size 1 Softgel • Servings Per Container 60

Directions

Take one capsule 2-3 times per day between meals or as directed by your healthcare practitioner.



GLUTEN FREE



To contact Dr Kathy Health LLC contact 918-274-9111 or www.drkathysays.com

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DrKathy[®]
Health