



BOSU®

COMPARISON CHART

A SOLUTION FOR EVERY NEED

STRENGTH

CARDIO

CORE

AGILITY

BALANCE



PRODUCT	BOSU® NEXGEN™ Pro Balance Trainer	BOSU® PRO Balance Trainer	BOSU® Home Balance Trainer	BOSU® Sport 50 Balance Trainer	BOSU® Ballast® Ball 65cm	BOSU® Ballast® Ball 45cm
Price:	\$179.95	\$159.95	\$129.95	\$99.95	\$59.95	\$39.95
Color:	Blue w/ Made in the USA Logo, Grey clamp & platform, textured dome	Pearlized Blue w/ Made in the USA logo, Gray clamp	Light blue w/ Made in USA logo, Black clamp	Blue w/ Made in the USA logo, Neon Green clamp	Translucent light blue with PRO logo	Translucent light blue with logo
Additional Colors:	N/A	Pink w/ Made in USA logo, Gray clamp	Pink w/ Made in USA logo, Black clamp Also available in Build Your Own	Pink w/ Made in USA logo, Neon Green clamp	N/A	Opaque Lime Green and Pink
Diameter:	26"	26"	26"	22"	55 to 65 cm	40 to 45 cm
Height (Inflated):	8.5" to 9"	8.5" to 9"	8.5" to 9"	7"	21" to 25"	15" to 18"
Weight:	19 lbs.	19 lbs	17 lbs.	10 lbs.	6.5 lbs.	5 lbs.
Valve Placement:	Bottom	Bottom	Bottom	Bottom	Bottom	Bottom
Bladder Weight:	8.25 lbs.	8.25 lbs.	8.25 lbs.	5.50 lbs.	4 lbs.	2.5 lbs.
Platform Construction:	Dually overmolded	Dually overmolded	Single mold process	Single mold process	Not applicable	Not applicable
Base Design:	Rubberized, non-skid, non-marking	Rubberized, non-skid, non-marking	Non-skid, non-marking, (6) rubberized feet	Non-skid, non-marking, (6) rubberized feet	Not applicable	Not applicable
PACKAGE SPECS						
Length:	24-5/8"	24-5/8"	24-5/8"	22"	9"	9"
Width:	24-5/8"	24-5/8"	24-5/8"	23"	9"	9"
Height:	3-3/8"	3-3/8"	3-3/8"	4"	11"	11"
Weight:	19 lbs.	19 lbs.	19 lbs.	11.5 lbs.	7.5 lbs.	6.5 lbs.
WARRANTY						
Commercial Use:	1 Year Limited Warranty	1 Year Limited Warranty	Not Available	Not Available	1 Year Limited Warranty	Not Available
Home Use:	1 Year Limited Warranty	1 Year Limited Warranty	90 Day Limited Warranty	90 Day Limited Warranty	1 Year Limited Warranty	90 Day Limited Warranty
OTHER INFO						
Features:	Commercial grade version. Designed specifically for CLUB use. Textured markings allowing for precise positioning and cueing. Enhanced grip for hands and feet. Largest surface area. Widest range of stance options when standing on the dome. Compatible with BOSU® POWERSTAX™	Commercial grade version. Designed specifically for CLUB use. Largest surface area. Widest range of stance options when standing on the dome. Compatible with BOSU® POWERSTAX™	Individual grade version. Designed specifically for HOME use. Largest surface area. Widest range of stance options when standing on the dome. Compatible with BOSU® POWERSTAX™	Smaller surface area. Designed for home use. Lower range of stance options when standing on the dome. Maximize widest range of stance options when standing on (2) units. NOT Compatible with BOSU® POWERSTAX™	Designed specifically for CLUB use. Stability ball stays put due to multi-dimensional load (MDL) inside, allowing the user to perform exercise progressions & dynamic drills not possible on standard ball. Six sided design for proper alignment & positioning during exercise.	Designed specifically for home use. Stability ball stays put due to multi-dimensional load (MDL) inside, allowing the user to perform exercise progressions & dynamic drills not possible on standard ball. Six sided design for proper alignment & positioning during exercise.
Suggested Use:	All types of workouts	All types of workouts	All types of workouts	All types of workouts and all ages.	All types of workouts and all ages	All types of workouts and all ages
Weight Limit:	350 lbs	350 lbs.	300 lbs.	250 lbs.	300 lbs.	250 lbs.
Origin:	Made in USA	Made in USA	Made in USA	Made in USA	Made in USA	Made in the USA
Includes:	Owner's manual, pump & free DVD download	Integrated Balance Training Manual & DVD, owner's manual & pump	6 DVDs, wall chart, owner's manual & pump	Owner's manual & pump	Workout DVD, owner's manual & pump	Owner's manual & pump

TRAINING THAT TRANSLATES TO LIFE.