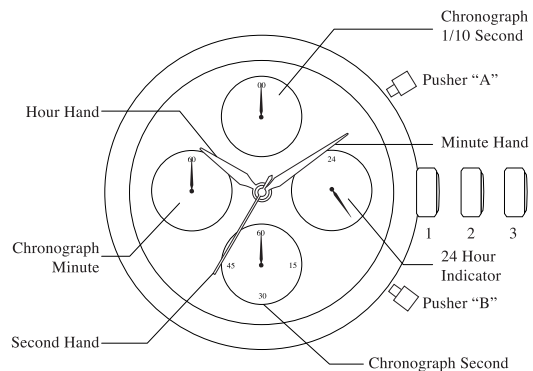


QUARTZ 3 HANDS CHRONOGRAPH -
24 HOURS INDICATOR

A) DISPLAY



B) ADJUSTING THE STOPWATCH HAND POSITION

* Before setting the time, check if all the chronograph hands -
1/10 second, second, minute - are at the "0"(12 o'clock) position.

* If the stopwatch is in use, press the buttons in the following order to reset it,
and then, check if the hands return to "0" position.
(For details , see "HOW TO USE THE STOPWATCH")

* If the chronograph is counting : A -> B

* If the stopwatch is stopped : B

* If the split time is displayed : B -> A -> B

If either of the stopwatch hands are not in the "0" position, reset them following the procedure below.

1) Pull the crown out to position 2;

2) Press button A or B to reset all stopwatch hands to "0" position.

* The stopwatch minute hand moves correspondingly with the stopwatch second hand.

* The hands move quickly if the respective buttons are kept pressed.

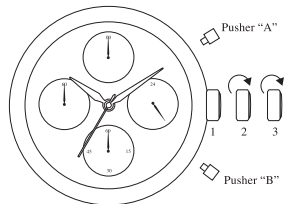
3) Push the crown back to the position 1.



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C) TIME SETTING



* Before setting the time, check that the chronograph measurement is stopped.

1) Pull out the crown to position 2.

2) Turn the crown clockwise until the preview day's date appears.

3) Pull out the crown to position 3 when the second hand is at the 12 o'clock position. It will stop on the spot. Set the hands to the desired time of the day (make sure AM/PM is set correctly) by turning the crown.

* When the crown is at position 3, do not press any button. Otherwise the chronograph hands will move.

4) Push the crown back in position 1 in accordance with a time signal.

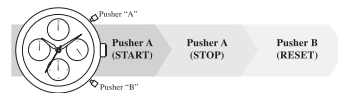
* Do not set the date between 9:00 P.M. and 1:00 A.M, otherwise the day may not change properly. If it is necessary to set the date during the time period, firstly change the time to any time outside it, set the date and then reset the correct time.

D) HOW TO USE THE STOPWATCH

- * The measurement time is indicated by the stopwatch hands that move independently of the center hands.
- * The stopwatch can measure up to 60 minutes.
- * The stopwatch measures in 1/10 second increments.

Standard measurement (e.g. 100m race)

Press the buttons in the following order :



Accumulated elapsed time measurement (e.g. basketball game)

Press the buttons in the following order :



Accumulated elapsed time measurement (e.g. basketball game)

Press the buttons in the following order :

