

hegen x little blossom

Growing together with you

A collaborative campaign between Little Blossom and Hegen, in hopes of supporting you and your little one through all your milestones.

Take things slow, live in the present, and enjoy all the little moments!





Creamy chia seed pudding

Ingredients:

- 2 tbsp Chia Seeds
- ~100ml Milk of your choice
- 1 banana, mashed

Toppings:

- Little Blossom Puffs
- Granola
- Fresh fruit or berries

Method:

1. In Hegen PCTO™ 150ml/5oz Breast Milk Storage Container, mix the banana, chia seeds and milk of your choice until there are no visible clumps
2. Refrigerate for at least 5 hours or ideally overnight
3. Once refrigerated, top it off with fresh berries and Little Blossom Organic Brown Rice Puffs
4. Serve immediately and enjoy it cold!



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