



Sporty Headband

This easy knit headband will keep your ears warm as the weather gets cool. Make them for all your spirited friends in your team's colors!

Designed by Grace Alexander.

One size fits most 20" - 22" head circumference.

RED HEART® Super Saver®: 1 skein each 321 Gold **A** and 385 Royal **B**.

Knitting Needles: 4.5mm [US 7].
Yarn needle.

GAUGE: 22 sts = 4"; 23 rows = 4" in K1, p1 Rib (unstretched). **CHECK YOUR GAUGE. Use any size needles to obtain the gauge.**

K1, p1 Rib (worked over an odd number of sts)

Row 1 (Right Side): K1, * p1, k1; repeat from * to end.

Row 2: P1, * k1, p1; repeat from * to end.

Repeat Rows 1 and 2 for K1, p1 rib.

HEADBAND

With **A**, cast on 101 sts.

Begin Stripe Sequence

Join **B**, work in K1, p1 rib and Stripe Sequence as follows:
4 rows with **B**, 2 rows with **A**, 2 rows with **B**, 2 rows with **A**,
6 rows with **B**, 1 row with **A**. Bind off in rib.

Ring

With **B**, cast on 11 sts.

Work in K1, p1 rib until piece measures 4¼". Bind off in rib.

FINISHING

Sew headband seam. Wrap ring around headband and sew seam.



RED HEART® Super Saver®, Art. E300
available in solid color 7 oz (198 g), 364 yd (333 m); multicolor, heather and print 5 oz (141 g), 244 yd (223 m), flecks 5 oz (141g), 260 yds (238 m) skeins.

ABBREVIATIONS: **A, B** = color A, B; **k** = knit; **mm** = millimeters, **p** = purl; **st(s)** = stitch(es); * or ** = repeat whatever follows the * or ** as indicated.