



KNIT
SKILL LEVEL
EASY

Designed by Laura Bain

What you will need:

RED HEART® Irresistible™: 8 balls 7641 Silver

Susan Bates Knitting Needles: 25mm [US 50]

Susan Bates Crochet Hook: 16mm [US Q]

Yarn needle, 1 - 20" x 54" [51 cm x 137 cm] Body Pillow

GAUGE: 2.5 sts = 4" [10 cm]; 4 rows = 4" [10 cm] in Stockinette stitch. **CHECK YOUR GAUGE**. Use any size needles to obtain the gauge.



RED HEART® Irresistible™, Art. E848 available in solid and multicolor skeins, 10 oz (283g), 31 yd (28m)

SHOP KIT



Good Night's Sleep Body Pillow

Relax with a wonderful knit body pillow that adds comfort to your sleep and texture to your room. Let it help you find your most comfortable resting position as you sleep through the night.

Pillow measures 20" x 54" [51 cm x 137 cm]

NOTES

Slip first stitch in each row. Two pieces are knit flat then joined along long edges. Ends are closed by joining top and bottom together with pieces of yarn, then knotting to create fringed ends.

PILLOW (make 2)

Cast on 15 sts.

Row 1 (Wrong Side): Slip 1, purl to end of row.

Row 2 (Right Side): Slip 1, knit to end of row.

Repeat Rows 1-2 28 times (56 Rows Stockinette Stitch).

Next Row: Bind off all sts in purl.

Join Pieces

With yarn needle and using mattress stitch, sew long edges of pieces together. Repeat on opposite side.

Closing Ends

Cut 30 12" [30 cm] lengths of yarn.

Along cast on edge, using crochet hook, pull one piece of yarn through each stitch on end of pillow joining top and bottom together. Pull tightly joining the edges together, knot the yarn, this creates the fringe. Continue along edge inserting one piece of yarn in each stitch—15 knots/fringe. Use photograph as a guide.

Insert body pillow.

Repeat on opposite end (bound off edge)—15 knots/fringe.

FINISHING

Weave in all ends. Trim fringe to even length.



ABBREVIATIONS

cm = centimeters; **mm** = millimeters; **st(s)** = stitch(es); **St st** = Stockinette stitch.



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