



MATERIALS

Coats & Clark™ Dual Duty XP® All-purpose Thread

Sweater*

⅓ yd (30.48cm) lightweight fleece, for lining

**Choose a sweater with ribbing at the waistline to form the mitten cuffs. The sweater needs to be large enough to cut two mitt pieces from the front and two from the back. Ribbed sleeves can also be used.*



SEWING, REPURPOSING | SKILL LEVEL: **BEGINNER**

Featuring Coats & Clark™ Dual Duty XP® All-purpose Thread

Repurpose a colorful sweater into these warm fleece-lined mittens. Go bold like the featured mitts or more subtle—your choice. Shop a thrift store or your closet.

MEASUREMENTS

Custom

MAKING THE PATTERN

Place piece of paper on your tabletop and place one hand on it so that the lower edge of the paper is at the wrist joint. Slightly spread your fingers. Trace around your hand shape about 1" (2.54cm) outside the fingers and thumb. Smooth the curves of the mitten shape and add ¼" (64cm) around the outer edge for seams (excluding the lower wrist edge). Cut out the pattern.

Tip: If your sweater is more than 75% wool, consider washing and drying it to felt the fibers, making denser (and warmer) mittens.

CUTTING



From the sweater:

Lay the sweater out flat on the table top and cut up the side seams. If your sweater doesn't have any seams, cut up the sides. Place the mitten pattern on the sweater front, centering any design area as desired. The wrist edge should align with the TOP of the ribbing. Cut out the mitten shape. Turn the pattern over and repeat the cutting process for the second mitten front. In the same manner, cut two more mitten shapes from the sweater back.



Design Note: Some sweaters only have patterned fronts and not backs, in which case you can cut a right and left mitten front from the sweater front and the other halves from the solid back.

From the fleece, cut:

(2) pairs of mitten pattern shapes, cutting across the wrist pattern lower edge

Seam allowances are ¼" (.64cm).

ASSEMBLING THE MITTEN

1. With right sides together, pin a mitten front to a mitten back, matching the cut edges. Using a narrow, open zigzag stitch, sew around the mitten shape leaving the lower finished rib area open. Repeat for the second mitten.
2. Turn the mittens right side out and steam to shape. Depending on the sweater knit density, there may be some distortion, but steaming should return it to shape.
3. Repeat Step 1 for the fleece mitten liners, leaving the wrist area open.

FINISHING

1. With the mitten right side out and the lining wrong side out, slide each fleece mitt into the outer mitten, matching the thumb positioning.
2. Loosely hand-stitch the wrist area of the fleece just below the mitten ribbing. Before securing the threads, put your hand into the mitten to be sure the opening has enough flexibility without breaking the threads. Adjust the stitching if needed. Tie off the threads. Repeat for the second mitten.
3. Turn back the rib cuffs, if desired, or leave them extended for added warmth tucked into a coat sleeve.

