



Bamboo Wool Vest

Designed by Doris Chan.

Directions are for Size XS; changes for sizes S, M, L, XL, 2XL, and 3XL are in parentheses.

Finished Bust: 34 (37, 40, 43, 46, 50, 53)".

Length: 27 (27 1/2, 28 1/2, 29, 29, 29 1/2, 30)".

RED HEART® "Eco-Ways™ Bamboo Wool™": 10 (11, 11, 12, 13, 14, 15) Balls 3845 Twilight.

Crochet Hook: 6mm [US J-10].

Split ring stitch markers, long scraps of contrast yarn for markers, yarn needle.

GAUGES: In sc, Fhd or Leh, 11 sts = 4"; 5 rows = 3". In sc2bl ribbing, 14 sts = 5"; 10 rows = 4" (ribbing will stretch longer and skinny out in width); One motif = 5" square. **CHECK YOUR GAUGES. Use any size hook to obtain the gauges.**

SPECIAL ABBREVIATIONS:

Fhd (foundation half-double crochet): *This technique creates a foundation chain and a row of hdc in one. Technically, this could be considered a stacked extended half-double crochet.*

Ch 3, insert hook in 2nd ch from hook, yo and draw up a loop, insert hook in 3rd ch from hook, yo and draw up a loop, yo and draw through one loop on hook ("ch" of foundation made), yo and draw through 3 loops on hook ("hdc" made); * yo, insert hook into the "ch" at the base of previous stitch (inserting into the face of the chain and under the back nub, under two strands each time), yo and draw up a loop, yo and draw through one loop on hook, yo and draw through 3 loops on hook; repeat from * for length of foundation.

To add stitches with Fhd = yo, insert hook under one forward strand at the base of previous stitch as if to Leh, yo and draw up a loop, yo and draw through one loop on hook, yo and draw through 3 loops on hook; work same as from * of Fhd for number of stitches needed.

Linked Stitches: *Linking taller stitches lets you make fabric that is less open without becoming more dense. You do not yarn over to begin a tall stitch, you draw up loops through strands of the stem of the previous stitch, linking the new stitch to the last one and to the row below.*

Leh (linked extended half-double crochet) = Insert hook under one forward strand at the base of previous stitch, yo and draw up a loop, insert hook in next stitch, yo and draw up a loop, yo and draw through one loop on hook, yo and draw through 3 loops on hook.

Beg-eh (beginning extended half-double crochet): *This creates a proper stitch at the beginning of each row of linked pattern. The ch 3 does NOT count as a stitch.*

Ch 3, insert hook under one strand in 2nd ch from hook, yo and draw up a loop, insert hook in first stitch, yo and draw up a loop, yo and draw through one loop on hook, yo and draw through 3 loops on hook.



Ldc (linked double crochet) = Insert hook under one forward strand at the base of previous stitch, yo and draw up a loop, insert hook in next stitch, yo and draw up a loop, [yo and draw through 2 loops on hook] twice.

Beg-dc (beginning double crochet) = Ch 3, insert hook under one strand in 2nd ch from hook, yo and draw up a loop, insert hook in first stitch, yo and draw up a loop, [yo and draw through 2 loops on hook] twice.

To work in Linked Stitch Pattern even with no increases:

PATTERN A: Beg-eh in first st, Leh in each st across; turn.

To increase at both ends of row:

PATTERN B: (Beg-eh, Leh) all in first st, Leh in each st across to last st; 2 Leh in last st; turn – 2 more sts in row.

To increase at the beginning of a row:

PATTERN C: (Beg-eh, Leh) all in first st, Leh in each st across; turn – one more st in row.

To increase at the end of a row:

PATTERN D: Beg-eh in first st, Leh in each st across to last st; 2 Leh in last st; turn – one more st in row.

Fp sl st (Front post slip stitch): *To create a fold line and keep the collar turned to the outside of the vest, the ribbing is connected to the neck edge of the vest by working around the front post of the sc edging.*

When completing a row that ends at the neck edge, * insert hook from front to back into top loops of same sc of neck edge as you ended the slip st of previous row, then go from back to front up through the top loops of next sc going around the stem of the sc (front post), make slip st; repeat from * for second Fp sl st of pattern.

sctbl = sc in back loops.

POCKETS

Motif (Make 8)-Rnd 1: Ch 4, join with a slip st in first ch to form a ring; ch 3, 2 dc in ring, [ch 2, 3 dc in ring] 3 times, ch 1, sc in 3rd ch of beginning ch to join and form last ch-2 space.

Rnd 2: Ch 1, [sc in space, skip next dc, (3 dc, ch 2, 3 dc) all in next dc, skip next dc] 4 times; join with a slip st in first sc.

Rnd 3: Ch 4, 2 tr in first sc, * ch 2, sc in next ch-2 space, ch 2 **, (3 tr, ch 3, 3 tr) in next sc; repeat from * around, end at **; 3 tr in same sc as beginning; ch 1, hdc in top of ch-4 to join and form last ch-3 space.

Rnd 4: Ch 1, 2 sc over hdc, * sc in next 3 tr, 2 sc in next ch-2 space, sc in next sc, 2 sc in next ch-2 space, sc in next 3 tr **, 3 sc in next ch-3 corner space; repeat from * around, end at **; sc in same corner ch-space as

beginning; join in first sc – 56 sc. Fasten off. Mark the middle sc at each corner. Weave ends.

For each pocket, sew 4 motifs into a big square, matching marked corner sc and matching 13 sc between corners. Weave in ends.

VEST

Back-Row 1 (Right Side): Beginning at the neck and work down, Fhd 36 (38, 40, 42, 44, 44, 46); turn foundation over so hdc edge is on top, begin work across hdc edge.

Rows 2-7: Work PATTERN A for 6 rows – 36 (38, 40, 42, 44, 44, 46) sts.

Fit Tip: To lengthen or shorten bodice, add or omit repeats of PATTERN A here before shaping armholes.

Rows 8-10 (8-11, 8-12, 8-13, 8-13, 8-14, 8-15): Work PATTERN A, then work PATTERN B 2 (3, 4, 5, 5, 7, 8) rows – 40 (44, 48, 52, 54, 58, 62) sts. Fasten off.

Right Front: With right side of back facing, join yarn with a slip st in first ch of foundation, working from armhole edge toward front neck edge.

Row 1 (Right Side): Beg-eh in same first st, Leh in next 8 (9, 10, 11, 11, 11, 12) sts, Ldc in next 2 sts; turn – 11 (12, 13, 14, 14, 14, 15) sts.

Row 2: Beg-dc in first st, Ldc in next st, Leh in next 9 (10, 11, 12, 12, 12, 13) sts; turn – 11 (12, 13, 14, 14, 14, 15) sts.

Rows 3-9: Work PATTERN A for 7 rows, ending at neck edge.

Fit Tip: If you altered the bodice length at the back by adding or omitting rows, remember to do the same to the fronts here.

Shape armhole in same manner as back, at the same time shape front neck edge every other row according to your size.

Size XS Rows 10-12: Work PATTERN C for 2 rows, then PATTERN B – 15 sts. Fasten off at armhole edge.

Size S Rows 10-13: Work PATTERN A once more, then PATTERN B, PATTERN D, then PATTERN B; put last loop on hold at front edge – 17 sts.

Size M Rows 10-14: Work PATTERN A once more, then [PATTERN C, PATTERN B] twice – 19 sts. Fasten off at armhole edge.

Size L Rows 10-15: Work PATTERN A once more, then PATTERN C, [PATTERN D, PATTERN B] twice; put last loop on hold at front edge – 21 sts.

Size XL Rows 10-15: Work PATTERN A once more, then [PATTERN B, PATTERN D] twice, PATTERN B once more; put last loop on hold at front edge – 22 sts.



Size 2XL Rows 10-16: Work PATTERN D, [PATTERN C, PATTERN B] 3 times – 24 sts. Fasten off at armhole edge.

Size 3XL Rows 10-17: Work PATTERN D, PATTERN C, then [PATTERN D, PATTERN B] 3 times; put last loop on hold at front edge – 26 sts.

Left Front: With right side facing, skip next 14 (14, 14, 14, 16, 16, 16) ch of back neck foundation, join yarn with slip st in next ch, now working toward armhole edge, reversing shaping.

Row 1: Same as right front Row 2 – 11 (12, 13, 14, 14, 14, 15) sts.

Row 2: Same as right front Row 1.

Rows 3-9: Work PATTERN A for 7 rows, ending at armhole edge.

Size XS Rows 10-12: Work PATTERN D for 2 rows, then PATTERN B, ending at neck edge, continue to join row – 15 sts.

Size S Rows 10-13: Work PATTERN A once more, then PATTERN B, PATTERN C, then PATTERN B – 17 sts. Fasten off at armhole edge.

Size M Rows 10-14: Work PATTERN A once more, then [PATTERN D, PATTERN B] twice, ending at neck edge, continue to join row – 19 sts.

Size L Rows 10-15: Work PATTERN A once more, then PATTERN D, [PATTERN C, PATTERN B] twice – 21 sts. Fasten off at armhole edge.

Size XL Rows 10-15: Work PATTERN A once more, then [PATTERN B, PATTERN C] twice, PATTERN B – 22 sts. Fasten off at armhole edge.

Size 2XL Rows 10-16: Work PATTERN C, [PATTERN D, PATTERN B] 3 times, ending at neck edge, continue to join row – 24 sts.

Size 3XL Rows 10-17: Work PATTERN C, PATTERN D, then [PATTERN C, PATTERN B] 3 times – 26 sts. Fasten off at armhole edge.

Join Underarms: *Connect fronts and back into one continuous row with additional stitches at each underarm. Begin at neck edge; Sizes XS, M, 2XL continue with last loop; Sizes S, L, XL, 3XL pick up loop on hold from first front.*

Join Row: Beg-eh in first st, Leh in each st across to last st of front, * 2 Leh in last st, Fhd 5 (5, 5, 5, 5, 7, 8, 9) for underarm, insert hook into “ch” of previous Fhd, yo and draw up a loop *, insert hook in first st of back, yo and draw up a loop, complete Leh, Leh again in same st, Leh in each st across to last st of back; repeat from * to * for other underarm; then insert hook in first st of other front, yo and draw up a loop, complete Leh, Leh again in same st, Leh in each st to end; turn – 84 (92, 100, 108, 116, 126, 136) sts.

Body: *No matter what went before, wrong side now facing. Continue to shape front neck edges every other row for 4 more times.*

Row 1 (Wrong Side): Work PATTERN B – 86 (94, 102, 110, 118, 128, 138) sts.

Rows 2-7: Work [PATTERN A, PATTERN B] 3 times – 92 (100, 108, 116, 124, 134, 144) sts.

Tip: Because the vest body is seamless, it will be difficult to position the pockets and sew a straight seam. To make this easier, anchor a long length of yarn in the 27th stitch of each front, wrap markers up as you go.

Rows 8-29: Work PATTERN A even for 22 more rows, or for length desired, end by working a wrong side row; turn.

Body Edging: *The exact number of sc is not critical. Mark the middle sc at each corner and move markers up as you go into the middle sc.*

Rnd 1 (Right Side): Ch 1, sc in first st, sc in each st across body to last st, 3 sc in last st for corner, mark middle sc of corner, skip row edge of same st, sc up right front by [sc in next row edge, 2 sc in next row edge], make 2 sc in each of last 2 row edges before back neck foundation, sc in each of next 14 (14, 14, 14, 16, 16, 16) ch of foundation, 2 sc in each of next 2 row edges of left front, sc down left front by [sc in next row edge, 2 sc in next row edge], skip last row edge, 2 sc in same st as beginning to complete corner; mark last sc just made for middle of corner; join with slip st in first sc; TURN.

Rnd 2: Ch 1, 3 sc in marked corner sc, sc in each sc around, making 3 sc in next marked corner sc; join. Fasten off.

From one lower corner marker, skip corner sc, skip next 28 sc of lower edge, mark next sc. From same marker, skip same corner sc, skip next 28 sc of front edge, mark next sc. Do the same from other lower corner marker.

Attach Pockets: *NOTE: Two 10” square pockets are wider than the fronts in sizes XS and S, so they will wrap around slightly toward the back.*

With right sides of vest and pockets up, position one pocket on bottom of each front, matching markers, matching sc from marker to marker at front edge and at lower edge. Pin pockets in place.

Finishing Rnd: With right side facing, join yarn in center sc at lower back; ch 1, sc in each sc across bottom to pocket marker, * at pocket, working vest and pocket edges through both thicknesses, sc in next 29 sc, 3 sc in next marked corner sc, sc in next 29 sc *, sc in each sc of vest around to next pocket marker at left front; repeat from * to * around pocket, sc in each sc to end of rnd; join. Fasten off.



BAMBOO WOOL VEST | CROCHET

With yarn needle, back stitch side of pockets to vest body along the markers you wrapped at the 27th stitch from front edge, keeping upper edge of pocket free and level across body. Weave in ends.

Armhole Edging: With right side facing, join yarn in 3rd (3rd, 3rd, 3rd, 4th, 4th, 5th) ch at center of one underarm foundation.

Rnd 1: Ch 1, sc in same ch, sc in next 2 (2, 2, 2, 3, 3, 4) ch, sc evenly around armhole by [2 sc in next row edge, sc in next row edge] around, end with sc in last 2 (2, 2, 2, 3, 4, 4) remaining ch of underarm; join; TURN – 41 (44, 47, 50, 52, 56, 60) sc.

Rnd 2: Ch 1, sc in each sc around; join; TURN.

Rnd 3: Repeat Rnd 2. Fasten off.

Repeat on remaining armhole.

Collar:

Going from left pocket to right pocket, make a collar in sctbl ribbing worked sideways on the sc edging between pockets.

Begin at left pocket, with right side facing join yarn in first sc to the left of the upper edge seam.

Row 1 (Right Side): Ch 1, sc in same sc, sc in each of next 13 sc; now working sideways into the sc of front edge, Fp sl st in adjoining sc of front edge, Fp sl st in next sc of front edge; turn – 14 sc.

Row 2: Skip the 2 slip sts, sctbl in next 14 sc; turn.

Row 3: Ch 1, sctbl in next 14 sc, Fp sl st in next 2 sc of front edge; turn.

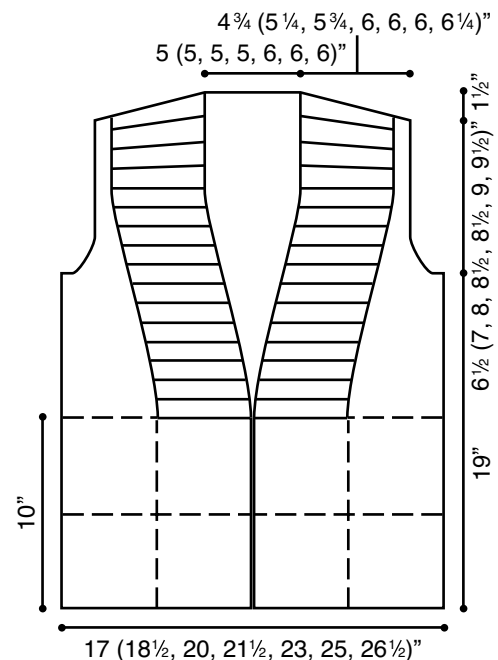
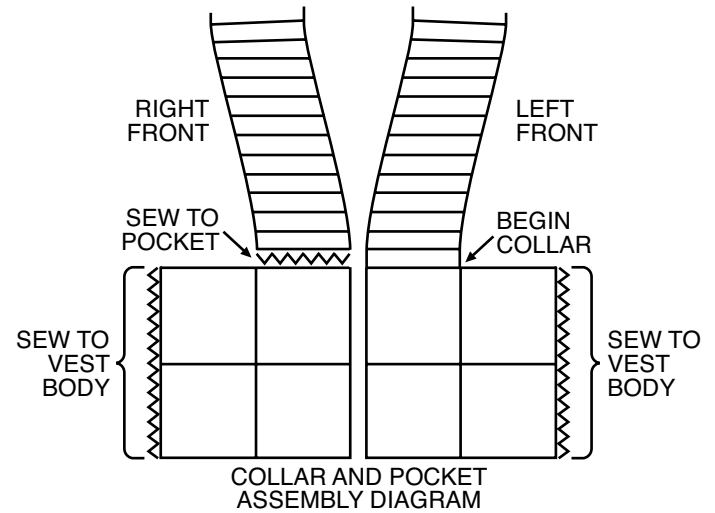
Repeat Rows 2 and 3 around all sc of front edge to other pocket.

When you get to the other pocket, if you get to the end of the last repeat of Row 3 and there is only one sc before you hit the pocket, then end with Fp sl st in last sc before marker; fasten off leaving a long tail for sewing.

If you get to the end of the last repeat of Row 3 and there are two sc before you hit the pocket, then finish Row 3 and repeat Row 2 once more; fasten off leaving a long tail for sewing.

Sew 14 sc of collar to 14 sc of pocket. Weave in ends.

ABBREVIATIONS: ch = chain; dc = double crochet; hdc = half double crochet; mm = millimeters; rnd = round; sc = single crochet; st(s) = stitch (es); tbl = through back loop; tr = treble crochet; yo = yarn over; * or ** = repeat whatever follows the * or ** as indicated; [] = work directions in brackets the number of times specified.



RED HEART® "Eco-Ways™ Bamboo Wool™", Art. Art. 754 available in 1.76 oz (50g), 87 yd (80m) balls.