



MATERIALS

Coats & Clark™ Cotton Machine Quilting thread

Coats & Clark™ Cotton All Purpose thread

Coats & Clark™ Dual Duty Plus® Hand Quilting thread

Six men's shirts

2¾ yards (2.51m) white cotton for strips, rectangles and backing

Cotton batting

Safety pins



SEWING | SKILL LEVEL: INTERMEDIATE

Featuring Coats & Clark™ Cotton All purpose and Machine Quilting threads

Men's shirts are a great source of cotton fabric. Re-purpose shirts from your guy's closet or thrift them. It is also a special way to create a memory from shirts that belonged to a loved one.

MEASUREMENTS

Approximately 42" x 48" (107cm x 122cm)

PREP THE SHIRTS:

Trim off the collar, cuffs and all seams. This will leave you with the needed yardage to cut out your squares. If your shirts are checks or stripes, cut along the lines in the pattern.

CUTTING

From shirting fabric:

16 squares 3½" x 3½" (9cm x 9cm) from EACH of the six shirts for a total of 96 squares

From white fabric:

32 rectangles 2½" x 3½" (6cm x 9cm)

8 rectangles 4½" x 3½" 11cm x 9cm)

9 strips 48½" x 2½" (123cm x 6cm)

From batting:

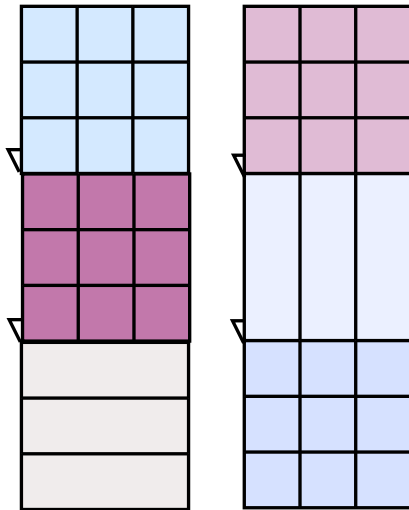
One rectangle 50" x 44" (127cm x 112cm)

For binding:

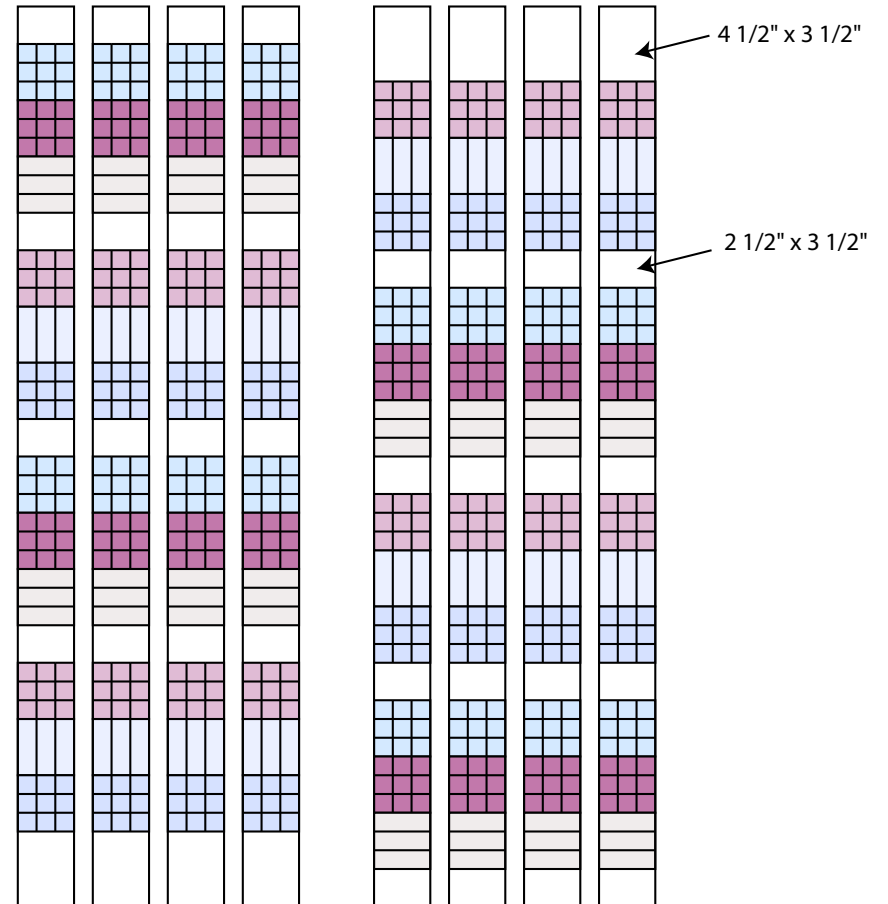
2¾" (7cm) wide x 185" (470cm) running inches/cm – strips can be cut from the shirt fabric

SEWING

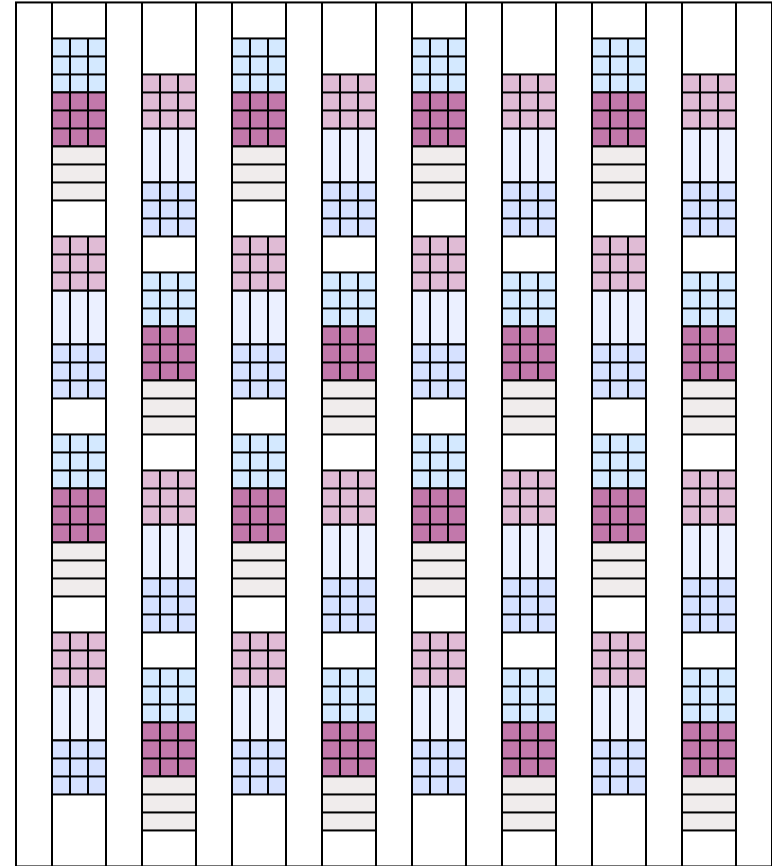
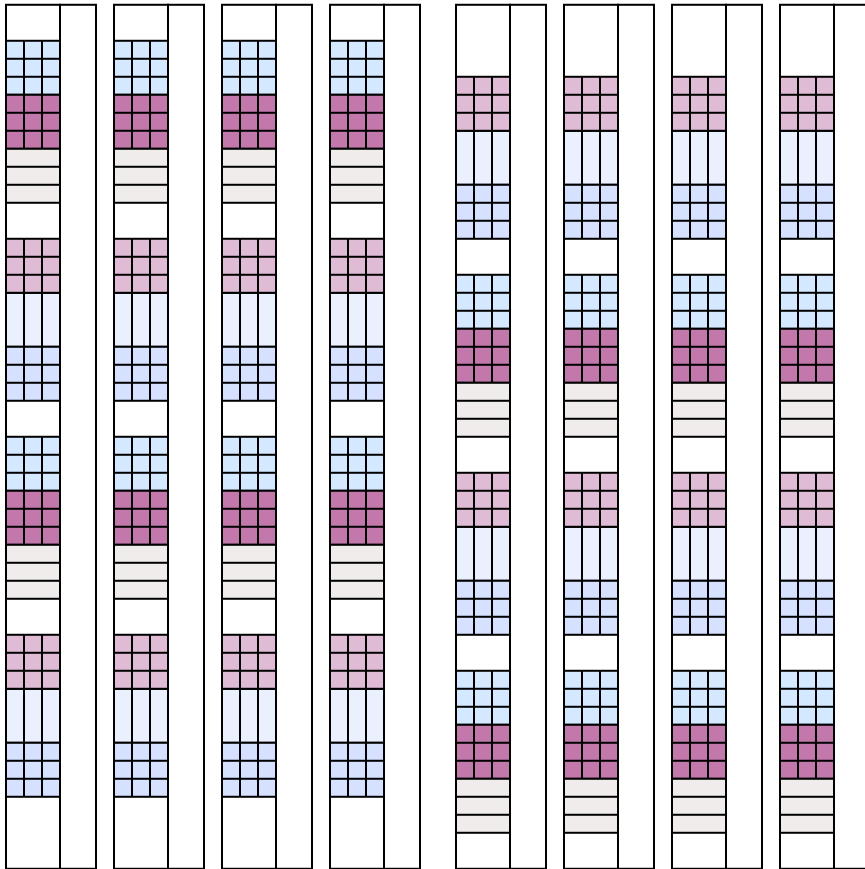
1. Thread the machine with Coats & Clark™ Cotton All Purpose thread on top and in the bobbin.
2. Stitch three of the 3½" x 3½" (9cm x 9cm) shirt squares together.
3. Repeat with the remaining 3½" x 3½" (9cm x 9cm) squares for a total of 16 sets of three.



4. You now have 16 sets of each of the strips of shirting fabric.
5. Press the seams to one side.
6. Create the strips as shown.



7. Press.
8. Stitch one of the 48½" x 2½" (123cm x 6cm) strips to the right side of each of the patchwork strips as shown.
9. Stitch the strips together, following the diagram Add the remaining 48½" x 2½" (123cm x 6cm) to the left side.



10. Press all the seams towards the patchwork. This will make the white strips stand out, and there won't be any seam allowances showing through.
11. Sandwich the quilt with the batting in between the quilt top and the 50" x 44" (127cm x 112cm) batting.
12. Safety pin baste the layers together.
13. Machine or hand quilt the quilt following the diagram using the appropriate thread. Don't quilt in the outer strips yet. We will bind the quilt first, then finish those off so the quilting will be properly centered.
14. For the binding, you can either use strips from the shirts as shown, or you can use the white backing fabric.
15. Fold the binding strip wrong sides together and press.
16. Stitch to the right side of the quilt.
17. Bring to the back of the quilt and hand stitch in place.
18. Quilt the outer strips to complete quilt.

