



Rib and Twist Vest

Interesting construction, a yarn with a little glitz and a flattering design make this a great project to knit and wear. Perfect for weekend jean-wearing or for a night on the town.

Designed by Heather Lodinsky.

Directions are for size Small. Changes for sizes Medium, Large, X-Large, XX-Large and XXX-Large are in parentheses.

RED HEART® Shimmer™: 4 (5, 5, 6, 6, 7) balls 1944 Cherries Jubilee.

Knitting Needles: 5mm [US 8].

Stitch holders, stitch markers, detachable stitch markers or safety pins, yarn needle.

GAUGE: 17 sts = 4"; 26 rows = 4" in Garter Rib pattern.

CHECK YOUR GAUGE. Use any size needles to obtain the gauge.

Finished Chest: 35 (39, 42, 46, 50, 54)"

Finished Length: 24 (24½, 24½, 25, 25, 25½)"

PATTERN STITCH

Garter Rib (multiple of 4 sts + 2)

Row 1 (Wrong Side): K2, *p2, k2; repeat from * to end of row.

Row 2 (Right Side): Knit.

Repeat Rows 1 and 2 for Garter Rib pattern.

NOTES

1. Sweater is worked in three pieces; back, right front, and left front.
2. The bottom band of each piece is made first. The bottom bands are worked from side to side.
3. After each bottom band is complete, stitches are picked up across one edge and the piece is worked upwards from the bottom band to the shoulder.
4. The bottom front bands are knit together to create a twisted look at the center of the lower edge. To achieve this twist, the left bottom band is worked before the right bottom band, and set aside. The right bottom band is then worked and joined to the left bottom band, just before the stitches are picked up across the long edge of the right bottom band.

BACK

Bottom Band (worked side to side)

Cast on 32 sts.

Row 1 (Right Side): K3, *p2, k2; repeat from * to last 5 sts, p2, k3.

Row 2: P3, *k2, p2; repeat from * to last 5 sts, k2, p3.

Repeat last 2 rows until piece measures 17½ (19½, 21, 23, 25, 27)" from beginning.

Bind off in rib.

Body

With Right Side facing and beginning at right top corner of one long edge of bottom band, pick up and k74 (82, 90, 98, 106, 114) sts evenly spaced across edge, turn.

Beginning with a Wrong Side Row, work in Garter Rib pattern until piece measures 24 (24½, 24½, 25, 25, 25½)" from beginning (including bottom band), end with a Wrong Side row.

Bind off taking care not to bind off tightly.



Left Bottom Band (worked from side to center front)

Cast on 32 sts.

Work same as back bottom band until piece measures 9 (10, 11, 12, 13, 13½)" from beginning, end with a Wrong Side row.

Next Row (Right Side): Bind off 16 sts, p1, [k2, p2] 3 times, k3. Place marker on this row for Right Side.

Next Row: P3, [k2, p2] 3 times, k1.

Next Row: P1, [k2, p2] 3 times, k3.

Repeat last 2 rows for 4", end with a Wrong Side row. Slip these stitches onto a holder. Set aside.

RIGHT FRONT

Right Bottom Band

Cast on 32 sts.

Work same as left bottom band until piece measures 9 (10, 11, 12, 13, 13½)" from beginning, end with a Right Side row.

Next Row (Wrong Side): Bind off 16 sts, k1, [p2, k2] 3 times, p3.

Next Row: K3, [p2, k2] 3 times, p1.

Next Row: K1, [p2, k2] 3 times, p3.

Repeat last 2 rows for 4", end with a Wrong Side row.

Next Row (Right Side): K3, [p2, k2] 3 times, p1; hold left bottom band with Right Side facing and behind right bottom band; working over the 16 left bottom band sts, p1, [k2, p2] 3 times, k3, place a marker on needle, pick up and k38 (42, 46, 50, 54, 58) sts evenly spaced across 9 (10, 11, 12, 13, 13½)" of right front band—70 (74, 78, 82, 86, 90) sts.

Shape Front

Row 1 (Wrong Side): Work Row 1 of Garter rib to marker, slip marker, p3, *k2, p2; repeat from * to last 5 sts, k2, p3.

Row 2 (Right Side): K3, *p2, k2; repeat from * to last 5 sts before marker, p2, k3, slip marker, knit to end of row (as Row 2 of Garter rib).

Repeat last 2 rows for 1", end with a Wrong Side Row.

Decrease Row (Right Side): K3, *p2, k2; repeat from * to last 5 sts before marker, p2, k3, slip marker, k2tog, knit to end of row—69 (73, 77, 81, 85, 89) sts.

Repeat Rows 1 and 2 twice.

Repeat Row 1.

Repeat Decrease Row—68 (72, 76, 80, 84, 88) sts.

Repeat last 6 rows 15 (16, 16, 17, 17, 18) more times—53 (56, 60, 63, 67, 70) sts.

Repeat Rows 1 and 2 until front measures same as back, end with a Right Side row.

Back Collar

Next Row (Wrong Side): Bind off 21 (24, 28, 31, 35, 38) sts, remove marker, p3, *k2, p2; repeat from * to last 5 sts, k2, p3.

Next Row (Right Side): K3, *p2, k2; repeat from * to last 5 sts, p2, k3.

Next Row: P3, *k2, p2; repeat from * to last 5 sts, k2, p3. Repeat last 2 rows for 3¾ (4, 4, 4¼, 4¼, 4½)".

Bind off in pattern.

LEFT FRONT

With Right Side facing and beginning at right top corner of left band, pick up and k38 (42, 46, 50, 54, 58) sts evenly spaced across 9 (10, 11, 12, 13, 13½)", place marker on needle, cast on 32 sts at end of needle—70 (74, 78, 82, 86, 90) sts.

Shape Front

Row 1 (Wrong Side): P3, *k2, p2; repeat from * to 5 sts before marker, k2, p3, slip marker, work Row 1 of Garter rib to end of row.

Row 2 (Right Side): Knit to marker (as Row 2 of Garter rib), slip marker, k3, *p2, k2; repeat from * to last 5 sts, p2, k3. Repeat last 2 rows for 1", end with a Wrong Side Row.

Decrease Row (Right Side): Knit to 2 sts before marker, k2tog, slip marker, k3, *p2, k2; repeat from * to last 5 sts, p2, k3—69 (73, 77, 81, 85, 89) sts.

Repeat Rows 1 and 2 twice.

Repeat Row 1.

Repeat Decrease Row—68 (72, 76, 80, 84, 88) sts.

Repeat last 6 rows 15 (16, 16, 17, 17, 18) more times—53 (56, 60, 63, 67, 70) sts.

Repeat Rows 1 and 2 until front measures same as back, end with a Wrong Side row.

Back Collar

Next Row (Right Side): Bind off 21 (24, 28, 31, 35, 38) sts, remove marker, k3, *p2, k2; repeat from * to last 5 sts, p2, k3.

Next Row: P3, *k2, p2; repeat from * to last 5 sts, k2, p3.

Next Row (Right Side): K3, *p2, k2; repeat from * to last 5 sts, p2, k3.

Repeat last 2 rows for 3¾ (4, 4, 4¼, 4¼, 4½)".

Bind off in pattern.

FINISHING

Sew shoulder seams, matching rib pattern while sewing. Sew ends of back collar together at back neck, and sew bottom of back collar to back neck.



Armhole Bands

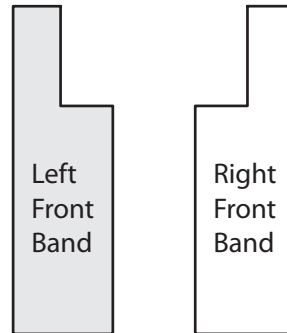
With detachable markers or safety pins, carefully measure down from top of shoulder 9 (9½, 9½, 10, 10, 10½)'' on both front and back on each side (for armhole marking). With Right Side facing, pick up and k76 (80, 80, 84, 84, 90) sts across entire armhole edge. Purl 2 rows. Knit 2 rows. Repeat last 4 rows, Purl 2 rows. Bind off knitwise on Wrong Side. Repeat across other armhole edge. Sew side seams, including bottom bands and armhole bands. Place front of sweater on a flat surface, pin twisted band in place and carefully sew bound-off band stitches to edges of band. Sew bottom of cast-on stitches at bottom of left front band to inside of sweater behind right front band. Weave in ends.



RED HEART® Shimmer™ Art. E763 available in 3.5 oz (100 g), 28 yd (256 m) balls.

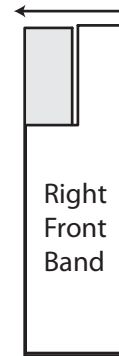
ABBREVIATIONS: **k** = knit; **k2tog** = knit next 2 sts together; **p** = purl; **st(s)** = stitch(es); **[]** = work directions in brackets the number of times specified; * = repeat whatever follows the * as indicated.

Step 1



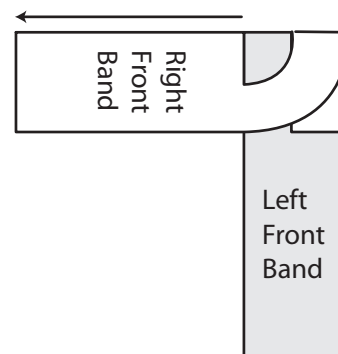
Step 2

Work across 16 sts of Right Front Band, then work across 16 sts of Left Front Band. Place marker. You will need to rotate the right front band a little to perform the next step.



Step 3

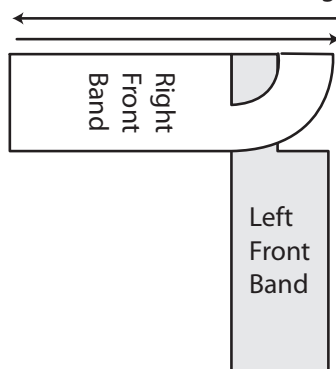
Pick up and knit sts evenly spaced across this edge.





Step 4

Work Right Front back and forth in rows across this edge.



Step 5

Pick up and knit sts evenly spaced across this edge, place marker, then cast on 32 sts.



Step 6

Work Left Front back and forth in rows across this edge.

