



Designed by Randy Cavaliere

What you will need:

RED HEART® Scrubby

Cotton™: 1 ball each 7365 Tan **A**, 7501 Caribbean **B**, and 7100 Cotton **C**

Susan Bates® Crochet Hook:
6mm [US J-10].

Yarn needle

GAUGE: Rounds 1–4 = 3" [7.5 cm] wide x 4" [10 cm] long.
CHECK YOUR GAUGE. Use any size hook to obtain the gauge.



RED HEART® Scrubby Cotton™:
Art. E854 available in solid color 3.5 oz (100 g) 145 yd (133 m), prints 3 oz (85 g) 121 yd (110 m) balls



Handy Palm Scrubby

These quick to crochet scrubbies are just the right size to fit in your hand for a special relaxing face or body rub. They are perfect as a gift with spa-like accessories like a candle, towel or moisturizing soap

Scrubby measures about 4" [10 cm] wide and 5" [12.5 cm] long.

Notes

1. Scrubby is made in 3 pieces: Two pads and one strap.
2. Both pads are worked in joined rounds. The strap is worked back and forth in rows.
3. To change color, work last stitch of old color to last yarn over. Yarn over with new color and draw through all loops on hook to complete stitch. Proceed with new color. Cut old color.
4. To minimize weaving in ends, draw ends to wrong side of pads and encase between pads as joining round progresses.
5. Yarn quantities are sufficient to make 2 scrubbies, one using **A** as main color and **C** as edging and strap color and a 2nd using **B** as main color and **C** as edging and strap color.

SCRUBBY (make 2: 1 each with A & C and B & C)

First Pad

With first color, ch 2 loosely.

Round 1 (wrong side): (3 sc, 3 hdc, 3 sc, 3 hdc) in 2nd ch from hook; join with slip st in first sc, turn—6 sc and 6 hdc.

Round 2 (right side): Ch 2 (counts as first hdc here and throughout), hdc in first hdc, 2 hdc in each of next 2 hdc, sc in next 3 sc, 2 hdc in each of next 3 hdc, sc in last 3 sc; join with slip st in top of beginning ch, turn—6 sc and 12 hdc.

Round 3: Ch 1, sc in first sc, sc in next 2 sts, *2 dc in each of next 2 sts, dc in next 2 sts, 2 dc in each of next 2 sts*, sc in next 3 sts; repeat from * to * once; join with slip st in first sc, turn—6 sc and 20 dc.

Round 4: Ch 2, hdc in first dc, 2 hdc in next 9 sts, sc in next 3 sts, 2 hdc in next 10 sts, sc in last 3 sts; join with slip st in top of beginning ch, turn—6 sc and 40 hdc.

Fasten off.

Second Pad

Work same as first pad; at end of Round 4, change to **C**, do not turn or fasten off.

Joining Round (right side): Hold both pads with wrong sides together and sts matching, working through both thicknesses, ch 1, sc in each st around; join with slip st in first sc, turn. Do not fasten off.

Hand Strap

Row 1: Ch 1, hdc in first 3 sc; leave remaining sts unworked, turn—3 hdc.

Row 2: Ch 1, hdc in each st across, turn. Repeat Row 2 until strap fits snugly but comfortably across back of hand.

Last Row: Match sts in last row of strap to 3 sts of Joining Round on opposite side of pads (these Joining Round sts were worked into sc sts of Round 4 of pads); working through both thicknesses, slip st in the 3 sts. Fasten off.

FINISHING

Weave in ends.

continued...



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ABBREVIATIONS

A, B, and C = Color **A**, Color **B**, and Color **C**; **ch** = chain; **dc** = double crochet; **hdc** = half double crochet; **sc** = single crochet; **st(s)** = stitch(es); **()** = work directions in parentheses into same st; * = repeat whatever follows the * as indicated.

