## '̌arnspirations"'

ORED
HEART


CRAFT SKILL LEVEL

EASY

Designed by Red Heart Design Team

What you will need: RED HEART ${ }^{\oplus}$ Sizzle ${ }^{\text {Tw }: ~} 6$ spools of your favorite color.

Additional items needed: Scissors, tape measure, 6 " X 6 " ( $15 \times 15 \mathrm{~cm}$ ) cardboard, a ruler, a set square, a CD, needle and thread (optional) and a lighter (use adult supervision)

RED HEART® ${ }^{\oplus}$ Sizzle"', 100\% Nylon Thread, Art. 146 available in 100 yd ( 91 m) spools


## Cardboard Loom Bracelet

Make a loom as shown in the video and our step-by-step photos, then choose your favorite colors of Sizzle and make bracelets to wear and give!

## BRACELET

## Step 1: Make Loom

Place CD on cardboard, and draw circle around outside and inside circles. With ruler and set square, draw lines dividing circle into 16 equal sections.
Cut out loom and center of circle. Cut 16 slots $1 / 4$ inch [ 7 mm ] long at marked lines along outside of circle.

## Measure and Cut Cord

Cut two 24 " [61 cm] lengths for each of 15 slots in desired cord colors- 30 cords total. Hold all lengths together; leaving 6" [15 cm ] tails, tie an overhand knot at one end.


Step 2: Pull cords through center of loom, leaving knot at the back. Place 2 matching color cords in each of 15 slots, leaving 1 slot empty.


Step 3: With the empty slot at 6 o'clock, lift cords 3 slots to the left out...


Step 4: ... and place in empty slot.


Step 5: Turn loom counter-clockwise so empty slot is once again in front of you.


Step 6: Repeat steps 3-5, turning loom so empty slot is always in front of you and always moving the cord 3 slots to the left.


Step 7: Each group of 3 cords will begin to twist around one another.
Hold knot down at the back of work; eventually the 5 groups will begin to twist around each other. Pull down on knot as necessary to encourage twist and lengthen bracelet.


Step 8: When bracelet reaches desired length, flip loom to back. With extra cord, tightly tie square knot to secure. Remove bracelet from loom.


Step 9: Wind extra cord back over bracelet and cord tail. Cut, leaving a short tail. Thread tail onto needle and secure by taking it through bracelet a few times and back down under wraps. Cut tail.


Step 10: Leaving a few long cords as bracelet ties, trim ends. Repeat for other end of bracelet.


Step 11: Singe trimmed ends with lighter to hold them in place and prevent fraying.


