PLEASE NOTE: THIS IS A ROUGH GUIDE AND NOT EXACT. THE SHAPE OF YOUR HEAD IS AS IMPORTANT AS THE MEASUREMENT YOU TAKE, WHICH MAY AFFECT THE FINAL FIT! THE FOLLOWING SIZES ARE AN APPROXIMATION AND ARE BASED ON AVERAGE HEAD SIZES. IN SOME CASES VARIATIONS MAY OCCUR.

ATTENTION: IF YOU ARE ORDERING OUR SLIM LINE SKULL CUP, HAWK OR CRUISER AND FIND THAT YOU ARE IN BETWEEN SIZES, WE RECOMMEND ORDERING THE SMALLER SIZE.

ADULT SIZES - Approximate Measurements

Helmet Sizes	Head Circumference Inches	Head Circumference Metric	Hat Sizes
3XS	17 1/8" - 18"	43.5 - 45.7 cm	5 4/9 - 5 3/4
2XS	18 1/8" - 19"	46 - 48.3 cm	5 3/4 - 6
XS	19 1/8" - 20"	48.6 - 50.8 cm	6 - 6 3/8
S	20 1/8" - 21"	51.5 - 53.3 cm	6 2/5 - 6 2/3
М	21 1/8" - 22"	53.7 - 55.9 cm	6 5/7 - 7
L	22 1/8" - 23"	56.2 - 58.4 cm	7 - 7 1/3
XL	23 1/8" - 24"	58.7 - 61 cm	7 1/3 - 7 2/3
2XL	24 1/8" - 25"	61.3 - 63.5 cm	7 2/3 - 8
3XL	25 1/8" - 26"	63.8 - 66 cm	8 - 8 2/7
4XL	26 1/8" - 27 "	66.4 - 68.6 cm	8 1/3 - 8 3/5