

NATURES CAL™

THE DAILY BONE STRENGTH FORMULA + MINERALS

NaturesCal is made from an array of high quality pure plants, with their natural high calcium and mineral levels intact. Every plant has numerous health benefits, including vitamins, minerals, antioxidants, phytochemicals, fatty acids and many other elements vital for your health & proper absorption. This is the key to NaturesCal's effectiveness.

There's a big difference between ordinary calcium supplements and **Natures Cure–NaturesCal**. Natural plant sources with it's many co-factors, are easily absorbed. Many are confused about mgs, choosing supplements with mega doses overlooking the fact that it is absorption that counts. **After all, nature knows best!**

Take a Closer Look at The Natural Ingredients In NaturesCal:

Oatstraw: An effective herbal calcium and silica source, also a strong nutritive for depression, anxiety and insomnia. It provides minerals and nourishes nerves, skin, hair, and helps strengthen weak or brittle fingernails.

Horsetail: Plant based. Strengthens bone, cartilage and connective tissue and is very rich in calcium and other minerals.

Spirulina: A highly nutritive, anti-oxidant, micro-algae and an excellent source of protein, chlorophyll, vitamins, minerals, particularly calcium and amino acids. It is a prime immune stimulant.

Nettle Leaf: Contains a generous supply of calcium and magnesium. It is an alkalizing, high chlorophyll, blood purifying, diuretic herb; useful as a mineral rich tonic and thyroid balancer for fatigue. Also a very helpful postpartum energy restorer, and is high in iron and

chromium. Nettle can help nursing mothers start and maintain milk flow.

Dandelion Root: Favored for its rich mineral content to repair joints and muscle stiffness. An excellent liver cleansing and toning herb with highly curative properties for the digestive system.

Red Raspberry: An iron-rich women's tonic, strengthening and toning the female system. Contains niacin, vitamin C, iron, selenium, and is among the highest known natural sources of the mineral manganese which is the basis of strong bones and plays a key role in the production of strong connective tissue. It is also a thyroid regulator, body balancer, and enriches breast milk.

Ginger: A body cleansing herb, and a warming circulatory stimulant which makes the formula more effective. It enriches the milk flow of nursing women.

NaturesCal is exceptionally high in Silicon which makes it great for hair, skin and nail health.

Frequently Asked Questions and Answers:

Q: Do I Need to Add Additional Supplements for Better Calcium Absorption?

A: With NaturesCal there's no need for extra "assistant" vitamins, it naturally has all it needs for proper absorption. Synthetic calcium requires additional supplementations like magnesium, boron to ensure absorption. The body does not recognize synthetic supplements as food, as they lack all components naturally found in food for proper absorption.

Q: Can Excess Calcium be Harmful?

A: Taking extra calcium is NOT a good idea, unless it is sourced from actual whole plants, from which excess is naturally excreted. Excess synthetic calcium in the body can have some very serious consequences; it can be deposited into the soft tissue, the blood vessels, skin, eyes, joints and internal organs which can cause hardening of the arteries, kidney stones, cataracts, and painful arthritic deposits in the joints.