

VISHWANATH S. GUDDADAR

B.A.M.S., P.G.P.P., P.G.D.P.C.A.P.

Ayurveda Practitioner

PROFESSIONAL PROFILE

- Learned, accomplished Ayurvedic practitioner with over 18 years' experience distinguished by integrity and compassion, and a lifelong dedication to the "Science of Life."
- Enthusiastic, self-motivated with a passion for the medical/healthcare disciplines; committed and driven to find solutions to patients' conditions; consistently engage in research and development of formularies and compounds.
- Extremely logical, analytical, and objective, cope well with pressure.
- Extensive experience diagnosing medically ill clients, consulting, suggesting natural therapies, prescribing Ayurvedic/Herbal supplements, and naturopathic health regimens.
- Successfully healed many ailments where traditional Western allopathic medicines were not efficacious.
- Articulate and persuasive interpersonal communication skills.
- Proficient in MS Word, Excel, PowerPoint; Internet savvy.
- Multilingual--Fluent and literate in English, Hindi, Kannada, and Marathi.

EDUCATION & CREDENTIALS

- National Government of India Licensed Ayurvedic Consultant and Certified Yoga Practitioner
- **Madhavbaug institute Of Medical Education & Research – Mumbai, India**
Post- Graduate Diploma in Preventive Cardiology in Ayurveda and Panchakarma
- **Pune University, Research Institute of Health Sciences & Management, Pune, India**
Post-Graduate Proficiency in Panchakarma (PGPP)
- **Bangalore University, Government Ayurvedic Medical College, Karnataka, India**
Bachelor of Ayurvedic Medicine and Surgery (BAMS)

INTERNSHIPS

- **Government Ayurvedic Dispensaries, Dodaballapura, India**
- **Government Ayurvedic Medical College Hospital, Bangalore, India**

TRAINING

Kerala Ayurveda Pharmacy Ltd, Kerala, India
Dr. Rajgopalan, Indian Padmashri Award winner
Keralian therapies and Panchakarma treatments

Indian Institute of Yoga, Bangalore, India
Yoga Instructors' Course under Swami Vivekananda Yoga Anusandhana Samsthana

Patanjali Yog Samiti, Pune, India
Affiliated with Patanjali Yogpeeth Trust, Haridwar, Yoga Teacher Program

WORKSHOPS, SEMINARS & CONFERENCES ATTENDED

- Pulse and Tongue Diagnosis Methods in Ayurveda Workshop, New York, NY, by Dr. Vasant Lad
- Ayurvedic Pharmacy Preparation Workshop, Pune, India, by Dr. Khadiwale
- Tilak Ayurved College, Pune, India
- Agnikarma Workshop by Dr. Gogate
- National Seminar on Eka Moolika Prayoga in Ayurveda
- Ayurveda and Obesity
- Caraka Nirupana Conference - Pune, India
- National Seminar on Ayurvedic Pharmaceutical, Standardization - Koppa, India
- National Seminar on Medicinal Plants - Bangalore, India
- National Seminar on Joint Diseases - Mysore, India
- National Seminar on Principles of Ayurveda - Bangalore, India
- Mallinath Ayurvedic Centre, Bangalore, India
- National Level Clinical Panchakarma Re-orientation Program by Dr. P. Yadaiah
- First International Congress Ayurveda (ICA) - Chennai, India

CLINICAL EXPERIENCE

- Param Wellness, New Jersey, USA - Wellness Specialist
- Yo1 Wellness Center, New York, USA - Wellness Specialist
- Aum Body and Soul Spa, New Jersey, USA - Naturopathic Physician/Integrated Medical Health Consultant
- Charaka Ayurveda and Panchakarma Center (Own Clinic), Davangere, Karnataka, India
- Samkkya Ayurveda – Samkkya Ishak Integrated Healthcare Center, Kuala Lumpur and Malacca, Malaysia
- Malacca College of Complementary Medicine, Malacca, Malaysia
- Chopra Center and Spa at Dream, New York, NY
- Samkkya Centre for Natural Health & Healing, Kuala Lumpur, Malaysia
- Al Nahda Resort and Spa, LLC, Muscat, Oman
- Kerala Ayurveda Pharmacy Ltd
- Bharati Enterprises, Clinic & Therapy Centre, Guwahati, India
- Soukya International Holistic Health Centre, Whitefield, Bangalore, India
- Indus Valley Ayurvedic Centre, Mysore, India

TEACHING EXPERIENCE

- Chopra Center and Spa at Dream, New York, NY
- Dinacharya Institute (Dr. Bhaswati Bhattacharya), New York, NY
- Samkkya Centre for Natural Treatment & Healing, Kuala Lumpur, Malaysia
- Indus Valley Ayurvedic Centre, Mysore, India

WORKSHOPS & SEMINARS CONDUCTED

- Chopra Center, New York, NY
- Columbia University, New York, NY