



**C-HERB  
AND  
RELATED PRODUCTS**

**INFORMATION PACKET**

**NuCel, Inc products being offered by:  
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## **INTRODUCTION**

We are excited to share with you information about C-Herb and its related products. C-Herb is an herbal combination which has the ability to remove the protein shell viruses create to hide themselves. In so doing, the immune system is alerted and the intruder is expelled by the body. Perhaps the most remarkable characteristic of the combination is the speed in which it works. Topical use on the removal of warts and moles is a matter of a few days. The oral treatments are set up on a 21 day schedule. C-Herb is not caustic or acidic. It exposes the intruder to the immune system and the body does the rest.

This information is our attempt to share the knowledge gained in using the products.

## **DISCLAIMER**

NuCel Lab, Inc. and its distributors do not directly or indirectly dispense medical advice or prescribe the use of herbs as a form of treatment for sickness without medical approval. Nutritionists and other experts in the field of health and nutrition hold widely varying views. It is not the intent of the authors to diagnose or prescribe. The intent is only to offer health information to help you cooperate with your doctor in your mutual problem of building health. In the event you use this information without your doctor's approval, you are prescribing for yourself, which is your constitutional right, but NuCel Lab, Inc. and its distributors assume no responsibility.

## **C-HERB AND ITS VARIOUS FORMS**

### **C-HERB**

#### **Ingredients:**

Water, fiber, black walnut, burdock, white oak bark and mineral salts

#### **Instructions for topical use of C-Herb**

The C-Herb mixture is extraordinarily helpful in the removal of moles, warts and other skin abnormalities. It actually stimulates the immune system in one specific area so that the body will reject the skin growth. Please note it is not the C-Herb that pulls the growth out of the body, but the immune system that expels the growth.

It is important to treat the area to be removed with just enough C-Herb to barely cover it and NOT extend to tissue around the growth. There is no need to pack or overuse the C-Herb. It is extremely beneficial to keep the area where the C-Herb is applied covered with a band-aid. This helps the C-Herb to remain on the growth and to guard against any sort of infection.

Moles are usually removed with a few treatments used 24 hours apart. This is usually true of warts; however, they may require more treatments. Initially, there will be a "pinking" of the area. Then the skin growth should begin to change color. A yellowish ring will appear around the growth being treated, thus defining the area which will be rejected by the body. In a few days, the mole, wart or skin abnormality will fall out leaving a pink crater, which will fill in and smooth over in approximately 10 to 14 days. There is never an open sore. Pigmentation of the area returns in a few months during which NuCel Replenishing Cream, vitamin E oil or Aloe Vera gel may be applied twice daily to encourage healing.

Treat only one skin growth at a time. People who have tried to remove several growths with the C-Herb at once have experienced considerable pain. This is because the immune system has been overwhelmed. Using C-Herb to remove an abnormal skin growth does not guarantee that there will be no pain. Occasionally minor pain or discomfort will be experienced.

Never touch the C-Herb with metal. Metal depolarizes C-Herb and greatly diminishes its effectiveness. Instead, apply the C-Herb with a toothpick, a damp Q-tip or an orange stick.

Obviously, there are other uses for the C-Herb not described here. It has the unique ability to trigger the immune system. The power of C-Herb rests in its ability to stimulate the body to use its own beneficial actions.

#### **Instructions for oral use of C-Herb**

The same C-Herb, which allows the body to reject an abnormal skin growth, can also be taken internally as both a blood purifier and an overall immune stimulator.

The C-Herb has the ability to strip away the protein shell viruses create to hide themselves. Of course, when the virus is exposed, the immune system is activated to rid the body of the intruder.

The oral treatment is one dose per day for 21 days. To end the treatment, always taper off by waiting 1 day followed by a dose, then waiting 2 days followed by a dose, then waiting 3 days followed by a dose. In any case, a 21 day treatment should never be stopped abruptly.

A single oral dose is approximately 1/4 of a gram. A plastic measuring scoop is provided with every series of the oral doses.

Take the C-Herb with food and drink plenty of water. In preparing the C-Herb to drink, it must be mixed with a pure, unsweetened juice such as orange, grapefruit, V-8, etc.

If nausea is experienced, cut the dose in half and take twice daily. In the treatment of severe body infections, fever or flu symptoms for the first few days may occur. Remember, this is the way the immune system naturally deals with infection. It is a good

thing; it is not necessary to stop treatment.

Sugar, caffeine and alcohol should be held to a minimum or avoided altogether during the series of oral treatment.

(When using the C-Herb internally, it is important that there has been no chemotherapy treatment within the last 90 days in order to avoid overwhelming the immune system.)

### **ADDITIONAL SPECIAL APPLICATIONS OF THE C-HERB**

An effective mouth wash and gargle can be made by dissolving 2 oral doses (1/4 of a gram each) of C-Herb in 8 oz. of purified water.

A douche for the treatment of yeast is made by dissolving 2 oral doses (1/4 of a gram each) of C-Herb in purified water.

### **C-4 Cream**

There are times when a diluted form of the C-Herb might be preferred such as for large crusty areas, eczema, etc. The C-Herb will not dilute with anything, which is not pure in form. Neither will it dilute with aloe vera. We have found the best substance to use to dilute the herb is NuCel Replenishing Cream. The C-Herb blends well in the cream and we get the healing effects of the cream while the herb is doing its work. The two combined create a great healing environment.

The NuCel C-4 Cream is specially formulated by mixing C-Herb with Replenishing Cream and purified water.

Please note that one would use either the C-4 Cream or the C-Herb topically depending on the circumstance. Both are not used at the same time.

#### **Ingredients:**

Water, fiber, black walnut, burdock, white oak bark, mineral salts, purified water, cetyl alcohol, canola oil, glycerine, isopropyl, palmitate, steareth-2, steareth-21, apricot (*Prunus armeniaca*) kernel oil, glyceryl stearate, jojoba (*buxus chinensis*) oil, fructose, glucosamine HCL, allantoin, tocopheryl acetate, grapefruit (*Citrius grandis*) extract, plant sterols, evening primrose (*Oenothera biennis*) oil, tetrasodium EDTS, propylene glycol, diazolidinyl urea, methylparaben, propylparaben

### **C-HERB COMBO**

C-Herb Combo is one container of 1 gm C-Herb and one container of 1/4 oz of Replenishing Cream.

**How to use C-Herb Combo:**

When removing warts and/or moles it is recommended to first apply Replenishing Cream to the area. Do this several times a day for a couple of days prior to C-Herb use. This helps the area become moisturized and softened. Once you have used the C-Herb (do not use C-Herb more than once a day for 3 days) and the wart and/or mole has been removed and the healing process has begun, apply Replenishing Cream once again. Replenishing Cream assists in the healing process and reduces scarring. Please remember Replenishing Cream is not an antiseptic cream.

**Ingredients:**

Replenishing Cream -- petrolatum, water, mineral oil, ceresine, lanolin alcohol, sorbitan sesquioleate, soybean oil unsaponifiables, canola oil, fructose, glucosamine HCL, tocopheryl acetate, allantoin, methylparaben, propylparaben  
C-Herb -- water, fiber, black walnut, burdock, white oak bark, mineral salts

## REPLENISHING CREAM

NuCel Replenishing Cream has been found to reduce the healing time for the following conditions:

- Acne
- Burns and blisters
- Chapped and cracked lips
- Diaper rash
- Rashes and hives
- Sunburn/windburn

Many other uses have been found for NuCel Replenishing Cream including using it as a night cream for those who wish to maintain soft and supple skin.

**How to use NuCel Replenishing Cream:**

The cream should be applied liberally to areas of concern twice a day.

**Ingredients:**

Petrolatum, water, mineral oil, ceresine, lanolin alcohol, sorbitan sesquioleate, soybean oil unsaponifiables, canola oil, fructose, glucosamine HCL, tocopheryl acetate, allantoin, methylparaben, propylparaben

## WHITE OAK BARK CREAM

White Oak Bark Cream makes use of this astringent herb. White oak bark works to tighten tissues which are loose and spongy.

**How to use the NuCel White Oak Bark Cream:**

Apply liberally to the area of concern.

**Ingredients:**

Active ingredient: White oak bark

Base: Petrolatum, purified water, mineral oil, ceresin, lanolin alcohol, sorbitan, sesquioleate, canola oil, tocopheryl acetate, allantoin, soybean oil unsaponifiables, glucosamine HCL, fructose, methylparaben, propylparaben

## CAPSAICIN CREAM

NuCel Capsaicin Cream incorporates the ability of capsaicin to reduce or rid the body of surface pain with the healing effects of Replenishing Cream. Current evidence suggests that capsaicin renders skin and joints insensitive to pain by deleting and preventing reaccumulation for substance P in peripheral sensory neurons. Substance P is thought to be the principal chemomediator of pain impulses from the periphery to the central nervous system.

**How to use NuCel Capsaicin Cream:**

Adults and children 2 years or older: Apply cream 2 to 3 times daily. Transient burning may occur upon application, but generally disappears in several days. Pain relief usually occurs in approximately 7 to 8 days when applied daily.

**Caution:**

Do not apply near eyes, lips, mucus membrane or open tissue. Wash hands after applying cream. It may be useful to use rubber gloves.

**Ingredients:**

Petrolatum, purified water, mineral oil, ceresin, lanolin alcohol, sorbitan oleate, fructose, glucosamine HCL, allantoin, canola oil, plant sterols, tocopheryl acetate, methylparaben, propylparaben, capsaicin

## PROCARE

ProCare is a strong and effective fungicide designed to combat athlete's foot and other body fungus caused by:

- Candida Albicans
- Epidermophyton Floccosum
- Microsporum Canis
- Trichophyton Mentagrophytes
- Trichophyton Rubrum

**How to use ProCare:**

Apply cream sparingly to effected areas of the skin twice daily.

**Caution:**

Avoid contact with the eyes. In case of contact, immediately flush eyes with plenty of water for at least 15 minutes. Call a physician immediately.

**Ingredients:** Undecylenic Acid 7.5%; petrolatum, water, mineral oil, ceresine, lanolin alcohol, sorbitan sesquioleate, undecylenic acid, soybean oil unsaponifiables, canola oil, fructose, glucosamine HCL, allantoin, methylparaben, d-Alpha tocopheryl acetate, propylparaben

## **DRY SKIN BALM**

NuCel Dry Skin Balm is a soothing, healing cream made especially for the treatment of dry skin. The essential oils provide a cool, refreshing sensation while the healing ingredients in the cream soften dry, cracked skin.

**How to use NuCel Dry Skin Balm:**

Apply liberally to dry areas of hands, feet, elbows, lips or any area of concern.

**Ingredients:**

Petrolatum, water, mineral oil, ceresin, lanolin alcohol, sorbitan sesquioleate, soybean oil unsaponifiables, peppermint oil, canola oil, fructose, glucosamine HCL, allantoin, tocopheryl acetate, menthol, methylparaben, propylparaben

## **WILD YAM CREAM**

Wild Yam Cream is helpful in establishing a good hormonal balance in women as it works to enrich the progesterone levels which are thought to combat osteoporosis and PMS symptoms.

It was almost fifty years ago when the medical establishment chose to use the hormone estrogen in post menopausal women for the purpose of enhancing bone growth. Estrogen has been used with little real success. Women who have been on estrogen replacement therapy have been twice as likely to suffer from broken bones as a result of a fall as women who were not taking estrogen. It was then realized that women need progesterone as well as estrogen. In 1986, it became a malpractice violation not to give women who were taking estrogen some progesterone as well.

Bone is a living substance, which is always changing. Cells known as osteoclast cells work in the body to remove old brittle and crystallized calcium from the bone. Then osteoblast cells act to replace calcium in the bone in those spaces where the osteoclast cells have removed the old calcium. Medical researchers mistook the effect of the estrogen upon the bone, which caused the osteoclast to stop removing the old calcium when they noted that an x-ray of the bone showed a denser bone than those individuals who did not have estrogen therapy. The bone was obviously denser, but not stronger because the x-rays showed a bone with more crystallized calcium build-up. The estrogen caused the upgrading of the bone to be slowed and did not provide for the normal activity

of the osteoclast cell.

Progesterone stimulates the activity of the osteoclast cells and provides the normal activity of the cells as they remove brittle and crystallized calcium from the bone. Osteoporosis is reversible with the use of progesterone. Now, by applying transdermally a progesterone cream, the results can be astounding.

One of the best sources of a natural progesterone forming substance is from wild yam, as natural progesterone is the natural defense of the plant against insects. If attacked by an insect who eats at the wild yam plant, the natural hormone in the plant causes a hormonal imbalance in the insect and the insect soon begins to wander away to another plant which does not cause such an imbalance.

Applying a Wild Yam Cream to the abdomen and medial areas of the arms has had a positive effect upon women as the progesterone is then introduced into the body transdermally. As in the estrogen patch, the transdermal introduction of progesterone is more efficient. A very positive side effect is the regression of PMS symptoms for many women.

**How to use NuCel Wild Yam Cream:**

Apply cream to medial area of the arms and abdomen once or twice per day until the skin no longer absorbs for best results.

For women no longer experiencing a menstrual cycle, the cream should be applied on calendar days 1 through 25. Discontinue use for the rest of the month and then resume application on the first of the next month. This creates a cycle similar to what the body has experienced for years but without actually menstruating.

**Ingredients:**

Purified water, Wild Yam extract, cetyl alcohol, canola oil, glycerin, isopropyl palmitate, steareth-2, steareth-21, apricot (*Prunus armeniaca*) kernel oil, jojoba (*buxus chinensis*) oil, fructose, glucosamine, allantoin, tocopheryl acetate, grapefruit seed (*Citrius grandis*) extract, plant sterols, evening primrose (*Oenothera biennis*) oil, tetrasodium EDTS, propylene glycol, diazolidinyl urea, methylparaben, propylparaben

## **SAW PALMETTO CREAM**

This cream was formulated specifically for men. It is not uncommon for the prostate gland to enlarge as the male ages. Not only can this condition be uncomfortable, but it can cause painful urination with a weak stream. Often, men will have to get up three to five times a night to urinate. Saw Palmetto Cream was designed to bring back good prostate health and to alleviate these difficulties.

**Ingredients:**

Water, propylene glycol, Serenoa serrulata fruit extract (saw palmetto), arctostaphylos uva-ursi leaf extract, panax ginseng root extract, Dioscorea Villosa (Wild Yam) root

extract, bayberry leaf extract, cetyl alcohol, canola oil, glycerin, isopropyl palmitate, jojoba esters, steareth-2, steareth-21, apricot (*Prunus armeniaca*) kernel oil, diazolidinyl urea, methylparaben, propylparaben, tetrasodium edta, jojoba seed oil, glyceryl stearate se

**How to use NuCel Saw Palmetto Cream:**

Apply approximately  $\frac{1}{4}$  to  $\frac{1}{2}$  teaspoon to the inner thighs, groin and lower abdomen twice daily.