



KNIT | SKILL LEVEL: INTERMEDIATE

## ABBREVIATIONS

**Beg** = Beginning

**C6F** = Slip next 3 stitches onto cable needle and leave at front of work. K3. then K3 from cable needle.

**Dec** = Decreasing

**K** = Knit

**Kfb** = Increase by knitting into front, then into back of next stitch

**K2tog** = Knit next 2 stitches together

**M1** = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop.

**P** = Purl

**Pat** = Pattern

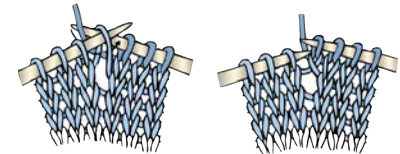
**PM** = Place marker

**Rep** = Repeat

**Rnd(s)** = Round(s)

**Sm** = Slip marker

**St(s)** = Stitch(es)



## MATERIALS

**Red Heart® Heat Wave™** (3.5 oz /100 g; 198 yds/181 m)

Seaweed (0660)

**1 ball**

Set of 4 size U.S. 8 (5 mm) double-pointed knitting needles **or size needed to obtain gauge.** Cable needle. Stitch holder. Stitch marker.

## SIZE

One size to fit wrist measure 7" [18 cm] in circumference.

## GAUGE

18 sts and 24 rows = 4" [10 cm], in stocking st.

## INSTRUCTIONS

### RIGHT WRISTER

\*\*Cast on 40 sts. Divide sts over 3 double-pointed needles: (16, 12, 12) sts.

Join in rnd, being careful not to twist sts. PM for beg of rnd.

**1st rnd:** \*K2. P2. Rep from \* around.

Rep 1st rnd until work from beg measures 3¼" [8.5 cm].

**Next rnd:** \*K3. K2tog. Rep from \* around. 32 sts.\*\*

Proceed as follows:

**1st rnd:** K3. P2. K6. P2. K2. Kfb. M1. Kfb. PM. K15. 35 sts.

**2nd rnd:** K3. P2. K6. P2. K2. K5. Sm. K15.

**3rd rnd:** K3. P2. K6. P2. K2. Kfb. K3. Kfb. Sm. K15. 37 sts.

**4th rnd:** K3. P2. K6. P2. K2. K 7. Sm. K15.

**5th rnd:** K3. P2. C6F, P2. K2. Kfb. K5. Kfb. Sm. K15. 39 sts.

**6th rnd:** K3. P2. K6. P2. K2. K9. Sm. K15.

**7th rnd:** K3. P2. K6. P2. K2. Kfb. K7. Kfb. Sm. K15. 41 sts.

**8th rnd:** K3. P2. K6. P2. K2. K11. Sm. K15.

**9th rnd:** K3. P2. K6. P2. K2. Kfb. K9. Kfb. Sm. K15. 43 sts.

**10th rnd:** K3. P2. C6F. P2. K2. Slip next 12 sts onto a st holder. K16. 31 sts.

**11th to 14th rnds:** K3. P2. K6. P2. K18.

**15th rnd:** K3. P2. C6F. P2. K18.

**16th to 20th rnds:** As 11th to 15th rnds.

**\*\*\*21st rnd:** Kfb. P2. \*K2. P2. Rep from \* around. 32 sts.

**22nd rnd:** \*K2. P2. Rep from \* around.

Rep last rnd for 1" [2.5 cm].

Cast off loosely in rib.

### Thumb

Slip 12 thumb sts onto 3 double-pointed needles.

Join yarn at inside edge of thumb.

**1st to 3rd rnds:** Knit.

**4th to 7th rnds:** \*K2. P2. Rep from \* around.

Cast off loosely in rib.\*\*\*

### LEFT WRISTER

Rep from \*\* to \*\* as given for Right Wrister.

Proceed as follows:

**1st rnd:** K3. P2. K6. P2. K17. PM. Kfb. M1. Kfb. 35 sts.

**2nd rnd:** K3. P2. K6. P2. K17. Sm. k5.

**3rd rnd:** K3. P2. K6. P2. K17. Sm. Kfb. K3. Kfb. 37 sts.

**4th rnd:** K3. P2. K6. P2. K17. Sm. K7.

**5th rnd:** K3. P2. C6F. P2. K17. Sm. Kfb. K5. Kfb. 39 sts,

**6th rnd:** K3. P2. K6. P2. K17. Sm. K9.

**7th rnd:** K3. P2. K6. P2. K17. Sm. Kfb. K7. Kfb. 41 sts.

**8th rnd:** K3. P2. K6. P2. K17. Sm. K11.

**9th rnd:** K3. P2. K6. P2. K17. Sm. Kfb. K9. Kfb. 43 sts.

**10th rnd:** K3. P2. C6F. P2. K18. Slip 12 sts onto st holder. 31 sts.

**11th to 14th rnds:** K3. P2. K6. P2. K18.

**15th rnd:** K3. P2. C6F. P2. K18.

**16th to 20th rnds:** As 11th to 15th rnds.

Rep from \*\*\* to \*\*\* as given for Right Wrister.

