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# **BERNAT** $alize^{\circ}$ bernat ez jonah's reversible hand warmers



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#### MATERIALS

Bernat® Alize® Blanket EZ Graph-it™ (6.4 oz/180 g; 15 yds/13.5 m)Gray/Mist1 ball makes either size.

1 stitch marker. Yarn needle.

# SUPER BULKY

### CRAFT I SKILL LEVEL: BEGINNER

#### **MEASUREMENTS**

Approximately 11" [28 cm] long x 4 (5)" [10 (12.5) cm] wide.

**GAUGE** 

8 stitches = 4" [10 cm].

## **SIZES**

To fit Child 6 to 12 (Adult) wrist.

## **INSTRUCTIONS**

#### Notes:

- Yarn consists of "paired" loops, one loop in color "A" and one loop in color "B"
- Only one loop from each paired loop is worked with at a time One side of project is worked in its entirety, then work is flipped to complete opposite side. Project is reversible with shade placement reversed on opposite side
- Loops are always pulled through stitches from back to front of work.
- An unworked loop is referred to as a "loop".
- A loop which has been worked is referred to as a "stitch".

• Watch our <u>video tutorial</u> for stepby-step instructions.

## WRIST WARMER (make 2)

The instructions are written for smaller size. If changes are necessary for larger size the instructions will be written thus (). Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to both sizes.

**2-color chain:** Cut first loop of yarn close to base to create a tail approximately 3" [7.5 cm] long. Count **18** (**22**) paired loops from end of yarn (each paired loop contains one loop in color "A" and one loop in color "B"). Tie tail to yarn between **18th and 19th** (**22nd and 23rd**) loops to create ring. Place ring on a flat surface with all "A" loops pointing outside and all "B" loops pointing inside of ring and working yarn (yarn feeding from ball) at right.

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#### BRN0115-032213M | April 29, 2022

#### **FIRST SIDE**

**Note:** Only one loop from each paired loop will be worked on First Side. Remaining loops will be worked after First Side is complete to create Second Side

**1st round:** Working from **right** to **left** and with "A" loops only, pull first loop from working yarn up through first loop of round (first loop to the left of tie) to create a knit stitch. Pull next loop from working yarn up through next loop of foundation round. Continue in this manner to end of round. Place safety pin between first and last stitches of round to mark end of round. **18** (22) stitches in round. Leave all remaining unworked loops at back of work for Second Side.

**2nd round:** Working from **right** to **left**, pull first loop from working yarn up through first stitch of round. Pull next loop from working yarn up through next stitch of round. Continue in this manner to end of round.

Repeat last round 7 times more (9 rounds worked in total).

**Thumb opening: 1st row:** *Working from left* to *right* and working with "A" loops only, pull next loop from working yarn up through next stitch of previous row. Continue in this manner to end of row. **Do not** join. **Do not** turn work.

**2nd row:** Working from **right** to **left** and working with "A" loops only, pull next loop from working yarn up through next stitch of previous row. Continue in this manner to end of row. **Do not** turn work.

3rd row: As 1st row.

Joining round: Working from right to left and working with "A" loops only, pull next loop from working yarn up through next stitch of previous row. Continue in this manner to end of round.

**Next round:** (decreasing round). Working from **right** to **left**, pull first loop from working yarn up through first 2 stitches of round to knit 2 stitches together (decrease made). \*Pull next loop from working yarn up through next stitch of round. Rep from \* around. **17** (21) stitches. **Next 2 rounds:** Working from **right** to **left**, pull first loop from working yarn up through first stitch of round. Pull next loop from working yarn up through next stitch of round. Continue in this manner to end of round.

**Bind off:** Working in same direction as last round, pull 2nd stitch through 1st stitch. Pull 3rd stitch through 2nd stitch. Pull 4th stitch through 3rd stitch. Continue in this manner to end.

Cut working yarn approximately 3 loops past last stitch. Carefully cut thread at base of these loops to release the loop and create a smooth yarn 'tail'. With A, pull tail through last loop of Bind off row. Leave remaining tail unworked for second side.

# SECOND SIDE

#### Notes:

- Second Side is worked from the bottom up in vertical columns.
- Turn work inside-out.

**1st column:** (Worked vertically from bottom to top). Beginning at any bottom loop, (loop directly above stitch just worked) pull loop up through last stitch. This creates first stitch of column. \*Pull next loop (loop directly above stitch just worked) up through last stitch. Continue in this manner to end of column.









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2nd and all remaining columns:

Using next loops to right of last column, work as given for 1st column. All loops have now been worked with one row of loops left "live" at top of work for Bind off.

**Bind off:** Beginning at opposite side from yarn tails and with remaining loops, pull 2nd stitch through 1st stitch. Pull 3rd stitch through 2nd stitch. Pull 4th stitch through 3rd stitch





Continue in this manner to end. Pull "B" color tail through last loop of Bind off. Tie "A" and "B" tails together close to work to secure. Tuck tails to interior of work. BRN0115-032213M | April 29, 2022