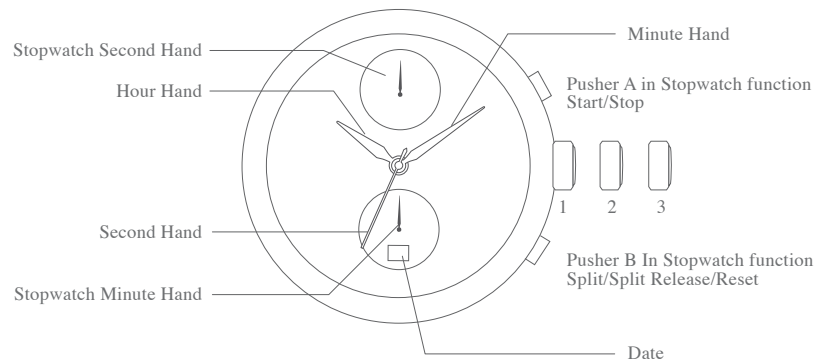


JAPAN QUARTZ CHRONOGRAPH WITH DATE

A) DISPLAY



B) DATE & TIME SETTING

1. Pull the crown to **position 2**.
 2. Turn the crown clockwise until the previous day's date appears.
 3. Pull the crown to **position 3** when the second hand is at the 12 o'clock position. It will stop on the spot.
 4. Turn the crown to set the hands to the desired time of the day (make sure AM/PM is set correctly).
- * When the crown is at position 3. **Do not** press any button. Otherwise, the chronograph hands will move.
5. Push the crown back into the **position 1** in accordance with a time signal.
- * **Do not** set the date between 9:00p.m. and 1:00a.m.. Otherwise, the day may not change properly. If it is necessary to set the date during that time period, first change the time to any time outside of it, set the date and then reset the correct time.

C) HOW TO USE STOP WATCH

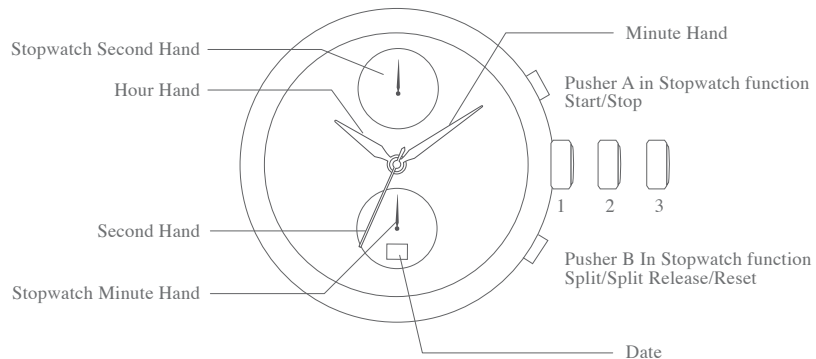
- The measured time is indicated by the stopwatch hands that move independently of the center.
- The stopwatch can measure up to 60 minutes in seconds.

D) Standard Measurement

1. Press **Pusher A** to start.
2. Press **Pusher A** to stop.
3. Press **Pusher B** to reset.

JAPAN QUARTZ CHRONOGRAPH WITH DATE

A) DISPLAY



II) Accumulate elapsed time measurement

1. Press **Pusher A** to start.
2. Press **Pusher A** to stop.
3. Press **Pusher A** to restart.

(Restarting and stopping the stopwatch can be repeated as many times as necessary by pressing Pusher A. For resetting, please press Pusher A to stop the stopwatch and then press Pusher B to reset.)

III) Split time measurement

1. Press **Pusher A** to start.
2. Press **Pusher B** to Split/Split Release.
3. Press **Pusher A** to stop.
4. Press **Pusher B** to reset.

(Measurement and release of the split time can be repeated as many times as necessary by pressing Pusher B.)

D) ADJUSTING THE STOPWATCH HAND POSITION

Before setting the time, check if the stopwatch and minute hands are at the "0" (12 o'clock) position. If the stopwatch is in use, please stop and reset. If either of the stopwatch hands are not at the "0" position, reset them in the following steps:

1. Pull the crown out to **position 3**.
2. Press **Pusher A or B** to reset the stopwatch second and minute hands to "0" position.
 - By pressing **Pusher A**, the hands move **anti-clockwise**.
 - By pressing **Pusher B**, the hands move **clockwise**.
3. Push the crown back to **position 1**.



EARNSHAW

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