

## BERNAT® alize® EZ COWL NECK SWEATER | CRAFT



CRAFT | SKILL LEVEL: EASY

### ABBREVIATIONS

Rep = Repeat  
Rnd(s) = Round(s)

St(s) = Stitch(es)

### SIZES

#### To fit bust measurement

**XS/S/M** 28-38" [71-96.5 cm]  
**L/XL** 40-46" [101.5-117 cm]  
**2/3XL** 48-54" [122-137 cm]

#### Finished bust measurement

**XS/S/M** 46" [117 cm]  
**L/XL** 54" [137 cm]  
**2/3XL** 62" [152.5 cm]

### GAUGE

5 loops = 4" [10 cm]

### INSTRUCTIONS

#### Front of Sweater - Ribbing

\*\*Using A, cut first loop of yarn close to base to create a tail approximately 3" [7.5 cm] long. Count **29 (35-39)** loops for foundation row.



Twisted Knit Stitch  
(foundation loop twisted, and working yarn pulled from back to front)



Purl Stitch  
(working yarn pulled from front to back)

**1st row:** Working from *right* to *left*, with working yarn held at **back**, twist the **29th (35th-39th)** loop (last loop of foundation row) once to the left. Pull the **30th (36th-40th)** loop (from 'working yarn') up through **29th (35th-39th)** loop from behind to create a twisted st. \***With yarn held in front**, pull next loop from working yarn towards back through next st.

### MATERIALS

Bernat® Alize® Blanket-EZ™ (6.4 oz/180 g; 18 yds/16 m)

Sizes	XS/S/M	L/XL	2/3XL	
Contrast A Cream (37013)	1	2	3	<b>balls</b>
Contrast B Dark Gray (37014)	3	4	6	<b>balls</b>

**With yarn held in back**, twist next loop once to left. Pull next loop from working yarn up through twisted loop. Rep from \* to end of row.

**2nd row:** Working from **left** to **right**, with working yarn held at back, twist the last loop from previous row once to the left. Pull the next loop from working yarn from behind to create a twisted st. \*With yarn held in front, pull next loop from working yarn towards back through next st. With yarn held in back, twist next loop once to the left. Pull next loop from working yarn up through twisted loop. Rep from \* to end of row.

**3rd row:** Working from **right** to **left**, with working yarn held at back, twist the last loop from previous row once to the left. Pull the next loop from working yarn from behind to create a twisted st. \*With yarn held in front, pull next loop from working yarn towards back through next st. With yarn held in back, twist next loop once to the left. Pull next loop from working yarn up through twisted loop. Rep from \* to end of row.

**4th row:** As 2nd row.

### Switch to Stocking Stitch

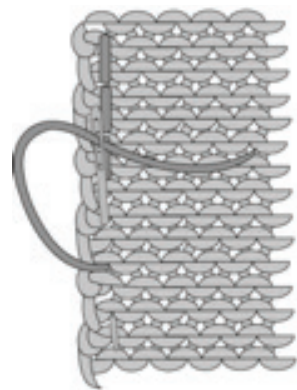
**5th row:** Working from **right** to **left**, pull next loop from working yarn up from behind through last stitch worked on previous row. \*Pull next loop from working yarn up from behind through next stitch. Rep from \* to end of row.

**Do not** turn.

**6th rnd:** Working from **left** to **right**, pull next loop from working yarn up from behind through last stitch worked on previous row. \*Pull next loop from working yarn up from behind through next stitch. Rep from \* to end of row.

**Do not** turn.\*\*

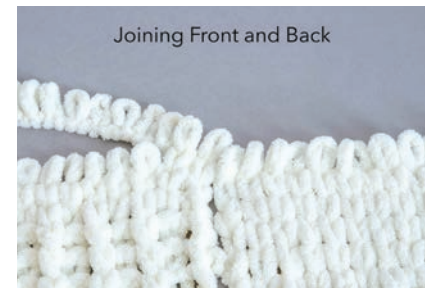
**Do not** bind off. Cut thread at base of next two loops of working yarn to create a yarn "tail". Weave in tail.



### Back

Work from \*\* to \*\* as given for Front.

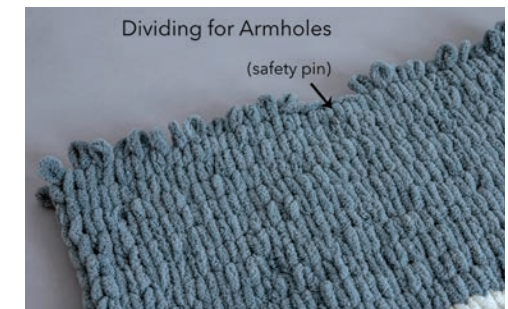
Rep 5th and 6th rows twice more, and 5th row once again thereafter. Place Front and Back on a flat surface, with Front on left side of Back.



Working across Front from **right** to **left**, pull next loop from working yarn up from behind through last stitch worked on Front. Continue in this manner until all sts of Front have been worked. Cut thread at base of next two loops of working yarn to create a yarn "tail". With B, cut thread at base of next two loops of working yarn to create a yarn "tail". Tie tails of A and B together, fastening close to base of last loop of A and first loop of B. Weave in tails, and proceed with B as working yarn.

**Note:** Body is worked clockwise in the round from here forward.

**Next rnd:** Working from **right** to **left**, pull first loop from working yarn up through first st of Back. Pull next loop from working yarn up through next st of round. Continue in this manner to end of round, working in a continuous loop around front and back. Rep previous rnd until work from bottom edge of Front measures 20" [51 cm].



**Divide for armholes:** Place a safety pin between first and last sts of rnd. Place another safety pin between **29th (35th-39th)** and **30th (36th-40th)** sts of rnd. Working from right to left, pull **2nd (3rd-4th)** st to the left of first safety pin over next st to bind off. Bind off the next **3 (5-7)** sts in this manner. Remove safety pin.

Rep this on opposite side of Body. **50 (58-62)** sts remain. Leave these sts until Sleeves are complete.



Sleeve Foundation Round

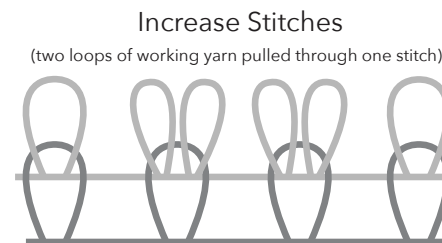
### Sleeves (make 2)

Using A, cut first loop of yarn close to base to create a tail approximately 3" [7.5 cm] long. Count **12 (14-16)** loops for foundation round. Tie tail to yarn between **12th (14th-16th)** and **13th (15th-17th)** loops to create ring. Place ring on a flat surface with all loops pointing out to avoid twisting ring. **12 (14-16)** sts in rnd. **1st rnd:** **With yarn held in back**, twist next loop once to left. Pull **13th (15th-17th)** loop from working yarn up through twisted loop. **With yarn held in front**, pull next loop from working yarn towards back through next st.

**\*With yarn held in back**, twist next loop once to left. Pull next loop from working yarn up through twisted loop. **With yarn held in front**, pull next loop from working yarn towards back through next st. Rep from \* around.

**2nd rnd:** **\*With yarn held in back**, twist next loop once to left. Pull next loop from working yarn up through twisted loop. **With yarn held in front**, pull next loop from working yarn towards back through next st. Rep from \* around.

**3rd rnd:** Pull first loop from working yarn up through first st of round. Pull next loop from working yarn up through next st of round. Continue in this manner to end of rnd.



**4th rnd:** Pull first 2 loops from working yarn up through first st. **\*Pull next loop from working yarn up through next st.** Rep from \*

to last st. Pull next 2 loops from working yarn up through next st. 2 sts increased. **14 (16-18)** sts at end of rnd.

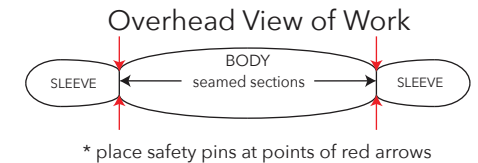


Cut thread at base of next two loops of working yarn to create a yarn "tail". With B, cut thread at base of next two loops of working yarn to create a yarn "tail". Tie tails of A and B together, fastening close to base of last loop of A and first loop of B. Weave in tails, and proceed with B as working yarn.

**Sizes XS/S/M and L/XL only:** Rep 3rd and 4th rnds **4 (5)** times more. **22 (26)** sts in round. Work **5 (2)** rnds even (as 3rd rnd.)

**Size 2/3XL only:** Rep 4th rnd 6 times more, then rep 3rd rnd once. 30 sts in rnd.

**All sizes:** Place a safety between first and last sts of rnd. Working from right to left, pull **2nd (3rd-4th)** st to the left of safety pin over next st to bind off. Bind off the next **3 (5-7)** sts in this manner. Remove safety pin. **18 (20-24)** sts remain. Cut thread at base of next two loops of working yarn to create a yarn "tail". **Do not** weave in ends (will be used in next step for seaming.)

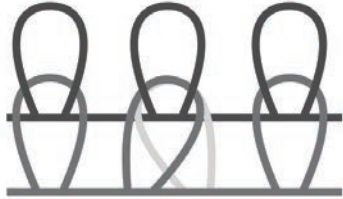


### Joining Sleeves and Body

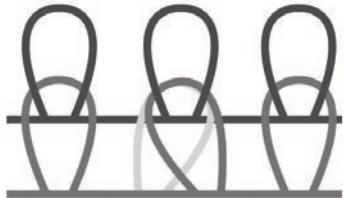
Using yarn tails remaining from sleeves, use tapestry needle to seam one sleeve to each side of body **along bound off sections only**. Place a safety pin between each transition between sleeve and body (see diagram). Place sweater on a flat surface, with all live sts facing up. **86 (98-110)** sts in rnd. 4 safety pins in position which will move up every rnd.

**1st rnd:** Beginning with first st of left sleeve, pull first loop from working yarn up through first st of rnd. Pull next loop from working yarn up through next st of rnd. Continue in this manner to end of rnd.

### Right Leaning Decrease

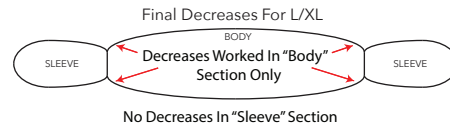


### Left Leaning Decrease



**2nd rnd:** Place next loop of round behind following loop creating a double loop – treat this double loop as 1 st. Pull next loop from working yarn up through double stitch – right leaning decrease made. \*Work sts as usual until 2 sts before next safety pin. Hold next loop on top of following loop

creating a double loop – treat this double loop as 1 st. Pull next loop from working yarn up through double loop – left leaning decrease made. Make one right leaning decrease. Rep from \* twice more. Work sts as usual until 2 sts before next safety pin. Make one left leaning decrease. 8 sts decreased. **78 (90-102)** sts remain. Rep 2nd rnd **6 (7-9)** times more. **30 (34-30)** sts remain.



**Size L/XL only: Next rnd:** \*Work sts as usual until next safety pin. Make one right leaning decrease. Work sts as usual until 2 sts before next safety pin. Make one left leaning decrease. Rep from \* once more. 4 sts decreased. **30** sts remain.

**Collar:** Proceed in rib pattern as follows:

**1st rnd:** \*With yarn held in back, twist next loop once to left. Pull next loop from working yarn up through twisted loop. **With yarn**

**held in front,** pull next loop from working yarn towards back through next st. Rep from \* around. Rep last rnd 5 times more.



**Bind off rnd:** Pull 2nd st through 1st st. Pull 3rd st through 2nd st. Pull 4th st through 3rd st. Continue in this manner to end of rnd. Cut last loop to create yarn 'tail'. Tie to secure and weave in ends.

