



Technique:	Machine Appliqué
Designed By:	Karen Schaphorst
Skill Level:	Intermediate
Crafting Time:	An evening
Finished size:	18" x 18" (45.72cm x 45.72cm)

Featuring Coats Dual Duty XP®

Decorative coastal themed toss pillows are the perfect accent for any beach house, sofa, or bed in any room. Great design for indoor or out. Reflect your personal style and wonders of the sea with these appliquéd designs.

Supplies

- Coats Dual Duty XP® all-purpose thread, to match fabrics, 4480 Caspian Sea, 5520 Aqueous, 5550 Mist Aqua

Fabric*:

- ¼ yd. (.16m) Bay Blue Sateen
- ¼ yd. (.16m) Peacock Sateen
- ½ yd. (.46m) Cobalt Sateen (includes welting)
- ¾ yd (.69m) Cream Sateen (front & back)

*We used FreeSpirit Designer Essentials Sateens.

Additional Requirements

- 1 yd. (.9m) - Paper backed fusible web
- Tear-away fabric stabilizer
- 80" (203cm) of ¼" (.6cm) filler cord
- 18" (46cm) pillow insert
- Sewing machine
- Basic sewing supplies
- Iron, ironing board

Cutting Requirements

1. For starfish pattern, use on-line clip art and size it up or down to create various sizes for your appliqué. We used five fish sizes ranging from 4" to 7" (10cm to 18cm).

<http://justpaintitblog.com/2013/07/seashell-and-starfish-pattern-printables-2/>

Using the starfish patterns, trace images directly on to paper-backed fusible web with a pencil. Fuse onto wrong side of fabric using a dry iron and following manufacturer's directions. Cut out each starfish design from fabric.

2. Cut two 19" (48.25cm) for front and back.

Sewing Directions

Note: Seam allowances are ½" (1.3cm)

Appliqué starfish

1. Place starfish onto right side of pillow front arranging as desired making sure to leave 1" (2.5cm) border around the edges. Remove paper backing and fuse in place



TIP: Before appliquéing it is a good idea to do a test piece before stitching onto pillow. Determine stitch length and width. We used 1.5mm length and .6mm width. Before stitching, place tear-away stabilizer underneath pillow front fabric.

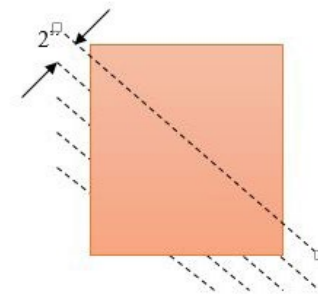
- The length and width of your stitches is totally a personal preference.
2. Sew around the outline of your design, covering all of the cut edges. Do not back stitch at the end. Tie off the threads at your ending point by pulling threads to the back. Do this by threading a needle and pulling them through.

When appliquéing a corner: sew to the end, leave the needle in the project, and turn the pillow front. Sew over my last stitch or two for a neat finish.

When sewing curves: it's best to keep the image straight in the presser foot to avoid slanted stitches. Raise the foot, with the needle in the down position shift fabric and stitch a few stitches. Keep lifting and turning as you sew around the curves.

Welting

1. To make and apply welting, cut 80" (203cm) of 2" (5.1cm) bias strips from welting fabric as shown below



2. Sew the 2" (5.1cm) strips into one long strip. Fold the fabric strip around the filler cord, wrong sides together, matching cut edges.
3. Using a zipper foot, stitch as close to the cording as possible. It is important to keep the raw edges of the fabrics together as you sew. This will enclose the cord in the fabric.
4. Pin the welting to pillow front matching the cut edges. Clip welting to ease around the corners. Using a zipper foot, stitch welting to pillow over previous stitching beginning 2" (5.1cm) from the welting end. Stop stitching 2" (5.1cm) from where the ends will meet. Open out stitching on welt and cut off the filler cord so it lines up with the beginning of the welting.

STARFISH PILLOW | SEWING

5. Fold under the end of the welting fabric and wrap it around the beginning. Finish stitching welting to pillow front.

Pillow front and back

1. To make pillow, with right side together, pin front to back. Stitch leaving an opening large enough for turning and inserting the pillow form. Trim across corners.
2. Turn pillow right side out. Insert pillow form.
3. Slip-stitch opening closed.

