



CRAFT
SKILL LEVEL
EASY

Designed by Beth Whiteside



What you will need:

Red Heart® Sizzle: 1 spool each
8700 Bright Pink A, 8269 Neon
Orange B, 8902 Red C, 8930
Fiesta Mix D, 8621 Lime E, 8540
Purple F, 8529 Parakeet G

Supplies needed:
3 pairs of bead cones
3 toggle clasps
7mm jump rings
50mm trace chain
Scrap yarn or thread, sticky tape,
jewelry adhesive, toothpicks,
needle and thread
Tape; tapestry needle, bodkin or
crochet hook for ply-split darning;
flat nose pliers and side or top
cutters for attaching jewelry
findings; sharp scissors for
trimming elements

RED HEART® Sizzle™, 100% Nylon
Thread, Art. 146 available in 100 yd
(91 m) spools

SHOP KIT

A Trio of Twists Necklaces

Add a splash of color to your style with these twisted necklaces. Our instructions give you the special (but not difficult) techniques you'll need to know. Choose from three different lengths that can be worn all together or singly-- Cable Car Twist, Tosca Twist or Haight Street Wiggle.

Cable Car Twist measures 32" [81.5 cm]
Tosca Twist measures 30" [76 cm]
Haight St Wiggle measures 28" [71 cm]

SPECIAL TERMS

element = strand(s) or plied cord held together and used as one unit.

ply, plies = elements twisted together

S-twist = element twisted clockwise.

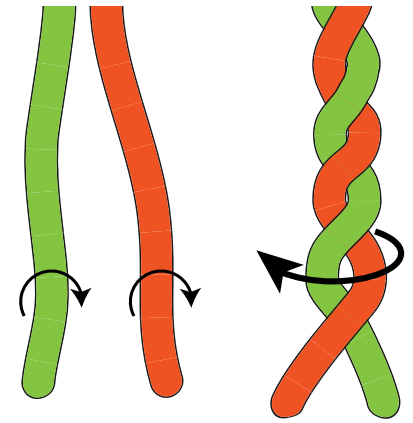
Z-twist = element twisted counter-clockwise.



S-twist
(clockwise)



Z-twist
(counter-clockwise)



2-ply Z-twist Cord

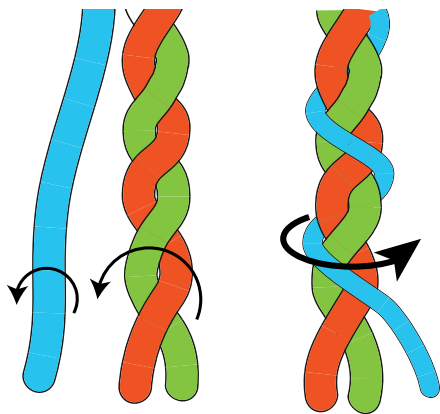
2-ply Z-twist Cord = Tie 2 elements to be plied together; tie or tape to fixed point such as a table. *Pull first element taut; twist clockwise until overtwisted but not kinked. Secure end to table with tape. Repeat from * for second element. Both elements should have the same amount of twist.

Remove elements from table and hold them parallel. Twist them counter-clockwise to desired level of twist and length. Secure ends together with tape to prevent untwisting.

Continued...

SPECIAL TECHNIQUES

Prepare element = Measure out specified number of cord strands to specified length; winding them around 2 fixed points is the best way to get even lengths. Tie tail ends together. With scrap yarn or thread, tie through center of each end to keep lengths parallel and even.

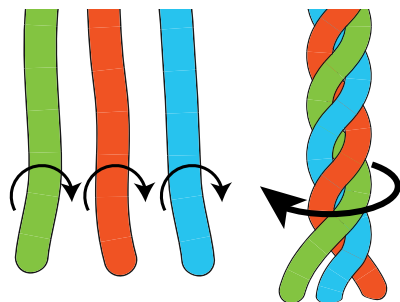


Cable with 1 Cord (S-twist)

Cable with 1 Cord (S twist) = Make 2-ply Z-twist cord. With scrap yarn or thread, tie single untwisted element to one end of 2-ply Z-twist cord; tie or tape to a fixed point such as a table.

Pull single element taut; twist counterclockwise until overtwisted but not kinked. Secure end to table with tape. Repeat with 2-ply Z-twist cord. Notice this tightens the existing twist in the cord; twist until it is the same length as the single element.

Holding the 2 elements parallel, twist them clockwise. Secure ends together with tape to prevent untwisting.

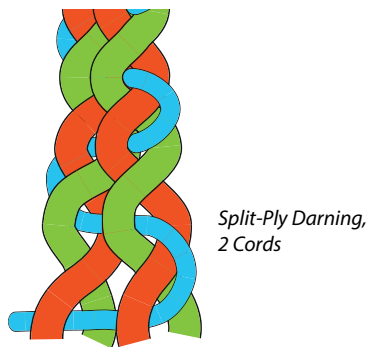


3-ply Z-twist Cord

3-ply Z-twist Cord = Tie 3 elements to be plied together; tie or tape to a fixed point such as a table.

*Pull first element taut; twist clockwise until overtwisted but not kinked. Secure end to table with tape. Repeat from * for second and third elements. Every element should have the same amount of twist.

Remove elements from table and hold them parallel. Twist them counterclockwise to desired level of twist and length. Secure ends together with tape to prevent untwisting.



Split-Ply Darning,
2 Cords

Ply-split Darning = Tie elements to be darned together, darning element to the left and plied elements to the right; tie or tape to a fixed point.

Thread darning element on a tapestry needle or bodkin, or stiffen the end by wrapping it tightly with tape.

- *Open space between plies in element closest to darning element, take darning element through space from left to right. Pull until darning element is fully drawn through plied element. Repeat from * on next plied element to the right until all plied elements have been passed through.
- *Open space between plies in element closest to darning element, leaving a half twist between previous and current pass. Take darning element through space from right to left. Pull until darning element is fully drawn through plied element. Repeat from * on next plied element to the left until all plied elements have been passed through.

Repeat Steps 1 and 2, always leaving a half twist between left-to-right and right-to-left passes, to desired length.

Notes

- Elements can be twisted manually with your fingers or by inserting a pencil between cord strands, OR by using cord winder OR a drill with a single hook attachment.
- All necklaces are finished in the same way.

CABLE CAR NECKLACE

Prepare elements

Prepare 24 lengths, 42" [106.7 cm] long, of **A**. Repeat with **B**. Prepare 12 lengths, 36" [91.4 cm] long, of **C**.

With **A** and **B**, make 2-ply Z-twist cord.

With scrap yarn or thread, tie **C** to **AB**; tie or tape one end to a fixed point.

Using **C** as single element and **AB** as 2-ply Z-twist cord, work Cable with 1 Cord (S-twist).

TOSCA TWIST NECKLACE

Prepare elements

Prepare 40 lengths, 40" [101.6 cm] long, of **D**. Prepare 10 lengths, 40" [101.6 cm] long, of **C** and **E**.

With scrap yarn or thread, tie **D**, **C**, and **E** together at one end; Tie or tape end to a fixed point.

With **C**, **D** and **E**, make 3-ply Z-twist cord.

HAIGHT ST WIGGLE NECKLACE

Prepare elements

*Prepare 12 lengths, 40" [101.6 cm] long, of **F**. Repeat with **G**. Repeat from *.

*With **F** and **G**, make 2-ply Z-twist cord. Repeat from *. You now have 2 identical 2-ply elements.

Prepare the darning element: 12 lengths, 50" [127 cm] long, of **E**.

With scrap yarn or thread, tie all 3 elements together at one end, keeping **E** to the left of the other elements, adjusting plies so same colors line up with each other. Tie or tape one end to a fixed point.

With **E**, work Ply-split Darning between the twists of plied Z-twist cord until full length of elements has been worked. Secure ends together with tape to stop raveling.

FINISHING

Trim cords

Measure and mark necklaces at desired lengths. With needle and thread, whipstitch at marks on each end of finished necklace. Secure thread back into cord.

Continued...



With sharp scissors, trim cord on each end between tape and whip stitches. Check cord ends fit inside bead cones.

Attach findings

With needle and thread, sew trace chain to each cord end. With toothpicks, apply adhesive as directed to bead cone and cord end; feed trace chain through center of cone and pull gently to seat cord end in bead cone. When adhesive is dry, use cutters to trim trace chains to desired length. With pliers, attach jump rings to trace chain, and then to toggle clasp ends.

ABBREVIATIONS

A, B, C, D, E, F, G = Color A, B, C, D, E, F, G;
[] = work directions in brackets the number of times specified; ***** = repeat whatever follows the * as indicated.