



KNIT  
SKILL LEVEL  
**INTERMEDIATE**

Design by K J Hay.



## What you will need:

**RED HEART® Luster Sheen®:**  
1 skein of 251 Orange.

**Susan Bates® Knitting Needles:**  
3.75 mm [US 5].

Plastic headband approximately  
1¾" (4.4 cm) wide, cable needle,  
yarn needle, straight pins.

**GAUGE:** 36 sts = 4" (10 cm), 40  
rows = 4" (10 cm) in cable pattern.  
**CHECK YOUR GAUGE.** Use any size  
needles to obtain the gauge



**RED HEART® Luster Sheen®, Art. E794**  
available in 3.5 oz  
(100 g), 307 yd (281 m) solid color  
and 3 oz (85 g), 261 yd (239 m)  
multicolor balls.

# Crisscross Headband

*Why wear just a plain everyday headband  
when you can dress it up with a super cover?*

*This intricately knitted band fits over an  
ordinary plastic headband to frame your face  
and accentuate your wardrobe.*

**SHOP KIT**

**Finished Size:** 3½" (9 cm) wide (at widest  
point) x 12" (30.5 cm) long.

## Special Stitches

**Cable 2 Front** – Slip next 2 stitches onto cable  
needle and hold at front of work, K2 from the  
left needle, K2 from the cable needle.

**Cable 2 Purl Front** – Slip next 2 stitches onto  
cable needle and hold at front of work, P2  
from the left needle, P2 from the cable needle.

**Cable 2 Back** – Slip next 2 stitches onto cable  
needle and hold at back of work, K2 from the  
left needle, P2 from the cable needle.

**M1 = Make 1 (Increase)** – Lift strand between  
needles to left-hand needle and knit strand  
through the back loop, twisting the stitch to  
prevent a hole in the fabric.

**SSK** = slip next 2 stitches, knitwise, to right  
needle, insert point of left needle through the  
front of stitches, knit these stitches together  
through the back loop.

## NOTES

1. Headband can be worked following chart,  
or by reading written instructions.
2. Use a dark colored headband for dark  
colored yarn, or a light colored headband  
for light colored yarn.

## HEADBAND

Cast on 6 sts.

**Row 1:** Knit across.

**Row 2 (Right side):** K1, M1, purl across to last  
st, M1, K1: 8 sts.

**Rows 3-6:** Repeat Rows 1 and 2, twice: 12 sts.

**Row 7:** Knit across.

**Row 8:** K1, purl across to last st, K1.

**Row 9:** Knit across.

**Row 10:** Repeat Row 2: 14 sts.

**Row 11:** Knit across.

**Row 12:** K1, purl across to last st, K1.

**Row 13:** Knit across.

**Row 14:** Repeat Row 2: 16 sts.

**Row 15:** Knit across.

**Row 16:** K1, purl across to last st, K1.

**Row 17:** K2, P2, K8, P2, K2.

**Row 18:** K1, M1, P1, Cable 2 Purl Front, K4,  
Cable 2 Back, P1, M1, K1: 18 sts.

**Row 19:** K5, P2, K4, P2, K5.

**Row 20:** K1, P4, Cable 2 Purl Front, Cable 2  
Back, P4, K1.

**Row 21:** K7, P4, K7.

**Row 22:** K1, M1, P6, Cable 2 Front, P6, M1,  
K1: 20 sts.

**Row 23:** K8, P4, K8.

**Row 24:** K1, K5, Cable 2 Back, Cable 2 Purl  
Front, P5, K1.

**Row 25:** K6, P2, K4, P2, K6.

**Row 26:** K1, M1, P3, Cable 2 Back, P4, Cable  
2 Purl Front, P3, M1, K1: 22 sts.

**Row 27:** K4, P2, K8, P2, K4.

**Row 28:** K1, P2, Cable 2 Back, P8, Cable 2  
Purl Front, P2, K1.

**Row 29:** K3, P2, K 12, P2, K3.

**Row 30:** K1, M1, P2, Cable 2 Purl Front, P8,  
Cable 2 Back, P2, M1, K1: 24 sts.

**Row 31:** K6, P2, K8, P2, K6.

**Row 32:** K1, P5, Cable 2 Purl Front, P4, Cable  
2 Back, P5, K1.

**Row 33:** K8, P2, K4, P2, K8.

**Row 34:** K1, M1, P7, Cable 2 Purl Front, Cable  
2 Back, P7, M1, K1: 26 sts.

**Row 35:** K 11, P4, knit across.

**Row 36:** K1, P 10, Cable 2 Front, P 10, K1.

**Row 37:** K 11, P4, knit across.

**Row 38:** K1, M1, P8, Cable 2 Back, Cable 2  
Purl Front, P8, M1, K1: 28 sts.

**Row 39:** K 10, P2, K4, P2, knit across.

**Row 40:** K1, P7, Cable 2 Back, P4, Cable 2  
Purl Front, P7, K1.

**Row 41:** K8, P2, K8, P2, K8.

**Row 42:** K1, M1, P5, Cable 2 Back, P8, Cable  
2 Purl Front, P5, M1, K1: 30 sts.

**Row 43:** K7, P2, K 12, P2, K7.

Continued...



**Row 44:** K1, P4, Cable 2 Back, P 12, Cable 2 Purl Front, P4, K1.  
**Row 45:** K5, P2, K 14, P2, K5.  
**Row 46:** K1, M1, P2, Cable 2 Purl Front, P 16, Cable 2 Back, P2, M1, K1: 32 sts.  
**Row 47:** K4, P2, K 20, P2, K4.  
**Row 48:** K1, P3, Cable 2 Purl Front, P 16, Cable 2 Back, P3, K1.  
**Row 49:** K6, P2, K 16, P2, K6.  
**Row 50:** K1, P5, Cable 2 Purl Front, P 12, Cable 2 Back, P5, K1.  
**Row 51:** K8, P2, K 12, P2, K8.  
**Row 52:** K1, P7, Cable 2 Purl Front, P8, Cable 2 Back, P7, K1.  
**Row 53:** K 10, P2, K8, P2, knit across.  
**Row 54:** K1, P9, Cable 2 Purl Front, P4, Cable 2 Back, P9, K1.  
**Row 55:** K 12, P2, K4, P2, knit across.  
**Row 56:** K1, P 11, Cable 2 Purl Front, Cable 2 Back, P 11, K1.  
**Row 57:** K 14, P4, knit across.  
**Row 58:** K1, P 13, Cable 2 Front, P 13, K1.  
**Row 59:** K 14, P4, knit across.  
**Row 60:** K1, P 11, Cable 2 Back, Cable 2 Purl Front, P 11, K1.  
**Row 61:** K 12, P2, K4, P2, knit across.  
**Row 62:** K1, P9, Cable 2 Back, P4, Cable 2 Purl Front, P9, K1.  
**Row 63:** K 10, P2, K8, P2, knit across.  
**Row 64:** K1, P7, Cable 2 Back, P8, Cable 2 Purl Front, P7, K1.  
**Row 65:** K8, P2, K 12, P2, K8.  
**Row 66:** K1, P5, Cable 2 Back, P 12, Cable 2 Purl Front, P5, K1.  
**Row 67:** K6, P2, K 16, P2, K6.  
**Row 68:** K1, P3, Cable 2 Back, P 16, Cable 2 Purl Front, P3, K1.  
**Row 69:** K4, P2, K 20, P2, K4.  
**Row 70:** K1, K2tog, P1, Cable 2 Purl Front, P 16, Cable 2 Back, P1, SSK, K1: 30 sts.  
**Row 71:** K5, P2, K 14, P2, K5.

**Row 72:** K1, P4, Cable 2 Purl Front, P 12, Cable 2 Back, P4, K1.  
**Row 73:** K7, P2, K 12, P2, K7.  
**Row 74:** K1, K2tog, P4, Cable 2 Purl Front, P8, Cable 2 Back, P4, SSK, K1: 28 sts.  
**Row 75:** K8, P2, K8, P2, K8.  
**Row 76:** K1, P7, Cable 2 Purl Front, P4, Cable 2 Back, P7, K1.  
**Row 77:** K 10, P2, K4, P2, knit across.  
**Row 78:** K1, K2tog, P7, Cable 2 Purl Front, Cable 2 Back, P7, SSK, K1: 26 sts.  
**Row 79:** K 11, P4, knit across.  
**Row 80:** K1, P 10, Cable 2 Front, P 10, K1.  
**Row 81:** K 11, P4, knit across.  
**Row 82:** K1, K2tog, P6, Cable 2 Back, Cable 2 Purl Front, P6, SSK, K1: 24 sts.  
**Row 83:** K8, P2, K4, P2, K8.  
**Row 84:** K1, P5, Cable 2 Back, P4, Cable 2 Purl Front, P5, K1.  
**Row 85:** K6, P2, K8, P2, K6.  
**Row 86:** K1, K2tog, P1, Cable 2 Back, P8, Cable 2 Purl Front, P1, SSK, K1: 22 sts.  
**Row 87:** K3, P2, K 12, P2, K3.  
**Row 88:** K1, P2, Cable 2 Purl Front, P8, Cable 2 Back, P2, K1.  
**Row 89:** K4, P2, K8, P2, K4.  
**Row 90:** K1, K2tog, P2, Cable 2 Purl Front, P4, Cable 2 Back, P2, SSK, K1: 20 sts.  
**Row 91:** K6, P2, K4, P2, K6.  
**Row 92:** K1, P5, Cable 2 Purl Front, Cable 2 Back, P5, K1.  
**Row 93:** K8, P4, K8.  
**Row 94:** K1, K2tog, P5, Cable 2 Front, P5, SSK, K1: 18 sts.  
**Row 95:** K7, P4, K7.  
**Row 96:** K1, P4, Cable 2 Back, Cable 2 Purl Front, P4, K1.  
**Row 97:** K5, P2, K4, P2, K5.  
**Row 98:** K1, K2tog, Cable 2 Back, K4, Cable 2 Purl Front, SSK, K1: 16 sts.  
**Row 99:** K2, P2, K8, P2, K2.  
**Row 100:** K1, purl across to last st, K1.  
**Row 101:** Knit across.

**Row 102:** K1, K2tog, purl across to last 3 sts, SSK, K1: 14 sts.  
**Row 103:** Knit across.  
**Row 104:** K1, purl across to last st, K1.  
**Row 105:** Knit across.  
**Row 106:** K1, K2tog, purl across to last 3 sts, SSK, K1: 12 sts.  
**Rows 107–110:** Repeat Rows 103–106—10 sts.  
**Row 111:** Knit across.  
**Row 112:** K1, K2tog, purl across to last 3 sts, SSK, K1: 8 sts.  
**Row 113:** Knit across.  
**Row 114:** K1, K2tog, purl across to last 3 sts, SSK, K1: 6 sts.

**Row 115:** Knit across.  
 Bind off all sts in knit, leaving a long end for sewing.

## FINISHING

Thread a yarn needle with the long end. With right side facing, wrap Headband around plastic headband and pin in place. Sew side seams and edges together, matching ends of rows and stitches.

## ABBREVIATIONS

**K** = knit; **mm** = millimeter; **P** = purl; **st(s)** = stitch(es); **tog** = together.

