



MATERIALS

Bernat® Forever Fleece™ (9.9 oz/280 g; 194 yds/177 m)

White Noise (61004) **or** Juniper (61007) **3 balls**

Size U.S. 11 (8 mm) knitting needles **or size needed to obtain gauge.**
2 split ring stitch markers. 20" [51 cm] square pillow form. Yarn needle.

ABBREVIATIONS

Approx =
Approximately
Beg = Beginning
K = Knit

P = Purl
Pat = Pattern
PM = Place marker
Rep = Repeat

RS = Right side
SM = Slip marker
St(s) = Stitch(es)
WS = Wrong side

MEASUREMENT

Approx 20" [51 cm] square.

GAUGE

11 sts and 14 rows = 4" [10 cm] in stocking st.



KNIT 1 SKILL LEVEL: **BEGINNER**

INSTRUCTIONS

FRONT

Cast on 56 stitches (sts).

****1st row:** [Right side (RS)].

Knit 1 (K1). *K2. Purl 2 (P2). Repeat (Rep) from * to last 3 sts. K3.

2nd row: K1. *P2. K2. Rep from * to last 3 sts. P2. K1.

3rd row: K1. *P2. K2. Rep from * to last 3 sts. P2. K1.

4th row: K1. *K2. P2. Rep from * to last 3 sts. K3.

These 4 rows form Box St Pattern (Pat).

Work a further 10 rows in Box St Pat.**

1st row: (RS). K1. (P2. K2) 3 times. P2. Place marker (PM) on needle. K26. PM. (P2. K2) 3 times. P2. K1.

2nd row: K1. (K2. P2) 3 times. K2. Slip marker (SM). P26. SM. (K2. P2) 3 times. K3.

3rd row: K1. (K2. P2) 3 times. K2. PM. K26. PM. (K2. P2) 3 times. K3.

4th row: K1. (P2. K2) 3 times. P2. SM. P26. SM. (P2. K2) 3 times. P2. K1. Rep these 4 rows 9 times more, then rep 1st and 2nd rows once.

Work from ** to **. (70 rows total). Cast off knitwise (RS).

BACK (make 2 pieces alike)

Cast on 56 sts.

1st row: (RS). K1. *K2. P2. Rep from * to last 3 sts. K3.

2nd row: K1. *P2. K2. Rep from * to last 3 sts. P2. K1.

3rd row: K1. *P2. K2. Rep from * to last 3 sts. P2. K1.

4th row: K1. *K2. P2. Rep from * to last 3 sts. K3.

These 4 rows form Box St Pat.

Work in Box St Pat until Back measures approx. 13" [33 cm], ending on a 2nd or 4th row of pat.

Cast off in pat.

FINISHING

Overlap Back pieces to match Front, with cast off sections in center to create opening to insert pillow form. Sew outer edge seams. Insert pillow form.

