



CROCHET  
SKILL LEVEL  
EASY



Designed by Rohn Strong

## What you will need:

**RED HEART® Heart & Sole®:**  
1 ball 3935 Lakehouse

**Susan Bates® Crochet Hook:**  
2.75 mm [US C-2]

Split-ring stitch markers, yarn  
needle

**GAUGE:** 28 sts = 4" [10 cm];  
24 rounds = 4" [10 cm] in  
extended single crochet,  
blocked. **CHECK YOUR  
GAUGE. Use any size hook to  
obtain the gauge.**



**RED HEART® Heart  
& Sole®, Art. E840**  
available in solid  
color and multicolor 1.76 oz  
(50 g), 187 yd (171 m) balls

# Surf and Sand Socks

Crochet these socks at the beach, and keep  
your memories and toes warm this winter.  
Socks are a great year-round project, and  
they travel well, too.

**Directions are for size Small; changes  
for sizes Medium and Large are in  
parentheses.**

**Sock fits women's shoe sizes 6-7  
(8-9, 9-10).**

## Finished Size

**Foot Circumference:** 7" (7½", 8½") [18  
(19, 21.5) cm]

**Leg Length:** 5" (12.5 cm)

## SPECIAL ABBREVIATIONS

**exsc (extended single crochet):** Insert  
hook into st, pull up a loop, yarn over  
hook, pull through 1 loop on hook, yarn  
over hook, pull through 2 loops on hook.

**BPsc (back post single crochet):** Insert  
hook from back to front through work,  
so that the post you want to crochet  
around is behind your hook. Yarn over  
and pull through the stitch, then yarn  
over and pull through two loops.

**FPsc (front post single crochet):** Insert  
hook from front to back through work,  
so that the post you want to crochet  
around is in front of your hook. Yarn  
over and pull through the stitch, then  
yarn over and pull through two loops.

## SOCK (Make 2)

### Cuff (Worked vertically in rows)

Ch 19.

**Row 1:** (Right Side) Sc in 2nd ch from  
hook and each ch across, turn - 18 sts.

**Row 2:** Ch 1, sc in the back loop only of  
each st across, turn.

**Row 3:** Ch 1, sc in each sc across, turn.  
Repeat Rows 2-3 until there are 48 (52,  
60) rows, ending after completing Row  
2. **DO NOT TURN.**

With yarn needle, join cuff using  
mattress st.

## Leg

Begin working in rounds.

**Round 1:** Sc 48 (52, 60) sts evenly  
around edge of cuff; join with slip st to  
first st. Mark beginning of round with a  
st marker; move marker up each round.

**Round 2:** Ch 4 (counts as 1st dc here),  
dc in each ch across, join with a sl st to  
first st.

**Round 3:** Ch 1, sc in 1st dc (top of t-ch  
from previous row), \*BPsc in next st,  
FPsc in next st; repeat from \* across;  
join with a slip st to first st.

**Round 4:** Ch 4 (counts as 1 dc), dc in  
each sc across; join with a slip st to  
first st.

**Round 5:** Ch 1, sc in 1st dc, \*FPsc in next  
st, BPsc in next st; repeat from \* across;  
join with a slip st to first st.

**Round 6:** Repeat Round 4.  
Repeat Rounds 3-6 until leg measures 5"  
(12.5 cm) or desired length.

## Heel

**Round 1:** Exsc in each st across 24 (26,  
30) sts, work in established Leg pattern  
across remaining instep sts; join with a  
slip st to first st, ch 2 - 24 (26, 30) heel  
sts, 24 (26, 30) instep sts.

**Round 2:** 2 exsc in next st, exsc in  
each st to last st, 2 exsc in last st, work  
in established Leg pattern across  
remaining instep sts; join with a slip st  
to first st, ch 1 - 26 (28, 32) heel sts, 24  
(26, 30) instep sts.  
Repeat Round 2 until there are 44 (50,  
52) heel sts.

continued...



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SHOP KIT

## Heel Turn

Begin working in rows.

**Row 1:** (Right Side) Sc in each of the first 22 (24, 26) sts, sc2tog, sc in next st; turn, leaving remaining sts unworked – 24 (26, 28) heel sts.

**Row 2:** Ch 1, sc in each of the first 4 sts, sc2tog, sc in next st; turn, leaving remaining sts unworked – 6 heel sts.

**Row 3:** Ch 1, sc in each of the first 5 sts, sc2tog, sc in next st; turn, leaving remaining sts unworked – 7 heel sts.

**Row 4:** Ch 1, sc in each of the next 6 sts, sc2tog, sc in next st; turn, leaving remaining sts unworked – 8 heel sts. Continue as established, working 1 additional st each row until all heel sts are worked and ending after working a Right Side row – 48, (52, 60) sts.

## Foot

**Round 1:** Work in established Leg pattern across 24 (26, 30) instep sts, exsc in 24 (26, 30) sc across bottom of foot; join with slip st to first st, ch 1. Mark beginning of round with a st marker; move marker up each round. Repeat Round 1 until foot is 2" (5 cm) less than desired foot length from back of heel.

## Toe

**Round 1 (dec):** Ch 1, [sc in first st, sc2tog, sc in each of next 19 (21, 25) sts, sc2tog] twice; join with a slip st to first st – 44 (48, 56) sts.

**Round 2:** Ch 1, sc in each st around, join with a slip st to first st.

**Round 3 (dec):** Ch 1, [sc in first st, sc2tog, sc in each of next 17 (19, 23) sts, sc2tog] twice; join with a slip st to first st – 40 (44, 52) sts.

**Round 4:** Ch 1, sc in each st around, join with a slip st to first st.

**Round 5 (dec):** Ch 1, [sc in first st, sc2tog, sc in each of next 15 (17, 21) sts, sc2tog] twice; join with a slip st to first st – 36 (40, 48) sts.

**Round 6:** Ch 1, sc in each st around, join with a slip st to first st.

**Round 7 (dec):** Ch 1, [sc in first st, sc2tog, sc in each of next 13 (15, 19) sts, sc2tog] twice; join with a slip st to first st – 32 (36, 44) sts.

**Round 8:** Ch 1, sc in each st around; join with a slip st to first st. Continue in pattern as established, dec'ing 4 sts every other round until 24 sts remain. Then dec in same manner every round until 16 sts remain. Fasten off.

## FINISHING

Turn sock to Wrong Side. With yarn needle, seam toe.

Weave in all ends. Wash and lay flat to block.

## ABBREVIATIONS

**ch** = chain; **dc** = double crochet; **dec** = decrease; **mm** = millimeters; **sc** = single crochet; **st(s)** = stitch(es); \* = repeat whatever follows the \* as indicated; [ ] = work directions in brackets the number of times specified.

