ZIP & TEXT MITTENS | SEWING



Project Number:	CS0082
Technique:	Sewing
Skill Level:	Easy
Crafting time:	Less than 1 hour

Have fun with our zippered mittens. They take less than an hour to make.

Materials

- Coats All-purpose Polyester Zipper- 14" or longer
- Dual Duty XP All-purpose Thread- 1 spool to match fleece and one for decorative stitching
- Fleece, 1/4 yard
- Elastic, 1/4" wide, 20-24"
- Optional: Tear-away stabilizer



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Instructions

- 1. Create pattern by starting 1" below your wrist bone and tracing loosely around your hand; thumb out and fingers slightly spread. Draw a line approximately 1" away from tracing, truing up the lines.
- 2. Using pattern, cut 4 mittens. It is best cut through two layers. If cutting four separately and the fleece has a definite wrong side, be sure to cut 2 right hands and 2 left hands.
- 3. Pin 2 mitten pieces, right sides together. Sew 3 inches from what would be the tip of the index finger, to the pivot point at the thumb.
- 4. Open mittens flat, right side facing up. Place the zipper across the front of the two pieces, right side up, with the bottom stop ½" from the cut edge on the thumb side and the other end of the zipper extending past the side of the mitten. (The zipper will be shortened later.) Be sure the zipper is straight across and just above the pivot point for the thumb.
- Thread top of machine with a contrasting thread color. Select a decorative stitch. Place stabilizer underneath zipper area if desired.
- 6. Stitch both sides of the zipper along the edge of the zipper tape. On the wrong side, carefully trim away fleece between the two rows of stitching.
- 7. Thread machine with matching thread. Sew one side seam from the pivot point at the thumb to the wrist on one side. Sew slowly around thumb, leaving needle down and pivoting fabric as needed.

- 8. Open mitten flat, wrong side up. Cut a piece of elastic 2" shorter than the width of both sides of the mitten. Pin the center point of the elastic to the seam and stretch the end to the cut edge. Set machine for a zig zag stitch. Stretching the elastic as you sew, sew the elastic across the mitten.
- Be sure the zipper slider is not past the cut edge of the fabric. Sew the remaining portion of the side seam. (Check the location of the bottom stop before sewing to be sure it isn't in the seam line.)
- 10. Cut off excess zipper tape and turn mitten to the right side. Repeat for second mitten.

