

RawBurst™ Serving Suggestions



Burst Your Thirst™

4 to 6 oz chilled water
1 scoop RawBurst™
Blend or stir until dissolved



RawBurst™ Chiller

1 to 2 cups of ice
1 to 2 scoops RawBurst™
Blend until smooth



Raw-Action Smoothie

1 cup of ice
6 to 10 oz milk, dairy substitute or yogurt
1 scoop RawBurst™
1 scoop Action Whey™ Vanilla
Blend until smooth



RawBurst™ Vita-Pops

1 oz orange juice
3 oz water
1 scoop RawBurst™
Freeze in popsicle molds