



SIZES

Finished foot length:

Small 10" [25.5 Cm]

Medium 11" [28 cm]

Large 12" [30.5 Cm]

GAUGE

30 sts and 40 rows = 4" [10 cm]
in stocking st.

INSTRUCTIONS

Cast on 64 sts loosely. Divide into (20, 24, 20) sts on 3 needles.

Join in rnd, placing a marker on first st. Work 1½" [4 cm] in (K2, P2) ribbing, inc 2 sts evenly across last rnd. 66 sts.

Next 3 rnds: Purl.

Proceed in XO pat as follows:

1st rnd: *P4, M1. Knit into front, back and front of next st (3 sts made from 1 st). M1, P5, K1, M1, P4, M1P, P3, M1, K1, P3. Rep from * twice more. 87 sts.

2nd rnd: *P4, K2, P1, K2, P5, K2, P8, K2, P3. Rep from * twice more.

3rd rnd: *P2, T4B, P1, T4F, P3, T4F, P4, T4B, P3. Rep from * twice more.

4th rnd: *P2, K2, P5, K2, P5, K2, P4, K2, P5. Rep from * twice more.

5th rnd: *P1, T3B, P5, T3F, P4, T4F, T4B, P5. Rep from * twice more.

6th rnd: *P1, K2, P7, K2, P6, K4, P7. Rep from * twice more.

7th rnd: *P1, K2, P7, K2, P6, C4F, P7. Rep from * twice more.

8th rnd: As 6th rnd.

9th rnd: *P1, T3F, P5, T3B, P4, T4B, T4F, P5. Rep from * twice more.

10th rnd: As 4th rnd.

11th rnd: *P2, T4F, P1, T4B, P3, T4B, P4, T4F, P3. Rep from * twice more.

12th rnd: As 2nd rnd.

13th rnd: *P4, Sl1, K3tog. Slip st just made back onto left-hand needle. Knit this st tog with next st on left-hand needle. Pass original slip st over last st made (4 sts dec). P5, K2tog, P3, P2tog, P3, K2tog, P3. Rep from * twice more. 66 sts.

14th rnd: Purl.

15th rnd: *P5, M1P, P6. Rep from * around. 72 sts divided as (24, 24, 24) sts on 3 needles.

Proceed in Cable Pat as follows:

1st to 3rd rnds: *P2, K4. Rep from * around.

4th rnd: *P2, C4F, P2, K4. Rep from * around.

5th to 7th rnds: *P2, K4. Rep from * around.

MATERIALS

Patons® Kroy™ (1.75 oz/50 g; 166 yds/152 m)

Sizes	S	M	L
(55011 Flax)	2	3	3 balls

Set of four size U.S. 2 (2.75 mm) double-pointed knitting needles **or size needed to obtain gauge.** Cable needle.



8th rnd: *P2. K4. P2. C4F. Rep from * around.

Rep last 8 rnds for Cable Pat until work from beg measures approx 8" [20.5 cm], ending on a 3rd or 7th rnd of pat.

Slip last 6 sts from 1st needle onto beg of 2nd needle. Slip first 8 sts from 3rd needle onto end of 2nd needle. Sts are now divided as (18, 38, 16) sts.

Next rnd: **1st needle:** P2. (K1. K2tog. K1. P2tog) twice. K1. K2tog. K1. **2nd needle:** Work in cable pat. **3rd needle:** (K1. K2tog. K1. P2tog) twice. K1. K2tog. K1. 62 sts now divided as (13, 38, 11) sts.

Arrange heel sts: Slip 11 sts from 3rd needle onto 1st needle for heel. 24 heel sts. Divide rem 38 sts onto 2 needles and leave for instep.

Make heel: 1st row: (RS). *Sl1. K1. Rep from * to end of row.

2nd row: Sl1. Purl to end of row. Rep last 2 rows for 2½" [6 cm], ending on a RS row.

Shape heel: 1st row: (WS). P12. P2tog. P1. Turn.

2nd row: K3. ssk. K1. Turn.

3rd row: P4. P2tog. P1. Turn.

4th row: K5. ssk. K1. Turn.

5th row: P6. P2tog. P1. Turn.

6th row: K7. ssk. K1. Turn.

7th row: P8. P2tog. P1. Turn.

8th row: K9. ssk. K1. Turn.

9th row: P10. P2tog. P1. Turn.

10th row: K11. ssk. K1. Turn.

11th row: P12. P2tog.

12th row: Knit. 13 sts.

Shape instep: With RS facing and 1st needle, pick up and knit 16 sts along left side of heel. With 2nd needle, pat across 38 sts for instep. With 3rd needle, pick up and knit 16 sts along right side of heel, then knit first 7 sts from heel onto end of 3rd needle. Slip rem 6 sts from heel onto beg of 1st needle. 83 sts are now divided as (22, 38, 23) sts.

1st rnd: **1st needle:** Knit to last 4 sts. K2tog. K2. **2nd needle:** Pat across 38 sts. **3rd needle:** K2. ssk. Knit to end of needle.

2nd rnd: **1st needle:** Knit. **2nd needle:** Pat across 38 sts. **3rd needle:** Knit.

Rep last 2 rnds until there are 65 sts divided as (13, 38, 14) sts.

Keeping 2nd needle in Cable Pat, work even until foot from picked up sts at heel measures approx 6½ (7½-8½)" [16.5 (19-21.5) cm] ending on a 3rd or 7th rnd of Cable Pat.

Next rnd: **1st needle:** Knit. **2nd needle:** K2. (K2tog. K2) 9 times. **3rd needle:** Knit. 56 sts.

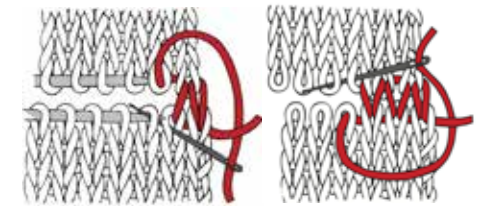
Rearrange sts as follows: Slip first st from 2nd needle onto end of 1st needle. Sts are now divided as (14, 28, 14) sts.

Shape toe: 1st rnd: **1st needle:** Knit to last 4 sts. K2tog. K2.

2nd needle: K2. ssk. Knit to last 4 sts. K2tog. K2. **3rd needle:** K2. ssk. Knit to end of needle.

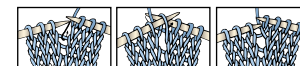
2nd rnd: Knit. Rep last 2 rnds until there are 16 sts divided as (4, 8, 4) sts. Graft 2 sets of 8 sts tog.

Grafting



ABBREVIATIONS: www.yarnspirations.com/abbreviations

Beg = Beginning
C4F = Slip next 2 stitches onto cable needle and leave at front of work. K2, then K2 from cable needle.
Dec = Decrease(ing)
Inc = Increase 1 stitch by knitting into front and back of next stitch
K = Knit
K2(3)tog = Knit next 2(3) stitches together
M1 = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop



MIP = Make 1 stitch by picking up horizontal loop lying before next stitch and purling into back of loop.
P = Purl
P2tog = Purl next 2 stitches together
Pat = Pattern
RS = Right side
Rep = Repeat
Rem = Remaining
Rnd(s) = Round(s)
Sl1 = Slip next stitch knitwise
SSk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops

together.
St(s) = Stitch(es)
Tog = Together
T3B = Slip next stitch onto cable needle and leave at back of work. K2, then P1 from cable needle.
T3F = Slip next 2 stitches onto cable needle and leave at front of work. P1, then K2 from cable needle.
T4B = Slip next 2 stitches onto cable needle and leave at back of work. K2, then P2 from cable needle.
T4F = Slip next 2 stitches onto cable needle and leave at front of work. P2, then K2 from cable needle.