

## Coats \& Clark ${ }^{\text {TM }}$ Dual Duty XP ${ }^{\oplus}$ All-purpose thread

## Coats \& Clark ${ }^{\text {TM }}$ Machine Quilting thread

## Coats \& Clark ${ }^{\text {Tm }}$ Dual Duty Plus ${ }^{\circledR}$ Hand Quilting thread

Fabric required:
Each cardinal requires three different reds, A, B and C. Also needed are gold $D$ and gray $E$ for the beak.
$1 / 8$ yard (. 11 m ) of red fabric $A$
$1 / 8$ yard ( .11 m ) of red fabric $B$
$1 / 8$ yard ( .11 m ) of red fabric C
$1 / 8$ yard $(.11 \mathrm{~m})$ of gold fabric D $1 / 8$ yard $(.11 \mathrm{~m})$ of gray fabric E
$1 / 8$ yard $(.11 \mathrm{~m})$ of first border fabric
$1 / 8$ yard $(.11 \mathrm{~m})$ of first cornerstone fabric
$1 / 8$ yard ( .11 m ) of second border fabric $1 / 8$ yard ( .11 m ) of second cornerstone fabric
Scraps for the border
13/4 yard ( 1.60 m ) light, neutral fabric for background $F$ and backing $3 / 8$ yard (.34m) for binding Cotton batting 45 " X 45 " $115 \mathrm{~cm} \times$ 115 cm )
(4) large black beads for eyes

## 屋 SEWING । SKILL LEVEL: INTERMEDIATE

## Featuring Coats \& Clark ${ }^{T M}$ Dual Duty XP ${ }^{\circledR}$ All-purpose thread

Nothing says winter holidays quite like the majestic cardinal! This patchwork quilt captures its distinctive red color. Quilted by hand or machine, this 40 " 102 cm ) square size is perfect for a wall hanging, couch throw or table topper. Coats \& Clark ${ }^{\text {TM }}$ Hand Quilting thread creates hand stitches that accent the details of this quilt.

## MEASUREMENTS

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40" x 40" (102cm x 102cm)
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## CUT

Print the pattern pieces (pages 11-14). Each pattern piece is marked with the fabric letter it should be cut from. For fabrics A, B, C D and E, cut the fabric into fourths, measuring $41 / 2^{\prime \prime} \times 11^{\prime \prime}(11 \mathrm{~cm} \times 28 \mathrm{~cm})$. Stack the fabrics with the right side up. Then pin the pattern pieces on. This will result in four of each pattern piece.

## From fabric A:

Cut four each from pieces $11,16,17$ and 18.

## From fabric B:

Cut four each from pieces 21 and 8

## From fabric C:

Cut four each from pieces 5, 6 and 10

## From fabric D:

Cut four from piece 26

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## From fabric E:

Cut four from piece 14

## From background fabric:

Cut $1 / 2$ yard (.46m) of background fabric into four pieces $11^{\prime \prime} \times 18$ " $(28 \mathrm{~cm}$ $x 46 \mathrm{~cm}$ ). Stack them right side up. Pin on the pieces $1,2,3,4,7,9,13,15$, $19,22,23$, and 25 and cut them out.
28 squares $3^{\prime \prime} \times 3^{\prime \prime}(8 \mathrm{~cm} \times 8 \mathrm{~cm})$

## From assorted colors:

29 squares $3^{\prime \prime} \times 3^{\prime \prime}(8 \mathrm{~cm} \times 8 \mathrm{~cm})$

## From first border fabric:

Four strips $28^{\prime \prime} \times 3^{1 ⁄ 21}(71 \mathrm{~cm} \times 9 \mathrm{~cm})$

## From first cornersstone fabric:

Four squares $31 / 2^{\prime \prime} \times 31 ⁄ 22^{\prime \prime}(9 \mathrm{~cm} \times 9 \mathrm{~cm})$

## From second border fabric:

Four strips 34" x 3½" ( $86 \mathrm{~cm} \times 9 \mathrm{~cm}$ )
Four strips $23 / 4$ " 7 cm ) $x$ width of fabric for binding

## From second cornerstone fabric:

Four squares $31 / 2^{\prime \prime} \times 3122^{\prime \prime}(9 \mathrm{~cm} \times 9 \mathrm{~cm})$

## From the fabrics for backing:

One square 41 " $\times 41$ " $(104 \mathrm{~cm} \times 104 \mathrm{~cm})$

## Notes:

- All seams $1 / 4 / 1(.5 \mathrm{~cm})$.
- Press the seams open after each step. Note: Many quilters prefer to press the seams to the side. Either is correct, but you may find that you can be more precise if you press the seams open.


## SEWING

1. Thread with Coats \& Clark ${ }^{\text {TM }}$ Dual Duty $\mathrm{XP}^{\oplus}$ All-purpose or Coats \& Clark ${ }^{\text {TM }}$ Machine Quilting thread.
2. Preliminary piecing. Stitch ( 4 F to 5 C ), ( 7 F to 8 B ), ( 9 F to 10 C ), ( 18 A to $19 F$ ) and (21B to 22F).

3. Stitch $4 F / 5 \mathrm{C}$ to 6 C .

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4. Then add it to $3 F$

5. Next add 7F/8B to the ones just sewn.

6. Add 2 F to the group and then add 1 F .

7. Add $9 \mathrm{~F} / 10 \mathrm{C}$ to 11 A . Then add $18 \mathrm{~A} / 19 \mathrm{~F}$ to the other end of 11A.


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8. Stitch $21 \mathrm{~B} / 22 \mathrm{~F}$ to 23 F

9. Stitch a partial seam as shown joining $16 \mathrm{~A} / 17 \mathrm{~A}$ to $21 \mathrm{~B} / 22 \mathrm{~F} / 23 \mathrm{~F}$.

10. Add 15 F to $16 \mathrm{~A} / 17 \mathrm{~A} / 21 \mathrm{~B} / 22 \mathrm{~F} / 23 \mathrm{~F}$.


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11. Sew $1 F / 2 F / 3 F / 4 F / 5 C / 6 C / 7 F / 8 B$ to $15 F / 16 A / 17 A / 21 B / 22 F / 23 F$.

12. Add $9 \mathrm{~F} / 10 \mathrm{C} / 11 \mathrm{~A} / 18 \mathrm{~A} / 19 \mathrm{~F}$ to the pieced block.


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13. Finish sewing the seam we left partially sewn.

14. Add the final two strips, first $13 F$, then $25 F$.


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15. Applique 26 D and 14 E on block for Beak as shown in photo. The Cardinal blocks are now finished!
16. Next, the colored square border will be added around the blocks. Create the strips shown using the 3 " $(8 \mathrm{~cm})$ squares you cut. You can follow the colors shown or you can lay out your blocks and create your own configuration.

17. Add the strips between the cardinal blocks as shown.


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18. Add the center, upper and lower strips as shown.

19. Add the side strips.

20. Sew two of the 28 " $\times 31 / 2$ " $(71 \mathrm{~cm} \times 9 \mathrm{~cm})$ first border strips on the top and bottom of the quilt.
21. Sew the first cornerstone $31 / 2^{\prime \prime} \times 31 / 2^{\prime \prime}(9 \mathrm{~cm} \times 9 \mathrm{~cm})$ squares to the top and bottom of the other two 28 " $\times 31 / 2 "(71 \mathrm{~cm} \times 9 \mathrm{~cm})$ first border strips.

22. Finish by adding the side borders of the quilt.
23. Repeat with the second border and second cornerstone squares.

24. The quilt top is complete!

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25. To quilt it, layer it with the $41^{\prime \prime} \times 41^{\prime \prime}(104 \mathrm{~cm} \times 104 \mathrm{~cm})$ backing fabric and cotton batting.
26. Follow the quilting diagram and quilt your quilt by hand or machine.

27. Trim off the excess batting and backing even with the outer edge of the quilt.
28. Stitch the binding strips end to end and press in half, lengthwise. 29. Bind the quilt.
29. Sew on the beads for eyes.






CARDINAL QUILT Designed by Marie Duncan 14 of 14

