

USING THE 38 TRADITIONAL FLOWER REMEDIES

It is extremely easy to administer the remedies to animals. You can either simply place a few drops in drinking water, or you can dilute the remedies and place them in food. They can be given to animals in a variety of ways: ten drops from the concentrate into a water container or a dilution of 2 drops of concentrate on nose or ears. A maximum of no more than six remedies should be used with the Calming Essence formula counting as one.

Ideally, the remedies should be given four times per day. In cases of extreme stress, they may be given as often as every half-hour, and Calming Essence may be used every 5 to 8 minutes in times of crisis.

A dosage bottle can be made for a dog or cat, while large animals can take the remedies directly through the mouth with the aid of a dosage syringe available from livestock companies. Many animals will take their dosage right from the dropper, welcoming the effect they feel from the remedies. The animals seem to know that the remedies are helping them and often respond in eager anticipation when it is time to take them. It is a good idea to run the dropper under hot water to avoid bacteria from forming in the dropper bottle if your pet's tongue touches the dropper.

When diluting the remedies for animals, we suggest you omit the brandy since most animals seem to dislike the taste. When remedies are given in food or water, there is no need to worry about the effects of them on other animals. If another animal does not need the remedies, they will have no effect! All animals can freely share the same food bowls.

Many times our companion animals mirror our moods. What we think is characteristic of them could very well be their response to our behavior. Look at yourself objectively and ask if you could use the same remedies too. The 38 Traditional Flower Remedies are a simple, safe method of healing and can be as important to animals as food, water and tender loving care.

A SPECIAL NOTE TO ALL

Some behavior problems are a sign of physical illness. It is essential that any animal, particularly one that has shown a sudden change in behavior, be given a complete examination by a veterinarian. Only after pathology has been ruled out should one proceed on the behavioral path.

The use of the 38 remedies by Traditional Flower Remedies, Inc. are not intended to remove, eliminate or negate veterinary care (either allopathic or homeopathic), but are to be included in a holistic approach to health and well-being. These remedies do not cure or treat, but are used as an adjunct catalyst.



CALMING ESSENCE

Out of thousands of case studies, some of the most extraordinary and dramatic reports have been those involving the use of Calming Essence, the emergency stress formula. Many veterinarians use the emergency stress formula as a last resort after standard procedures have failed and have reported remarkable results.

From their reports, as well as those of numerous pet owners, the emergency stress formula has made a difference in reducing anxiety and calming animals down so they are less susceptible to stress. It has been used in cases of accidents, injuries, pre and post-surgery, not only for dogs and cats, but also fish and birds. This emergency stress formula has been very effective when used with animals being shown, traveling and boarded. Traditional Flower Remedies, Inc. markets the five-flower combination emergency stress formula—Rock Rose, Impatiens, Clematis, Cherry Plum and Star of Bethlehem—under the trade name Calming Essence.

A FEW INTERESTING QUOTES

A woman from Sacramento, California informs us...

I have been showing my cats for several years, and recently noticed that my cats appeared much more fidgety and ill at ease than many of the other cats being shown. It began to concern me, so I spoke to several of the other exhibitors, who suggested that I use Calming Essence for my cats, because they had been using it with their animals and had remarkable results. It was indeed remarkable...for the first time, my Cheshire sat calmly before and during the show. He was awarded a ribbon for the first time. I was elated. Since then, I have used it with my cats before we leave for the show, when we arrive and about 5 minutes before showing. We have had great results.

Excerpt from Dr. Pitcairn's Complete Guild to Natural Health for Dogs and Cats...

A woman brought in a cat after it was violently shaken by a large dog. The animal was uncomfortable, irritable and constipated. It also had a fever, weight loss, fluid accumulation in the lungs and a painful abdomen. The most severe injury seemed to be a displaced vertebra in the lower back and it hurt the cat very much when I touched it. I prescribed Star of Bethlehem, 2 drops to be given every 2 hours. Three days later the cat's owner called to say that her cat was quite recovered. The drops had noticeably relaxed her.

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Learn more about this remarkable system of stress relief. Call, write or visit our website for free, informative literature and discover how others are using the remedies to cope with life's difficulties.

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Our products have not been evaluated by the Food and Drug Administration. They are not intended to diagnose, treat, cure or prevent any disease.



Animal Care

Since you are reading this brochure, you probably have a certain degree of commitment and concern for the well-being of animals. Whether they live with you as companions or you work among them, the human/animal bond is a vital part of your life. It's likely that you've realized that animals have feelings and can experience stress. They react to changes in their environment and your mood can have an effect on them. Animals can experience over-sensitivity, fear, despondence, loneliness and depression among other emotions. When tender loving care isn't enough, and medical problems have been ruled out as the cause of these emotional states, the flower preparations can assist an animal suffering the ill effects of stress.

These Traditional Flower Remedies can help restore your animal friends to a state of calm and emotional balance in difficult times. Moves, transition, change and even such things as traveling anxieties have been eased with the use of the remedies.

The fact that the remedies have been effective with animals assures us that the remedies are not placebos. Animals cannot talk themselves into changing behavior or feelings. This demonstrates the organic, noninvasive manner by which the remedies work.

The 38 flower remedies provide animals with a gentle, safe system of emotional stress relief. Adding these remedies to your total care regimen will help to assure their health and well-being.

The human/animal bond is a vital and enriching connection. The 38 Traditional Flower Remedies can play an important role in supporting this special relationship.

COMMON FLOWER REMEDY USES FOR THE CATS AND DOGS IN YOUR LIFE

Animals demonstrate the manifestations of personality and experience various emotions. The following indications are given in hope of expanding your understanding of feline and canine behavior and the application of the 38 flower preparations. The remedies listed are by no means the only ones that apply to animal usage, but they have proven to be most common.



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FELINES

Aspen: For the Fraidy Cat that is always slinking from place to place, never being quite at ease. Startles easily at any sound, even non-threatening sounds it has heard before. (Note that in some cases this is due to abuse or trauma in the past.) In those instances, Star of Bethlehem should be used. When in doubt, use Star of Bethlehem and Aspen.

Beech: For the cat that has no tolerance for another animal or certain people. Effective with Walnut to assist in keeping the peace between two cats who always seem to be fighting.

Calming Essence: Appropriate for any kind of accident, illness or injury your cat may experience. Always seek the services of a veterinarian in all serious cases! Calming Essence can also be used in case of pregnancy and queening, at cat shows, on trips, while boarding, during long absences, before and after surgery, or whenever a cat seems to be experiencing the effects of extreme stress.

Chicory: For the extremely affectionate cat that can be possessive and jealous, always stays near you wanting to be held, petted and fussed over.

Clematis: Anytime a cat appears stunned or experiences unusual patterns of sleeping beyond the typical catnap. Used in helping to regain consciousness after an accident or operation. Can be used in conjunction with Calming Essence to help newborn kittens wake up and breathe. One drop can be repeated every few minutes.

Honeysuckle: For the cat who has lost a person or other animal with whom they have been close. Star of Bethlehem can also be used to address this condition. Also useful along with Walnut to help the cat adjust to a new location.

Hornbeam: For fatigue. The strengthening remedy. Can be helpful in assisting runts or to build up any sickly animal.

Larch: Especially useful for the low cat in the pecking order, perhaps the runt. For the cat with little or no self-confidence. Self-esteem is an important part of feline well-being and is usually radiated by an emotionally balanced cat.

Mimulus: For fear of particular things or circumstances such as thunderstorms, vacuum cleaners, trips to the vet and visits by small children. Where fear turns to terror, use Rock Rose or Calming Essence.

Star of Bethlehem: For all trauma, past and present, physical and psychological. For recuperation from surgery, "queening," car trips, injury, weaning, boarding and other traumas that affect your cat's dignity, freedom, health or security. For cats adopted from shelters.

Walnut: Very helpful for any sort of changes that a cat may experience, such as new babies or new pets in the house, moving, weaning or heat cycles. It helps ease adjustment to house guests and holidays.

Water Violet: A constitutional remedy for most cats which helps them keep their instinct for solitude in balance with their enjoyable interactions with other people and animals in their environment.

Vine: For the Boss Cat. One who rules the roost and the household.

CANINES

Aspen: For the nervous, fearful dog, especially in new circumstances. This dog often carries its tail between its legs; may be a submissive wetter. Can assist dogs harshly disciplined in the past.

Chestnut Bud: Helpful in training situations. Useful in teaching a puppy to make a distinction between right and wrong. For example, the difference between papers for paper training and today's paper on the sofa, or a rawhide bone and your shoes. Used in conjunction with Holly.

Chicory: For a dog that follows you around, is constantly underfoot and becomes extremely upset when left alone. For the jealous dog. For the affectionate dog who must always be on your lap.

Clematis: Dogs will sometimes need Clematis when kept indoors in adverse weather, when waiting for a beloved person to come home, etc. Can also be used if they are drowsy, but not really sleepy. Useful following surgery to help waking up from anesthesia. It may be used in combination with Calming Essence the moment puppies are born to help them wake up and breathe.

Holly: For the angry dog who threatens to attack, or attacks without provocation. Remember that any personality changes should be checked out with a vet. In addition, Holly can be useful in treating aggressive behavior often due to trauma or abuse in the past. Star of Bethlehem should always be given in conjunction with Holly.

Honeysuckle: For the dog whose primary person has been removed. If the dog acts withdrawn, subdued or unenthusiastic towards people. To be used in conjunction with Star of Bethlehem, especially if primary person has died. For homesickness while at the kennel or if left home alone for a prolonged period of time.

Mimulus: For the dog with a particular fear of known things such as loud noises, thunderstorms, vacuum cleaners, trips to the vet or visits by small children. When these fears turn to terrors, use Rock Rose or Calming Essence.

Olive: For the dog who is totally exhausted, ill and/or traumatized. This remedy may lend a measure of strength and comfort to seriously ill dogs along with Star of Bethlehem.

Scleranthus: Can be useful in car sickness along with Calming Essence.

Star of Bethlehem: For the physically or emotionally traumatized dog, either currently or in the past. Nearly always indicated for dogs that have been in a pound. For abused animals.

Vervain: For highly strung dogs with a great deal of nervous energy. For those who are hard to keep from jumping or barking. While enthusiasm goes with the species, this remedy can help to slow them down.

Water Violet: Useful for the dog that is aloof, self-reliant, intelligent and a loner. Useful for dogs that were socialized comparatively late in life and who seem very standoffish. Often an excellent choice for dogs who are part wolf, coyote, dingo, etc., or who have wild ancestry like the husky.

A FEW STARTER QUESTIONS

What has been used successfully with shelter or stray animals that have been abused and/or neglected?

Aspen and Larch are used for the fear and distrust that reflect in their downcast eyes, and Star of Bethlehem for the grief and trauma they have experienced.

What are some examples of behavioral conditions that respond well to the remedies?

There have been numerous reports of the successful use of the remedies in modifying the following behavior: fear of loud noises, fear of things or people, and inappropriate use of a litter box.

What can be used to help train a puppy or kitten to not bite or nip?

While it is normal or natural for a puppy and/or kitten to bite or nip, it is not acceptable behavior. Chestnut Bud and Walnut have been used successfully in getting these animals to end this behavior, when combined with gentle, firm training.

What can be used to assist in motion sickness problems?

Many animals suffer from motion sickness when traveling. Alleviating the animal's travel anxieties can produce a freedom for you and your animal. It can also help in eliminating the added stress experienced when the only time an animal travels is to the veterinarian—and the animal knows it. Motion sickness can often be completely relieved by having the animal travel on an empty stomach, and using a combination of Scleranthus and Calming Essence.

Have the remedies been used successfully with a variety of animals?

Over the years, the remedies have been used successfully on numerous large and small animals. Examples of these are dogs, cats, horses and fish.