



KNIT
SKILL LEVEL
INTERMEDIATE

Designed by Rebecca J. Venton

What you will need:

RED HEART® Soft®: 1 ball each of 4600 White **A** and 5142 Cherry Red **B**, and 2 balls of 9520 Seafoam **C**

Susan Bates® Knitting Needles: 5mm [US 8] and 6mm [US 10]

Four stitch markers, five ½" [13 mm] buttons, sewing needle and thread, yarn needle.

GAUGE: 17 sts = 4" [10 cm]; 23 rows = 4" [10 cm] in Stockinette stitch (knit on right side, purl on wrong side) with smaller needles. 16 sts = 4" [10 cm]; 20 rows = 4" [10 cm] in Stockinette stitch with larger needles. **CHECK YOUR GAUGE.** Use any size needles to obtain the gauge.



RED HEART® Soft®, Art. E728 available in solid color 5 oz (141 g), 256 yd (234 m), print 4 oz (113 g), 204 yd (187 m), and heather 4oz (113g), 212 yd (194m) balls

SHOP KIT



Caring Nurse Doll to Knit

This sweet nurse outfit is designed to honor the many Red Cross volunteer nurses who give compassionate care to the military and provide service in local communities. Knit it to fit your 18" (45.7 cm) doll.

Outfit fits 18" (45.7 cm) doll.

Special Stitch

kfb (Knit into front and back) = Knit next stitch but do not remove from needle, knit into back loop of same stitch and remove from needle.

Pattern Stitches

1x1 Rib (multiple of 2 sts)

Row 1: *K1, p1; repeat from * to end of row. Repeat Row 1 for 1x1 Rib.

2x2 Rib (multiple of 4 sts)

Row 1: *K2, p2; repeat from * to end of row. Repeat Row 1 for 2x2 Rib.

Notes

1. Outfit includes 3 pieces: Hat, Dress, and Apron.
2. Dress is worked from the neck downwards. Raglan increases are worked to shape yoke. Piece is divided at underarms and sleeves and lower bodice/skirt are then worked separately.
3. Apron is worked in 5 pieces: Body, two ties, and two cross bars. The pieces are sewn together to complete Apron.

HAT

With smaller needles and **A**, cast on 8 sts.

Row 1 (right side): [Kfb] 8 times—16 sts.

Row 2: Purl.

Row 3: [K1, kfb] 8 times—24 sts.

Row 4: Purl.

Row 5: [K2, kfb] 8 times—32 sts.

Row 6: Purl.

Row 7: [K3, kfb] 8 times—40 sts.

Row 8: Purl.

Row 9: [K4, kfb] 8 times—48 sts.

Work even in Stockinette stitch (knit on right side, purl on wrong side) until piece measures about 3" [7.5 cm] from beginning.

Continued...



Work in 2x2 Rib until piece measures about 3½" [9 cm] from beginning, end with a wrong side row.

Front Flap

Row 1 (right side): Bind off 6 sts, knit to last 6 sts, bind off last 6 sts. Cut **A**.

With wrong side facing, rejoin **A** and work in Garter stitch (knit every row) for about 2½" [6.5 cm].

Bind off.

Fold flap back. With a double strand of **B**, embroider a straight stitch cross in middle of flap, sewing through both thicknesses to tack flap to hat. With **A**, sew back seam.

DRESS

Collar

With larger needles and **A**, cast on 24 sts. Work in Garter st for 4 rows.

Bodice

Change to **C**.

Row 5 (right side): [K4, place marker] twice, k8, [place marker, k4] twice.

Row 6: Slipping markers as you come to them, k3, purl to last 3 sts, k3.

Row 7 (buttonhole row): K1, yarn over (for buttonhole), k2tog, kfb, slip marker, kfb, k2, kfb, slip marker, kfb, k6, kfb, slip marker, kfb, k2, kfb, slip marker, kfb, k3—32 sts.

Row 8: Slipping markers as you come to them, k3, purl to last 3 sts, k3.

Row 9 (increase row): [Knit to 1 st before next marker, kfb, slip marker, kfb] 4 times, knit to end of row—40 sts.

Rows 10 and 11: Repeat Rows 8 and 9—48 sts.

Row 12: Repeat Row 8.

Row 13 (buttonhole row): K1, yarn over (for buttonhole), k2tog, [knit to 1 st before next marker, kfb, slip marker, kfb] 4 times, knit to end of row—56 sts.

Rows 14–19: Repeat Rows 8–13—80 sts.

Rows 20 and 21: Repeat Rows 8 and 9—88 sts.

Row 22: Repeat Row 8.

Divide for Sleeves and Body

Right Sleeve

Row 23 (right side): K12 to first marker, slip marker, drop yarn (but do not cut the yarn), join 2nd ball of **C** and k20 for right sleeve, TURN leaving remaining sts unworked. Work over the 20 right sleeve sts only.

Row 24: P20, TURN.

Row 25: K20, TURN.

Row 26: Repeat Row 24.

Change to **A**.

Row 27: With **A**, k20, TURN.

Cuff

Rows 28–31: Work in 2x2 Rib over 20 sts, TURN.

Bind off the 20 right sleeve sts, removing marker on both sides of sleeve.

Left Sleeve

Row 23 (right side): Pick up dropped yarn, k24 to next marker, slip marker, drop yarn (but do not cut yarn), join 2nd ball of **C** and k20 for left sleeve, TURN leaving remaining sts unworked.

Work over the 20 left sleeve sts only.

Rows 24–31: Work same as Rows 24–31 of right sleeve.

Bind off the 20 left sleeve sts, removing marker on both sides of sleeve.

Continued...





Lower Bodice

Row 23 (right side): Pick up dropped yarn, k12 to end of row.

Work over all 48 sts remaining on needle.

Row 24: K3, purl to last 3 sts, k3.

Row 25 (buttonhole row): K1, yarn over (for buttonhole), k2tog, knit to end of row.

Row 26: K3, purl to last 3 sts, k3.

Row 27: Knit.

Rows 28 and 29: Repeat Rows 26 and 27.

Rows 30–33: Repeat Rows 24–27.

Row 34: K3, purl to last 3 sts, k3.

Skirt

Row 35: *Kfb; repeat from * to end of row—96 sts.

Row 36: Purl.

Row 37: *K1, kfb; repeat from * to end of row—144 sts.

Work even in Stockinette st until skirt measures about 9 in. [23 cm], end with a wrong side row.

Hem

Next Row (right side – folding ridge): Purl. Work even in Stockinette stitch for about ½" [1.5 cm]. Bind off.

APRON

Skirt

With larger needles and **A**, cast on 72 sts. Work in Garter st for 6 rows.

Next Row (wrong side): K3, purl to last 3 sts, k3.

Next Row: Knit.

Repeat last 2 rows until piece measures about 7 in. (18 cm) from beginning, end with a wrong side row.

Bib

Row 1 (right side): *K2tog; repeat from * to end of row—36 sts.

Row 2: K3, purl to last 3 sts, k3.

Row 3: *K2tog; repeat from * to end of row—18 sts.

Change to smaller needles.

Row 4: K3, purl to last 3 sts, k3. Place a marker on this row.

Row 5: Knit.

Repeat Rows 4 and 5 until piece measures about 3½" [9 cm] measured from marker on Row 4. Remove marker.

Work in Garter st for 5 rows.

Bind off.

Ties (make 2)

With smaller needles and **A**, cast on 4 sts.

Work in 1x1 Rib until piece measures about 14" [35.5 cm] from beginning. Bind off.

Front Cross Bar (make 2)

With smaller needles and **B**, cast on 4 sts.

Work in 1x1 Rib until piece measures about 2½" [6.5 cm] from beginning. Bind off.

FINISHING

Dress: With **B**, embroider a straight stitch cross in middle of each sleeve cuff. With matching colored yarn, sew sleeve seams. With **C**, sew edges of dress skirt together from last row to just below lowest buttonhole. Fold hem to inside of skirt along folding ridge. With **C**, sew hem in place. With sewing needle and thread, sew buttons opposite buttonholes.

Apron: With **A**, sew the end of one tie to each side of bib where bib and skirt meet. Using photograph as a guide, place front cross bars on top of each other to form a cross. With **B**, sew cross to center of Apron bib.

With **A**, sew Apron bib to front bodice of Dress.

Weave in ends.

ABBREVIATIONS

A, **B**, and **C** = Color A, Color B, and Color C;

k = knit; **k2tog** = knit next 2 sts together;

p = purl; **st(s)** = stitch(es); [] = work

directions in brackets the number of times specified; * = repeat whatever follows the * as indicated.