

## HELP® 3-6 Assessment Strands (2<sup>nd</sup> Ed.): Observing During Classroom Routines

<b>Part of Daily Routine</b>	<b>HELP 3-6 Strands</b>	<b>Example Observation Opportunities</b>
<b>Whole Group Time</b>	1-4D Problem Solving/Reasoning	Offering solutions to class problems, word association games
	1-9 Reading Readiness	Identifying letter names/sounds in class message, finding name on job chart, reading simple words
	1-10 Math Readiness	Counting as instruments are passed around, writing number of days there will be no school
	1-13 Time	Reviewing daily schedule, reviewing calendar
	2-7 Communicating through Rhythm	Dancing or moving to music, singing, using instruments
	3-7G Bilateral Play	Morning exercises
	5-5 Social Interactions and Play	Group discussions, turn-taking games
<b>Small Group Time</b>	1-4D Problem Solving/Reasoning	Telling/drawing solutions to problems, word association games
	1-7A Classification: Matching/Sorting	Matching games, sorting objects, sequencing pictures
	1-7B Classification: Size	Comparing weights, grouping objects by size
	1-7C Classification: Associative	Grouping items by texture, category, or function
	1-9 Reading Readiness	Rhyming, letter/sound games, reading simple words
	1-10 Math Readiness	Counting, recognizing numbers, writing numbers
	1-11 Writing Skills	Copying/drawing shapes, writing name, writing letters
	4-6A Pre-Writing	Drawing/writing, fitting pegs in a pegboard
	4-6B Blocks/Puzzles	Stacking and building with blocks, completing puzzles
	4-6D Paper Activities	Gluing activities, paper folding activities
	4-7C Stringing Beads	Stringing beads, patterning with stringing beads
	4-7D Scissors	Cutting paper and cloth, cutting out pictures
	4-8 Perceptual Motor: Tactile	Feeling box activities
	5-2 Self-Identification	Naming birthday, talking about family or address
	5-5 Social Interactions and Play	Sharing toys, taking turns, playing simple table games

## HELP® 3-6 Assessment Strands (2<sup>nd</sup> Ed.): Observing During Classroom Routines, Continued

<b>Part of Daily Routine</b>	<b>HELP 3-6 Strands</b>	<b>Example Observation Opportunities</b>
<b>Center Time/Free Play</b>	1-4D Problem Solving/Reasoning	Offering solutions to problems with materials
	1-7A Classification: Matching/Sorting	Matching games, sorting objects
	1-7B Classification: Size	Comparing weights, grouping objects by size
	1-7C Classification: Associative	Grouping items by texture, category, or function
	1-9 Reading Readiness	Telling a story while looking at pictures, letter/sound games
	1-10 Math Readiness	Counting games, reading numbers on a toy phone or thermometer, naming coins during “store” play
	1-11 Writing Skills	Drawing or writing letters in sand, copying simple words during “restaurant” play, writing labels for block structures
	1-12 Dramatic Play	Role playing (with or without props), playing with dolls
	2-7 Communication through Rhythm	Dancing or moving to music, singing, using instruments
	4-6A Pre-Writing	Drawing pictures, using pegs and pegboards
	4-6B Blocks/Puzzles	Stacking and building with blocks, completing puzzles
	4-6D Paper Activities	Gluing activities, paper folding activities
	4-7C Stringing Beads	Stringing beads, patterning with stringing beads
	4-7D Scissors	Cutting paper and cloth, cutting out pictures
	4-8 Perceptual Motor: Tactile	Feely box activities
	5-5 Social Interactions and Play	Playing with groups of other children, sharing toys, taking turns, playing simple games
6-2A Dressing	Putting on dress-up clothes, putting on art smock	
6-2B Undressing	Removing dress-up clothes, turning clothes right side out	
<b>Story Time</b>	1-4D Problem Solving/Reasoning	Brainstorming solutions to problems in the story
	1-9 Reading Readiness	Telling a story while looking at pictures, pointing to words or letters in a book
	1-10 Math Readiness	Reading math books, counting objects in illustrations
	2-1A Receptive: Understanding Words	Answering questions, discussing the main idea of a story
	2-4B Communicating with Others: Verbally	Reciting a rhyme, describing an illustration

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<b>Part of Daily Routine</b>	<b>HELP 3-6 Strands</b>	<b>Example Observation Opportunities</b>
<b>Arrival/Departure</b>	1-11 Writing Skills	Copying name to “sign in”
	1-13 Time	Referring to daily schedule, reading clocks
	5-8 Personal Welfare/Safety	Following pedestrian or bus safety
	6-2A Dressing	Preparing to depart (putting on jacket, tying shoes)
	6-2B Undressing	Entering classroom (unzipping coat, removing sweater)
<b>Meal Times</b>	1-10 Math Readiness	Counting while setting the table or serving food
	5-6 Social Manners	Requesting or passing food, using table manners
	5-7 Social Language	Using polite words, participating in conversations
	6-3A Eating	Serving self, preparing foods to be eaten
	6-3B Drinking	Cleaning spills, drinking with a straw
<b>Outside Time</b>	1-12 Dramatic Play	Role playing, with or without props
	3-7A Balance/Standing	Kicking, balancing
	3-7B Walking/Running	Running, using stairs, navigating an obstacle course
	3-7C Jumping	Hopping, jumping, skipping
	3-7F Catching/Throwing	Playing catching/throwing games with balls
	3-7G Bilateral Play	Riding tricycles, swinging, tumbling tricks
	3-7H Balance Beam	Balancing on a line or balance beam
	5-8 Personal Welfare/Safety	Using playground equipment safely, avoiding hazards
<b>Transitions</b>	1-13 Time	Reviewing daily schedule, reading clocks
	3-7B Walking/Running	Using stairs, carrying materials to playground
	3-7C Jumping	Hopping to a new area of the room
	3-7H Balance Beam	Balancing on tape or beam to a new area of the room
	5-1 Attachment/Adaptive Skills	Transitioning between activities or parts of the day

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<b>Part of Daily Routine</b>	<b>HELP 3-6 Strands</b>	<b>Example Observation Opportunities</b>
<b>Throughout the Day</b>	0.0 Self-Regulation	Listening to a story, waiting in line, changing activities, rest/nap
	1-8 Attention	Starting and attending to tasks, working in a small group
	2-1A Receptive: Understanding Words	Answering questions, responding to requests
	2-2 Following Directions	Transitioning, completing direction-oriented tasks
	2-3 Expressive Vocabulary	Conversing during meals or play, responding to questions
	2-4B Communicating with Others: Verbally	Conversing during meals or play, group discussions
	2-8 Sign Language Skills	Communicating with peers, adults, or special visitors
	2-9 Speech Reading Skills	Responding to cues and communications from others
	3-8 Swimming	Field trips, parent report
	3-9 Wheelchair Skills	Traveling through the classroom or playground, dancing to music, arrival and departure times
	5-1 Attachment/Adaptive Skills	Transitioning between active/quiet activities, transitioning between preferred/non-preferred activities
	5-4 Responsibility/Rules	Listening to stories, sitting during group activities, standing in line, cleaning up, preparing for nap
	5-5 Social Interactions and Play	Group times, outside times, center/free play times
	5-7 Social Language	Arrival/departure, meal times, group times
	5-8 Personal Welfare/Safety	Arrival/departure, outside times, field trips, emergency drills
	6-5 Grooming	Before/after meals, before/after outdoor play
	6-6 Toileting	Throughout the day as needed
6-8 Oral Hygiene	Throughout the day as directed	
6-9 Nasal Hygiene	Throughout the day as needed	