



KNIT
SKILL LEVEL
INTERMEDIATE

Design by Red Heart Design Team.

What you will need:

RED HEART® Super Saver®: 7 skeins of 313 Aran.

Susan Bates® Circular Knitting Needle: 5.5 mm [US 9] - 36"

Stitch markers, cable needle.

GAUGE: 18 sts = 4" (10cm), 21 rows = 4" (10cm) in patterns.
CHECK YOUR GAUGE. Use any size needles to obtain the gauge.



RED HEART® Super Saver®, Art. E300 available in solid color 7 oz (198 g), 364 yd (333 m); multicolor, heather, and print 5 oz (141 g), 244 yd (223 m), flecks 5 oz (141 g), 260 yds (238 m) skeins.



Isle of Aran Throw

As you knit this classically designed throw, you'll enjoy watching the beautiful Aran patterns appear. This is a timeless throw that is perfect for a wedding or anniversary gift or to make and enjoy yourself.

Please note that this entire pattern has been updated as of April 2013.

Finished Size: 47" (119.5cm) wide x 64" (162.5cm) long

Special Stitches

1/1 RPC (1 over 1 right purl cross) = Slip next stitch to cable needle and hold in back, k1, then p1 from cable needle.

1/1 LPC (1 over 1 left purl cross) = Slip next stitch to cable needle and hold in front, p1, then k1 from cable needle.

3/4 LC (3 over 4 left cross) = Slip next 3 stitches to cable needle and hold in front, k4, then, k3 from cable needle.

4/4 LC (4 over 4 left cross) = Slip next 4 stitches to cable needle and hold in front, k4, then k4 from cable needle.

inc-2 = (P1, k1, p1) all in next stitch—2 stitches increased.

inc-4 = (K1, p1, k1, p1, k1) all in next stitch—4 stitches increased.

kfb (Knit into front and back) = Knit next st but do not remove from needle, knit into back loop of same st and remove from needle.

LT (Left Twist) = Knit into the back of the second stitch on the left needle leaving the stitch on the needle, knit the first stitch on the left needle, slipping both stitches off the needle.

pfb (Purl into front and back) = Purl next st but do not remove from needle, purl into back loop of same st and remove from needle.

RT (Right Twist) = Knit into the front of the second stitch on the left needle leaving the stitch on the needle, knit the first stitch on the left needle, slipping both stitches off the needle.

skp = Slip next stitch as if to knit to right needle, knit next stitch, lift slipped stitch over knit stitch and off needle.

Notes

1. Throw begins with 7 rows of Moss stitch. The body of Throw is worked in 4 different cable patterns with Moss stitch side borders.
2. Markers are placed to separate stitches of each different cable pattern. Count the number of stitches between markers frequently and compare this number with the number of stitches indicated for the specific row within the pattern stitch definitions.
3. Cable patterns can be worked by reading the written instructions or following the charts.

Pattern Stitches

Moss Stitch (over odd number of sts)

Row 1 (right side): K1, *p1, k1; repeat from * across.

Rows 2 and 3: P1, *k1, p1; repeat from * across.

Row 4: Repeat Row 1.

Repeat Rows 1-4 for Moss st.

Lacy Cables (over 33 sts)

Row 1 (right side): LT, p5, *skp, [k1, yo] twice, k1, k2tog, p5; repeat from * once more, LT.

Row 2: P2, *k5, p7; repeat from * once more, k5, p2.

Row 3: RT, p5, *skp, [k1, yo] twice, k1, k2tog, p5; repeat from * once more, RT.

Row 4: Repeat Row 2.

Row 5: Repeat Row 1.

Row 6: P2, *k2, inc-4, k2, p7; repeat from * once more, k2, inc-4, k2, p2—45 sts.

Row 7: RT, p9, *3/4 LC, p9; repeat from * once more, RT.

Row 8: P2, *k2, p5tog, k2, p7; repeat from * once more, k2, p5tog, k2, p2—33 sts.

Rows 9-11: Repeat Rows 1-3.

Row 12: Repeat Row 6.

Row 13: LT, p9, *skp, [k1, yo] twice, k1, k2tog, p9; repeat from * once more, LT.

Row 14: Repeat Row 8.

Repeat Rows 3-14 for Lacy Cables pattern.

Continued...

SHOP KIT



Popcorn Diamonds (over 21 sts)

Row 1 (right side): P3, k7, inc-2, k7, p3—23 sts.

Row 2: K3, p7, p3tog, p7, k3—21 sts.

Row 3: P3, k6, inc-2, k1, inc-2, k6, p3—25 sts.

Row 4: K3, p6, p3tog, p1, p3tog, p6, k3—21 sts.

Row 5: P3, k5, [inc-2, k1] twice, inc-2, k5, p3—27 sts.

Row 6: K3, p5, [p3tog, p1] twice, p3tog, p5, k3—21 sts.

Row 7: P3, k4, [inc-2, k1] 3 times, inc-2, k4, p3—29 sts.

Row 8: K3, p4, [p3tog, p1] 3 times, p3tog, p4, k3—21 sts.

Row 9: P3, k3, [inc-2, k1] 4 times, inc-2, k3, p3—31 sts.

Row 10: K3, p3, [p3tog, p1] 4 times, p3tog, p3, k3—21 sts.

Row 11: P3, k2, [inc-2, k1] 5 times, inc-2, k2, p3—33 sts.

Row 12: K3, p2, [p3tog, p1] 5 times, p3tog, p2, k3—21 sts.

Row 13: P3, k1, [inc-2, k1] 7 times, p3—35 sts.

Row 14: K3, p1, [p3tog, p1] 7 times, k3—21 sts.

Row 15 and 16: Repeat Rows 11 and 12.

Rows 17 and 18: Repeat Rows 9 and 10.

Rows 19 and 20: Repeat Rows 7 and 8.

Rows 21 and 22: Repeat Rows 5 and 6.

Rows 23 and 24: Repeat Rows 3 and 4.

Repeat Rows 1-24 for Popcorn Diamonds pattern.

Cable Strip (over 18 sts)

Row 1 (right side): LT, p3, k8, p3, LT.

Row 2: P2, k3, p8, k3, p2.

Row 3: RT, p3, k8, p3, RT.

Row 4: P2, k3, p8, k3, p2.

Rows 5-8: Repeat Rows 1-4.

Row 9: LT, p3, 4/4 LC, p3, LT.

Rows 10-17: Repeat Rows 2-9.

Rows 18-24: Repeat Rows 2-8.

Repeat Rows 1-24 for Cable Strip pattern.

Center Panel (over 57 sts)

Row 1 (right side): P7, [k1, p1, k1, p7] 5 times.

Row 2: K7, [p1, k1, p1, k7] 5 times.

Row 3: P6, [1/1 RPC, p1, 1/1 LPC, p5] 5 times, p1.

Row 4: K6, [p1, k3, p1, k5] 5 times, k1.

Row 5: P5, [1/1 RPC, p3, 1/1 LPC, p3] 5 times, p2.

Row 6: K5, [p1, k2, inc-4, k2, p1, k3] 5 times, k2—77 sts.

Row 7: P4, [1/1 RPC, p9, 1/1 LPC, p1] 5 times, p3.

Row 8: K4, [p1, k3, p5tog, k3, p1, k1] 5 times, k3—57 sts.

Row 9: P4, [1/1 LPC, p5, 1/1 RPC, p1] 5 times, p3.

Row 10: K5, [p1, k5, p1, k3] 5 times, k2.

Row 11: P5, [1/1 LPC, p3, 1/1 RPC, p3] 5 times, p2.

Row 12: K6, [p1, k3, p1, k2, inc-4, k2] 4 times, p1, k3, p1, k6—73 sts.

Row 13: P6, [1/1 LPC, p1, 1/1 RPC, p9] 4 times, 1/1 LPC, p1, 1/1 RPC, p6.

Row 14: K7, [p1, k1, p1, k3, p5tog, k3] 4 times, p1, k1, p1, k7—57 sts.

Repeat Rows 3-14 for Center Panel pattern.

THROW

Lower Border

Cast on 191 sts.

Work in Moss st for 7 rows.

Increase Row: K1, [p1, k1] twice for Moss st border, P2, [K4, kfb] 4 times, k5, p2, k3, p15, k3, p2, k3, [pfb, p1] 3 times, k2, p2, k5, [kfb, k7] 5 times, kfb, k5, p2, k3, [pfb, p1] 3 times, k2, p2, k3, p15, k3, p2, [k4, kfb] 4 times, k5, p2, [k1, p1] twice, k1 for Moss st border—211 sts.

Body

Row 1: Work Row 1 of Moss st over first 5 sts, place marker, work Row 1 of Lacy Cables pattern over next 33 sts, place marker, work Row 1 of Popcorn Diamonds pattern over next 21 sts, place marker, work Row 1 of Cable Strip pattern over next 18 sts, place marker, work Row 1 of Center Panel pattern over next 57 sts, place marker, work Row 1 of Cable Strip pattern over next 18 sts, place marker, work Row 1 of Popcorn Diamonds pattern over next 21 sts, place marker, work Row 1 of Lacy Cable pattern over next 33 sts, place marker, work Row 1 of Moss st over last 5 sts—215 sts.

Row 2: Work next row of Moss st over first 5 sts, slip marker, work next row of Lacy Cables pattern to next marker, slip marker, work next row of Popcorn Diamonds pattern to next marker, slip marker, work next row of Cable Strip pattern to next marker, slip marker, work next row of Center Panel pattern to next marker, slip marker, work next row of Cable Strip pattern to next marker, slip marker, work next row of Popcorn Diamonds pattern to next marker, slip marker, work next row of Lacy Cable pattern to next marker, slip marker, work next row of Moss st over last 5 sts—211 sts.

Repeat Row 2 working next row of each pattern between markers on each row until 13 Popcorn Diamond pattern repeats have been completed, end with a Row 2 of the Popcorn Diamond pattern for a total of 314 rows in the body of Throw (322 rows total including lower border rows)—211 sts at the end of the last row, end with a wrong side row.

Remove markers as you work the next row.

Decrease Row (right side): Work next row of Moss st over first 5 sts, k2, [p4, k2tog, k4, k2tog] twice, p5, k2, p3, k15, p3, k2, p3, [k2tog, k1] twice, k2tog, p3, k2, p5, [p2tog, p7] 5 times, p2tog, p5, k2, p3, [k2tog, k1] twice, k2tog, p3, k2, p3, k15, p3, k2, [p4, k2tog, k4, k2tog] twice, p5, k2, work next row of Moss st over last 5 sts—191 sts.

Top Border

Work in Moss st over all sts for 7 rows.

Bind off in pattern.

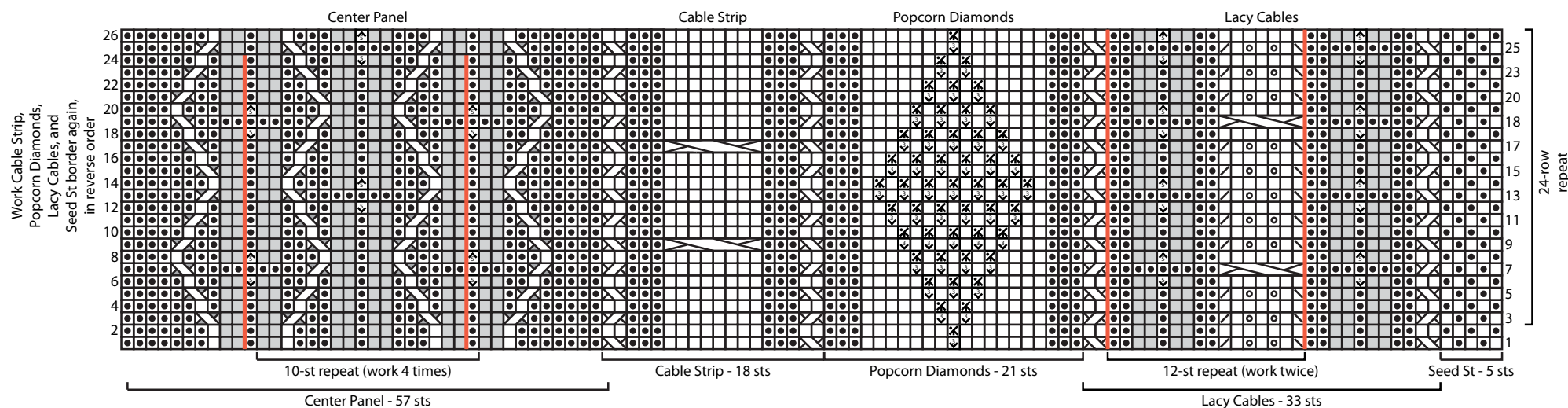
FINISHING

Weave in ends.

ABBREVIATIONS

k = knit; **k2tog** = knit next 2 sts together; **p** = purl; **p2tog** = purl next 2 sts together; **p5tog** = purl next 5 sts together; **st(s)** = stitch(es); **yo** = yarn over; **()** = work directions in parentheses into same st; **[]** = work directions in brackets the number of times specified; ***** = repeat whatever follows the * as indicated.

See chart on next page...



- no stitch
- k on RS, p on WS
- ▣ p on RS, k on WS
- ⊞ yarn over
- ⊞ k2tog: knit 2 sts tog
- ⊞ skp: slip 1 st as if to knit, k1, pass slipped st over k st
- ⊞ p3tog
- ⊞ p5tog
- ⊞ (p1, k1, p1) in same st
- ⊞ (k1, p1, k1, p1, k1) in same st
- ⊞ RT: knit in front of 2nd st on left needle, then knit in front of first st on left needle and slip both sts off left needle
- ⊞ LT: knit in back of 2nd st on left needle, then knit in front of first st on left needle and slip both sts off left needle
- ⊞ 1/1 RPC: slip 1 st to cable needle and hold in back, k1, then p1 from cable needle
- ⊞ 1/1 LPC: slip 1 st to cable needle and hold in front, p1, then k1 from cable needle
- ⊞ 3/4 LC: slip 3 sts to cable needle and hold in front, k4, then k3 from cable needle
- ⊞ 4/4 LC: slip 4 sts to cable needle and hold in front, k4, then k4 from cable needle