

BERNAT® alize® TWISTED STITCH EZ BLANKET



MATERIALS

Bernat® Alize® Blanket-EZ™ (6.4 oz/180 g; 18 yds/16 m)
 Cream (37013) **9 balls**



CRAFT | SKILL LEVEL: INTERMEDIATE

ABBREVIATIONS

Approx = Approximately

St(s) = Stitch(es)

MEASUREMENT

Approx 60" [152.5 cm] square.

INSTRUCTIONS

Note:

Right side of project is facing at all times. **Do not** turn work at end of rows.

Count 74 loops for foundation row noting yarn end is at left and yarn ball is at right. Place all loops of foundation row pointing upward for ease of working.

1st row: Working from **right** to **left**, pull 75th loop (from 'working yarn') up through 74th loop (last loop of foundation row) from behind to create a knit st. Pull next loop from working yarn up through the next loop of foundation row. Continue in this manner to end of row. **Do not** turn work. 74 sts in row.

2nd row: Working from **left** to **right**, with working yarn in front, pull next loop from working yarn towards back through last st worked on previous row. *Pull next loop from working yarn towards back through next st. Repeat from * across to end of row. **Do not** turn.

3rd row: Working from **right** to **left**, with working yarn in back, pull next loop from working yarn up from behind through last sts worked on previous row. *Pull next loop from working yarn up from behind through next st. Repeat from * across to end of row. **Do not** turn.

4th row: As 2nd row.

Proceed in Twisted Stitch Pattern: See chart on page 5.

1st row: Working from **right** to **left**, with working yarn in front, pull next loop from working yarn towards back through last st worked on previous row. (Pull

next loop from working yarn up through next st from **front** to **back** to create a “purl” st) 9 times. (*Cross next st behind following st. Pull next loop from working yarn up from behind 1st crossed st. Pull next loop from working yarn up from behind 2nd crossed st*—Right Twist completed) 4 times. (*Cross next st in front of following st. Pull next loop from working yarn up from behind 1st crossed st. Pull next loop from working yarn up from behind 2nd crossed st*—Left Twist completed) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) 4 times. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) 4 times. Purl last 10 sts. **Do not** turn.

2nd and alternate rows: Working from **left** to **right**, with working yarn in back, pull next loop from working yarn up from behind through last st worked on previous row. *Pull next loop from working yarn up from behind through next st. Repeat from * across to end of row. **Do not** turn.

3rd row: Working from **right** to **left**, with working yarn in front, purl first 9 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 2 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) 3 times. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 2 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl last 9 sts. **Do not** turn.

5th row: Working from **right** to **left**, with working yarn in front, purl first 8 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 4 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) twice. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts.

Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 4 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl last 8 sts. **Do not** turn.

7th row: Working from **right** to **left**, with working yarn in front, purl first 7 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 6 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. Left Twist. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 6 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl last 7 sts. **Do not** turn.

9th row: Working from **right** to **left**, with working yarn in front, purl first 6 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 8 sts. Move working yarn to

back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 8 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl last 6 sts. **Do not** turn.

11th row: Working from **right** to **left**, with working yarn in front, purl first 7 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 6 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Left Twist. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 6 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl last 7 sts. **Do not** turn.

13th row: Working from *right to left*, with working yarn in front, purl first 8 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 4 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) twice. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 4 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl last 8 sts. **Do not** turn.

15th row: Working from *right to left*, with working yarn in front, purl first 9 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 2 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) 3 times. Move working yarn to front of work. Purl next

3 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 2 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl last 9 sts. **Do not** turn.

17th row: Working from *right to left*, with working yarn in front, purl first 10 sts. Move working yarn to back of work. (Left Twist) 4 times. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) 4 times. (Right Twist) 4 times. Move working yarn to front of work. Purl last 10 sts. **Do not** turn.

19th row: Working from *right to left*, with working yarn in front, purl first 11 sts. Move working yarn to back of work. (Left Twist) 3 times. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 2 sts. Move working yarn to back of work. (Left

Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) 3 times. (Right Twist) 4 times. Move working yarn to front of work. Purl last 11 sts. **Do not** turn.

21st row: Working from *right to left*, with working yarn in front, purl first 12 sts. Move working yarn to back of work. (Left Twist) twice. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 4 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Left Twist) twice. (Right Twist) 4 times. Move working yarn to front of work. Purl last 12 sts. **Do not** turn.

23rd row: Working from *right to left*, with working yarn in front, purl first 13 sts. Move working yarn to back of work. Left Twist. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move

working yarn to front of work. Purl next 6 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. Left Twist. (Right Twist) 4 times. Move working yarn to front of work. Purl last 13 sts. **Do not** turn.

25th row: Working from *right to left*, with working yarn in front, purl first 14 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 8 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl last 14 sts.

27th row: Working from *right to left*, with working yarn in front, purl first 13 sts. Move working yarn to back of work. (Right Twist) 4 times. Left Twist. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move

BERNAT® alize® TWISTED STITCH EZ BLANKET

working yarn to front of work. Purl next 6 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Left Twist. Move working yarn to front of work. Purl last 13 sts. **Do not** turn.

29th row: Working from **right** to **left**, with working yarn in front, purl first 12 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) twice. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 4 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) twice. Move working yarn to front of work. Purl last 12 sts. **Do not** turn.

31st row: Working from **right** to **left**, with working yarn in front, purl first 11 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) 3 times. Move working yarn to front of work.

Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. Move working yarn to front of work. Purl next 2 sts. Move working yarn to back of work. (Left Twist) 4 times. Move working yarn to front of work. Purl next 3 sts. Move working yarn to back of work. (Right Twist) 4 times. (Left Twist) 3 times. Move working yarn to front of work. Purl last 11 sts. **Do not** turn.

32nd row: As 2nd row.

Continue in pattern until work from beginning measures approx 56" [142 cm], ending on a 15th or 31st row.

Work Top Border:

1st row: Working from **left** to **right**, with working yarn in back, pull next loop from working yarn up from behind through last st worked on previous row. *Pull next loop from working yarn up from behind through next st. Repeat from * across to end of row. **Do not** turn.

2nd row: Working from **right** to **left**, with working yarn in front, pull next loop from working yarn towards back through last st

worked on previous row. *Pull next loop from working yarn towards back through next st. Repeat from * across to end of row. **Do not** turn.

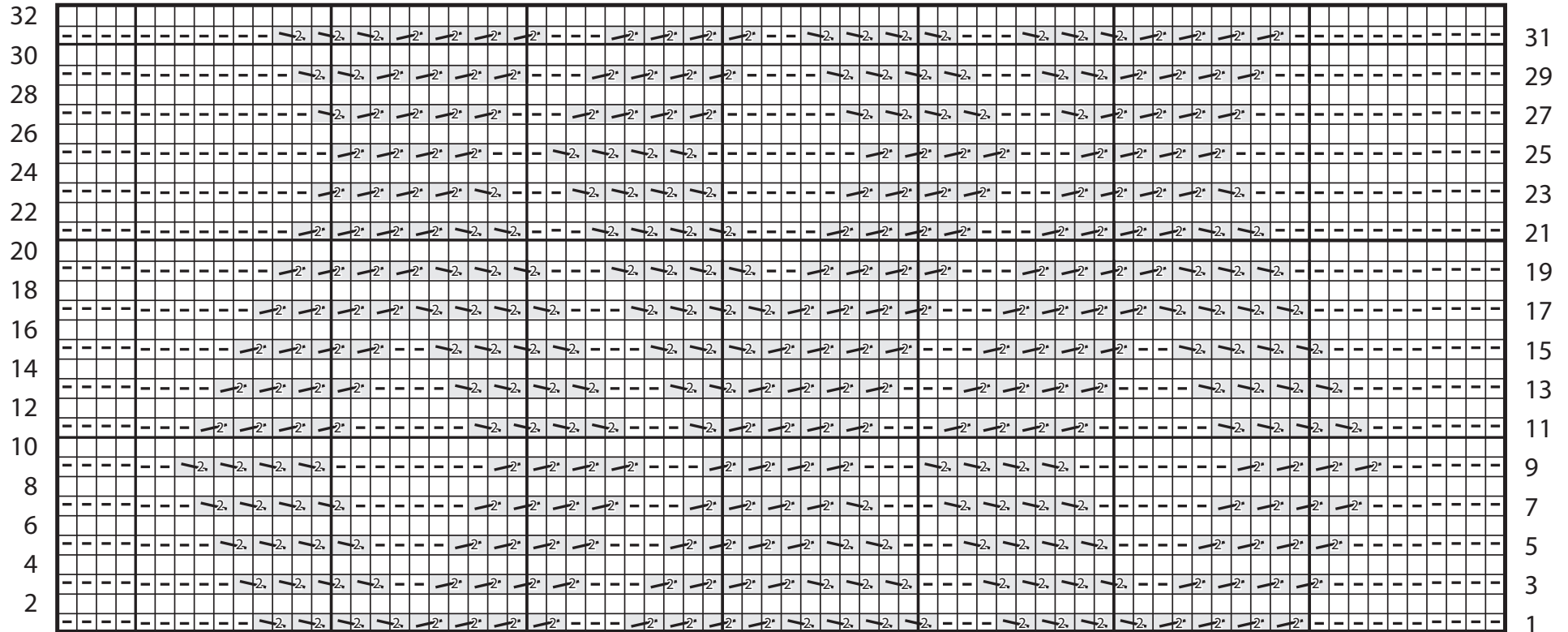
3rd row: Working from **left** to **right**, with working yarn in back, pull next loop from working yarn up from behind through last st worked on previous row. *Pull next loop from working yarn up from behind through next st. Repeat from * across to end of row. **Do not** turn.

4th row: As 2nd row.

Bind off row: Working in **same direction as last row**, pull 2nd st through first st. Pull 3rd st through 2nd st. Pull 4th st through 3rd st. Continue in this manner to end of row. Cut last loop to create a yarn 'tail'. Tie to secure and weave in ends.



BERNAT® alize® TWISTED STITCH EZ BLANKET



Key

- = Knit
- ▢ = Purl
- ↔ = Left Twist
- ↔ = Right Twist