



Rise & Shine Arm Warmers

Choose these longer slouchy wristers to keep your arms warm while your fingers are free to sip a cup of egg nog or do your knitting. All ages will love the soft sparkly yarn making these a perfect gift!

Designed by Jodi Lewanda.

Wrist: 6 (7, 7½, 8½)”.
Upper arm: 9 (10, 10½, 12)”.
Length: 14½ (15½, 16½, 18)”.

RED HEART® Shimmer: 1 (1, 1, 2) Balls 1715 Hot Pink.

Knitting Needles: 3.75mm [US 5].
Yarn needle.

GAUGE: 22 sts = 4”; 32 rows = 4” in St st. **CHECK YOUR GAUGE.** Use any size needles to obtain the gauge.

PATTERN STITCHES

K2, p2 Rib (multiple of 4 sts + 2)

Row 1: [K2, p2] to last 2 sts, k2.

Row 2: [P2, k2] to last 2 sts, p2.

Repeat Rows 1-2 for K2, p2 rib.

ARM WARMERS (Make 2)

Cast on 34 (38, 42, 46) sts.

Work in K2, p2 rib for 1½ (2, 2½, 3)”, end with a wrong side row.

Change to St st and work until piece measures 2¼ (3, 3½, 4¼)” from beginning, end after a wrong side row.

Inc 1 st at each side every 8th row 8 (8, 8, 10) times – 50 (54, 58, 66) sts.

Work until piece measures 13 (13½, 14, 15)” from beginning, end with a wrong side row.

Change to work in K2, p2 rib for 1½ (2, 2½, 3)”, end with a wrong side row.

Bind off.

FINISHING

Sew side seam. If desired, leave 1” unsewn along seam 1” from cast-on edge for thumbhole.

Weave in ends.



RED HEART® Shimmer™ Art. E763
available in 3.5 oz (100 g), 280 yd
(256 m) balls.

ABBREVIATIONS: **K** = knit; **P** = purl; **St(s)** = Stitch(es);
St st = Stockinette stitch (Knit on right side, purl on wrong side).