

BERNAT alize EZ KNOT PILLOW

BRN0520-032970M | March 20, 2024



MATERIALS

Bernat® Alize® Blanket-EZ™ (6.4 oz/180 g; 18 yds/16 m)

Jacaranda (37035)

1 ball or 18 yds/16 m

Pair of pantyhose for stuffing lining. Stuffing. Safety pin.





ABBREVIATIONS

Approx = Approximately

MEASUREMENTS

Approx $10\frac{1}{2}$ " [26.5 cm] circumference x 52" [132 cm] long (before tying into knot).

GAUGE

5 stitches = 4" [10 cm].

INSTRUCTIONS

Notes:

- Right side of project is facing at all times.
- Loops from working yarn are always pulled through stitches from back to front of work.
- Move safety pin at end of each round to mark end of round.

STUFFING

Cut stocking legs from waistband of pantyhose, creating two tubes. Discard waistband or save for future project. Roll down one stocking tube and place inside EZ Pillow Tube (below). Fill with stuffing, taking care not to overstuff. Unroll and stuff stocking tube as EZ Pillow

Tube lengthens. When stocking tube length is complete, knot end and repeat process with another stocking tube until entire EZ Pillow Tube has been stuffed. Cut extra length off last stocking tube as needed to match length of EZ Pillow Tube, and finish with a knot.

AT THE SAME TIME, work EZ Pillow Tube:

Foundation row: Count first 6 loops at beginning of color change (noting yarn end is at far left and all loops are facing upwards). Working from left-to-right, pull first 2 loops from working yarn up together through first loop to create 2 stitches. Pull next 2 loops from working yarn up together through next loop. Continue in this manner until all 6 loops have been worked. You now have 6 "double" stitches creating 12 stitches.



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1st round: Working from right to left, pull first loop from working yarn up through 1 loop only of first double stitch, leaving 2nd loop unworked at back. Pull next loop from working yarn up through 1 loop only of next double stitch, leaving 2nd loop unworked at back. Continue in this manner until 1 loop of each "double" stitch has been worked. Turn work so that remaining unworked loops are facing. Working from right-to-left across remaining unworked loops of double stiches, pull first loop from working yarn up through remaining loop of next double stitch. Continue in this manner to end of round, 12 stitches, Place safety pin between first and last stitches of round to mark end of round.

2nd round: Working from **right** to **left**, pull first 2 loops from working yarn up together through first stitch of round to increase 1 stitch. Pull next loop from working yarn up through next stitch of round. Continue in this manner to end of round. 13 stitches.

3rd round: Working from **right** to **left**, pull first loop from working yarn up through first stitch. Pull next loop from working yarn up through next stitch of round. Continue in this manner to end of round.

Repeat last round, stuffing lightly as you go, until work measures approx 52" [132 cm].

Next round: Place first loop of round on top of second loop creating double loop – treat this double loop as 1 stitch. Pull next loop from working yarn up through double stitch – Knit 2 stitches together decrease made. Pull next loop from working yarn up through next stitch of round. Continue in this manner to end of round. 12 stitches remain.

FINISHING

Cut working yarn between second and third loops. Cut bases of first and second stitches of working yarn close to base to create a tail approx 6" [15 cm] long.

Fold work flat, aligning remaining 12 stitches into 2 rows of 6 stitches, one in front of the other with yarn tail at right. Pull each loop from back row up through corresponding loop at front. 6 stitches remain. Working from **left** to **right**, pull 2nd stitch through first stitch. Pull 3rd stitch through 2nd stitch. Continue in this manner to end of row. Pull

tail through remaining stitch. Tie to

secure and weave in ends.

Tie work into overhand knot to create Pillow.

OVERHEAD KNOT DIAGRAM





CUT LOOP DIAGRAM

