## '̌arnspirations"'

ORED
ORED
HEART
煦
KNIT
SKILL LEVEL
EASY

Designed by Gloria Tracy

What you will need:
RED HEART ${ }^{\oplus}$ Super Saver Chunky ${ }^{\oplus}$ : 1 skein 776 Dark Orchid

Susan Bates ${ }^{\oplus}$ Knitting Needles: 6.5 mm [US 10.5] circular needle, $24^{\prime \prime}$ ( 61 cm ) long

Stitch marker, yarn needle.
GAUGE: 12 sts = $5^{\prime \prime}$ ( 12.5 cm ); 16 rows $=4$ " ( 10 cm ), in Marching Arrows pattern. CHECK YOUR GAUGE. Use any size needle to obtain the gauge.

RED HEART ${ }^{\oplus}$ Super Saver Chunky ${ }^{\ominus}$, Art. E778 available in solid color $60 z$ ( 170 g ), 207 yd (189m) skeins


## Marching Arrows Cowl

This interesting arrows pattern is fun to stitch and creates a wonderful, warm cowl. It's knit in bulky yarn for great texture and style.

Cowl measures 12" ( 30.5 cm ) wide x 30 " ( 76 cm ) circumference

## Designer's Tips

1. If your circular needles are new, don't try to use them right out of the package. To uncoil, place them in an oblong cake pan and pour very hot water over them. They will uncoil as if by magic.
2. In order not to twist the stitches when joining, after casting on, lay the needle down on a table with the working yarn to the right. Make sure all the cast on stitches are laying to the inside of the cable.
3. To mark the beginning of the round, place a ring marker on the right hand needle before working the first stitch. Insert the right hand point into the first stitch on the left hand point and work your first stitch.
4. This completely reversible 16 round Marching Arrows pattern may look confusing at first, but don't be intimidated! It's really only 8 rounds: 2 rounds each of 8 instructions. It's also quite rhythmic. The pattern alternates four knit stitches and four purl stitches with a purl and knit or knit and purl between them. The stitches march forward for ten rounds then back up for six. To learn the rhythm of the stitches when starting this pattern, I used this 12 stitch mantra repeat: knit 4, opposite 1, opposite 1, purl 4, opposite 1, opposite 1. You can use my mantra or make up your own. You'll quickly be marching those stitches back and forth and be wearing your fabulous cowl in no time!

## COWL

Cast on 72 sts. Place marker for beginning of round. Prepare to work in rounds, being careful not to twist the stitches.

## Border

Round 1: *K1, p1; repeat from * around.
Round 2: *P1, k1; repeat from * around.
Repeat last 2 rounds once more.

## Begin Marching Arrows Pattern

Rounds 1 and 2: *K4, p1, k1, p4, k1, p1; repeat from * around.
Rounds 3 and 4: *K3, p1, k1, p4, k1, p1, k1; repeat from * around.
Rounds 5 and 6: *K2, p1, k1, p4, k1, p1, k2; repeat from * around.
Rounds 7 and 8: *K1, p1, k1, p4, k1, p1, k3; repeat from * around.
Rounds 9 and 10: *P1, k1, p4, k1, p1, k4; repeat from * around.
Rounds 11 and 12: *K1, p1, k1, p4, k1, p1, k3; repeat from * around.
Rounds 13 and 14: *K2, p1, k1, p4, k1, p1, k2; repeat from * around.
Rounds 15 and 16: *K3, p1, k1, p4, k1, p1, k1; repeat from * around.
Rounds 17-32: Repeat Rounds 1-16.
Rounds 33-42: Repeat Round 1-10.

## Border

Round 1: *K1, p1; repeat from * around.
Round 2: *P1, k1; repeat from * around. Repeat last 2 rounds once more. Bind off loosely.

## FINISHING

Weave in ends

## ABBREVIATIONS

k = knit; p = purl; st(s) = stitch(es); * = repeat whatever follows the * as indicated.

