



Twin Cables Wristers

Designed by Grace Alexander.

Directions are for size Small/Medium; changes for size Medium/Large, are in parentheses.

Wristers measure 7 (8)" circumference x 9½" long.

RED HEART® "Mystic™": 2 balls 660 Avocado **A** and 1 ball 830 Cornflower **B**.

Knitting Needles: 4.5mm [US 7].

Cable needle, small stitch holder, stitch markers (4), yarn needle.

GAUGE: 28 sts = 4"; 26 Rows = 4" in K1, p1 Rib. **CHECK YOUR GAUGE.** Use any size needle to obtain the gauge.

Special Abbreviations

2/2 RC = slip next 2 sts to cable needle and hold to back, k2, k2 from cable needle.

M1 (make one stitch) = Lift running thread before next stitch onto left needle and knit into the back loop.

Twin Cables Pattern (worked over 14 sts)

Row 1 and all wrong side rows: K2, [p4, k2] 2 times.

Row 2: [P2, 2/2 RC] 2 times, p2.

Row 4: [P2, k4] 2 times, p2.

Repeat Rows 1 – 4 for Twin Cables Pattern.

K1, p1 Rib

Row 1 (Right Side): K1, * p1, k1; repeat from * across row.

Row 2: P1, * k1, p1; repeat from * across row.

Repeat Rows 1 and 2 for K1, p1 rib.

WRISTERS

Right Hand

With **B**, cast on 53 (57) sts.

Begin with Row 1, work 4 rows in K1, p1 rib.

Cut **B**. **

Setup Twin Cables Pattern

Next Row (Right Side) (Inc): Join **A**, work in rib as established across first 9 (11) sts, place marker, p2, [M1, k1] 2 times, M1, p1, [M1, k1] 2 times, p2, place marker, continue in rib to end of row– 58 (62) sts; 14 sts between markers.

Next Row: Rib to first marker, work Row 1 of Twin Cables pattern between markers, rib to end of row.

Keeping sts in pattern as established, work until piece measures 6½" from beginning, ending with a wrong side row. ***

Shape Thumb

Row 1: Keeping in pattern, work across first 31 (33) sts, place marker, M1, k1, M1, place marker, work to end of row–60 (64) sts; 3 sts between markers.

Continue to inc 1 st after first marker and before second marker every right side row 4 times more, working extra sts into rib pattern–68 (72) sts; 11 sts between markers. Work 1 row even.



TWIN CABLES WRISTERS | KNIT

Next Row (Right Side): Work across row to within 1 st of first marker, slip st to right needle, remove marker and place next 11 sts on holder for thumb, remove second marker, slip slipped st from right needle back to left needle, p2tog, work to end of row— 56 (60) sts.

Keeping in pattern, work until piece measures 9" from beginning, ending with a wrong side row. Cut **A**.

Shape Top Opening

Row 1 (Dec): Join **B**, rib to first marker, p2tog, [k2tog, p2tog] 3 times, rib to end—49 (53) sts.

Work 2 rows even in K1, p1 rib as established, removing markers. Bind off in pattern.

Shape Thumb Opening

Slip 11 sts from holder to needle.

Join **B** to right side and keeping in rib pattern, pick up and k 1 st at beginning of row, work across, pick up and k 2 sts at end of row—14 sts.

Work 1 row even. Bind off loosely in pattern.

Left Hand

Work same as for Right Hand to **.

Setup Twin Cable Pattern

Next Row (Inc): Join **A**, work in rib as established across first 35 (37) sts, place marker, p2, [M1, k1] 2 times, M1, p1, [M1, k1] 2 times, p2, place marker, continue in rib to end of row— 58 (62) sts; 14 sts between markers.

Continue same as for Right Hand to ***.

Shape Thumb

Row 1 (Right Side): Keeping in pattern, work across first 26 (28) sts, place marker, M1, k1, M1, place marker, work to end of row—60 (64) sts; 3 sts between markers.

Complete same as for Right Hand.

FINISHING

Sew thumb and side seams. Weave in yarn ends.



RED HEART® “Mystic™”

Art. E769 available in 3 oz. (85 g), 154 yd (141 m) balls.

ABBREVIATIONS: **A, B** = Color A, B; **dec** = decrease; **inc** = increase; **k** = knit; **mm** = millimeters; **p** = purl; **st(s)** = stitch(es); **tog** = together; **[]** = work directions in brackets the number of times specified; ***** = repeat whatever follows the * as indicated.

