



CRAFT
SKILL LEVEL
EASY

Design by Whitney Christmas



What you will need:

RED HEART® Sizzle™: 1 spool each of 8930 Fiesta Mix A, 8621 Lime B, 8529 Parakeet C, 8540 Purple D, 8110 Ivory E, and 8700 Bright Pink F.

RED HEART® Sizzle™, 100% Nylon Thread, Art. 146 available in 100 yd (91 m) spools

Friendship Bracelets

Make them, wear them and give them! Colorful nylon cord creates bracelets that are fun to wear. Perfect for giving to all your best friends!

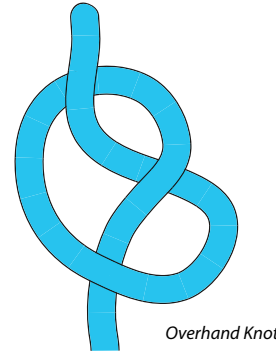
Bracelets measures 5½" [14 cm] excluding ties

SPECIAL TERMS

knot-bearing cord = the cord(s) around which knots are made.

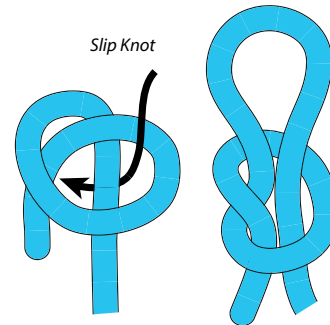
knitting cord = cord used to make knots

SPECIAL TECHNIQUES



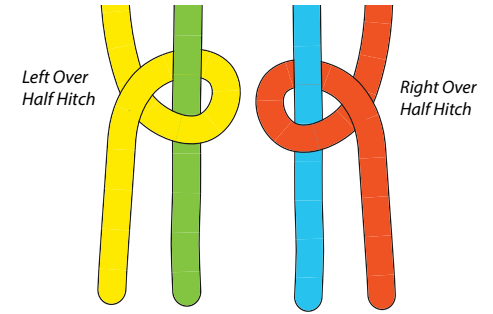
Overhand Knot

Overhand knot = small knot used to bring strands together



Slip Knot

Slip knot = adjustable knot in which one strand can slide up and down the other

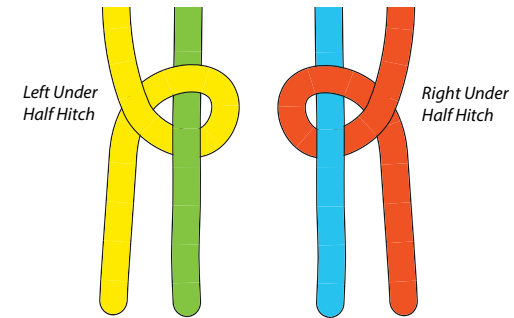


Left Over Half Hitch

Right Over Half Hitch

Left Over Half Hitch = tie Left Over Half Hitch once

Right Over Half Hitch = tie Right Over Half Hitch once



Left Under Half Hitch

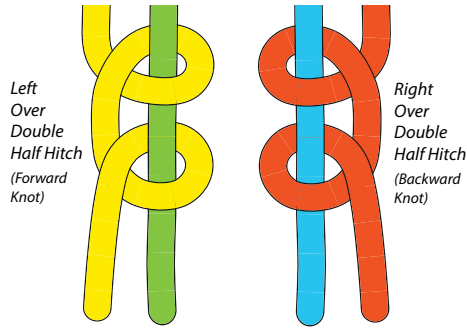
Right Under Half Hitch

Left Under Half Hitch = tie Left Under Half Hitch once

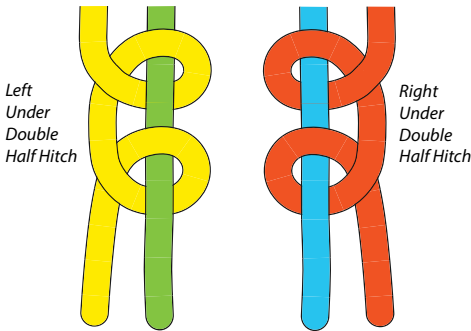
Right Under Half Hitch = tie Right Under Half Hitch once

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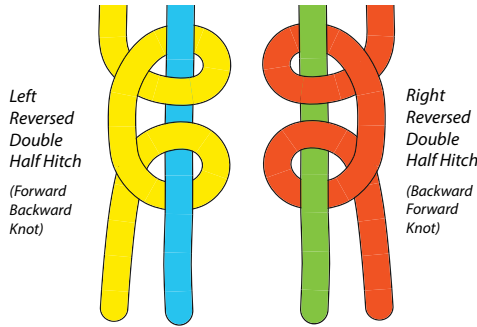
SHOP KIT



Left Over Double Half Hitch = tie Left Over Half Hitch twice
Right Over Double Half Hitch = tie Right Over Half Hitch twice



Left Under Double Half Hitch = tie Left Under Half Hitch twice
Right Under Double Half Hitch = tie Right Under Half Hitch twice



Left Reversed Double Half Hitch = tie Left Over Half Hitch; with same knotting cord, tie Left Under Half Hitch.
Right Reversed Double Half Hitch = tie Right Over Half Hitch; with same knotting cord, tie Right Under Half Hitch.
Both reversed knots are a type of Lark's Head Knot.

Notes
 Attach bracelet to fabric pillow, pin board or other soft fixed point with a safety pin, OR clip to clipboard OR use tape to attach it to a table.

FLAT KNOTTED BRACELET



Pattern is created by alternating pairs of knots on first the left then the right side of the knot-bearing cords. This pattern is also known as alternate lark's head braiding.

Prepare cords
 Cut two 72" [183 cm] lengths of **A** and **E**. Holding ends together, measure 18" [45.5 cm] from end, fold, and leaving a 3/4" [2 cm] long loop, tie an overhand knot. Short lengths serve as knot-bearing cord, long lengths as knotting cord. Secure overhand knot to fixed point. Arrange cords with short knot-bearing cords in center, **E** to the left and **A** to the right.

Knot Cords
 *With **E**, tie Forward Backward Knot around knot-bearing cords.
 With **A**, tie Backward Forward Knot around knot-bearing cords.
 Repeat from * until bracelet measures 5 1/2" [14 cm] from loop or to desired length.

FINISHING
 Divide cords into 2 groups of 4 strands; braid each group for 2" [5 cm] and secure with overhand knot. Trim ends to same length. Insert 1 braid through loop of overhand knot; tie braids together to secure.

ROUND KNOTTED BRACELET



Pattern is created by tying a series of knots with 1 color over all other strands, changing to second color and working a series, then changing to third color for a series.

Prepare cords
 Cut two 72" [183 cm] lengths of **C**, **D** and **F**. measure 18" [45.5 cm] from end, fold, and leaving a 3/4" [2 cm] long loop, tie an overhand knot. Secure overhand knot to fixed point.

Knot Cords
 *With **D** as knotting cord and all remaining strands as knot-bearing cords, tie 5 Left Over Double Half Hitch knots (10 Left Over Half Hitches).

Separate long lengths of **F** from knot-bearing cords, bring under and to left of **D**; hold **D** with knot-bearing cords. With **F** as knotting cord and all remaining strands as knot-bearing cords, tie 5 Left Over Double Half Hitch knots (10 Left Over Half Hitches).

Separate long lengths of **C** from knot-bearing cords, bring under and to left of **F**; hold **F** with knot-bearing cords. With **C** as knotting cord and all remaining strands as knot-bearing cords, tie 5 Left Over Double Half Hitch knots (10 Left Over Half Hitches).

Repeat from * until bracelet measures 5 1/2" [14 cm] from loop or to desired length.

FINISHING
 Divide cords into 2 groups of 6 strands; braid each group for 2" [5 cm] and secure with overhand knot. Trim ends to same length. Insert 1 braid through loop of overhand knot; tie braids together to secure.

Continued...

ZIG-ZAG BRACELET



Pattern is created by knotting two cords successively left to right and right to left across knot-bearing center cords. Turning around on edge naturally leaves space on opposite edge cords, creating zigzag effect.

Prepare cords

Cut; cut two 18" [45.5 cm] lengths each of **B** and **E**, and two 72" [183 cm] lengths of **C**. Holding ends together, tie overhand knot 1" [2.5 cm] from end. Secure overhand knot to fixed point. Divide cords by color, braid for 2" [5 cm] and tie second overhand knot.

Arrange single strands of cord in following order:

C, C, E, E, B, B

Knot Cords

*Beginning at left edge and working left to right with **C**, tie Left Over Double Half Hitch over each cord **C, E, E, B, B**.

Do not push knots flush with previous row; allow natural spacing. Cords should now be in order **C, E, E, B, B, C**.

Beginning at left edge and working left to right with **C**, tie Left Over Double Half Hitch over each cord **E, E, B, B, C**.

Cords should now be in order **E, E, B, B, C, C**. Beginning at right edge and working right to left with **C**, tie Right Over Double Half Hitch over each cord **C, B, B, E, E**.

Do not push knots flush with previous row; allow natural spacing. Cords should now be in order **C, E, E, B, B, C**.

Beginning at right edge and working right to left with **C**, tie Right Over Double Half Hitch over each cord **B, B, E, E, C**.

Cords should now be in order **C, C, E, E, B, B**. Repeat from * until bracelet measures 5½" [14 cm] from second overhand knot or to desired length. Tie overhand knot to secure.

FINISHING

Divide cords by color, braid for 2" [5 cm] and tie another overhand knot. Trim both ends to same length.

Tie braided ends together around wrist to wear.

ABBREVIATIONS

A, B, C, D, E, F = Color A, B, C, D, E, F; **[]** = work directions in brackets the number of times specified; ***** = repeat whatever follows the * as indicated.