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## BERNAT KNIT SPA DAY KIT | KNIT



#### **ABBREVIATIONS**

Alt = Alternate
Approx = Approximate(ly)
Beg = Begin(ning)
Dec = Decrease(ing)
Inc = Increase(ing)
K = Knit
Kfb = Increase 1 stitch by knitting
into front and back of next stitch.

K2(3)tog = Knit next 2 (3) stitches
together
P = Purl
P2tog = Purl next 2 stitches
together
Pat = Pattern
Rep = Repeat
RS = Right side

## KNIT I SKILL LEVEL: INTERMEDIATE

#### MATERIALS

**Bernat**<sup>®</sup> **Handicrafter Cotton**<sup>®</sup> (Solids: 1.75 oz/50 g; 80 yds/73 m; Ombres: 1.5 oz/42.5 g; 68 yds/62 m)

**BASIC FACECLOTHS** Lemon Swirl Ombre (02008) or White (01001)

Evelet Version: White (01001)

2 balls or 90 yds [83 m] 2 balls or 90 yds [83 m]

Size 4.5 mm (U.S. 7) knitting needles or size needed to obtain gauge.

**RIDGE AND EYELET FACECLOTHS** Ridge Version: Lemon Swirl Ombre (02008)

1 ball or 68 yds [62 m] 1 ball or 55 yds [50 m]

Size U.S. 8 (5 mm) knitting needles **or size needed to obtain gauge.** Size U.S. G/6 (4 mm) crochet hook for loop.

## **BATH MITT**

1 ball or 68 yds [62 m]

Size U.S. 8 (5 mm) knitting needles **or size needed to obtain gauge.** Size U.S. G/6 (4 mm) crochet hook for loop.

## BASKET

Lemon Swirl Ombre (02008)

Lemon Swirl Ombre (02008)

2 balls or 80 yds [73 m]

Size U.S. 5 (3.75 mm) set of four double-pointed knitting needles **or** size needed to obtain gauge. Stitch marker.

Rnd(s) = Round(s)
Ssk = Slip next 2 stitches knitwise
one at a time. Pass them back
onto left-hand needle, then knit
through back loops together
Sl1P = Slip next stitch purlwise
St(s) = Stitch(es)
WS = Wrong side

Yb = With yarn at back of work
Yf = With yarn at front of work
Yo = Yarn over

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## **BASIC FACECLOTHS**

### **MEASUREMENT**

Approx 10" [25.5 cm] square.

## **GAUGE**

20 sts and 26 rows = 4" [10 cm] in stocking st.

## **INSTRUCTIONS**

Cast on 53 sts. Knit 5 rows (garter st), noting 1st row is WS. **1st row:** (RS). K3. P3. \*K1. P3. K1. P1. K1. P3. Rep from \* to last 7 sts. K1. P3. K3. **2nd row:** K6. \*P1. K3. P1. K1. P1. K3. Rep from \* to last 7 sts. P1. K6. 3rd and 4th rows: As 1st and 2nd rows. **5th row:** K3, P2, \*K1, P1, K1, P3, K1. P3. Rep from \* to last 8 sts. K1. P1. K1. P2. K3. **6th row:** K5, \*P1, K1, P1, K3, P1, K3, Rep from \* to last 8 sts. P1. K1. P1. K5. 7th and 8th rows: As 5th and 6th rows. Rep last 8 rows until work from beg measures approx 9<sup>1</sup>/<sub>2</sub>" [24 cm], ending on a 4th or 8th row of pat. Knit 5 rows (garter st).

Cast off knitwise (WS).

## **RIDGE & EYELET FACECLOTHS**



MEASUREMENT

Approx 7 " [18 cm] square.

## GAUGE

18 sts and 24 rows = 4" [10 cm] in stocking st.

## Simple Ridge Facecloth

Cast on 1 st. **1st row:** (RS). (K1. yo. K1) all in st. 3 sts. 2nd row: Knit. **3rd row:** K1. (K1. yo. K1) in next st. K1. 5 sts. 4th row: K2, P1, K2, 5th row: K1. Kfb. Knit to last 2 sts. Kfb. K1. 7 sts. **6th row:** K2. Purl to last 2 sts. K2. 7th and 8th rows: Rep last 2 rows once more, 9 sts. **9th row:** K1. Kfb. Purl to last 2 sts. Kfb. K1. 11 sts. 10th row: Knit. 11th and 12th rows: Rep last 2 rows once more, 13 sts.

Rep 5th to 12th rows 3 times more, then 5th to 10th rows once, 43 sts. 43rd row: K1. K2tog. Purl to last 3 sts. K2toq. K1. 41 sts. 44th row: Knit. 45th row: K1. K2tog. Knit to last 3 sts. K2toq. K1. 39 sts. 46th row: K2. Purl to last 2 sts. K2. 47th and 48th rows: Rep last 2 rows once more. 37 sts. **49th row:** As 43rd row, 35 sts. 50th row: Knit 51st and 52nd rows: Rep last 2 rows once. 33 sts. Rep 45th to 52nd rows 3 times more, 9 sts. Next row: As 45th row. 7 sts. Next row: K2. Purl to last 2 sts. K2. **Next row:** (K1. K2tog) twice. K1. 5 sts. **Next row:** K2, P1, K2, Next row: K1. K3tog. K1. Next row: Knit.

**Next row:** K3tog. Fasten off.

**Hanging Loop:** With crochet hook, make a chain 2" [5 cm] long. Sew in position

## **Eyelet Facecloth**



Cast on 1 st. **1st row:** (RS). (K1. yo. K1) all in st. 3 sts. 2nd row: Knit. 3rd row: (Kfb) twice. K1. 5 sts. 4th row: Knit **5th row:** K1. Kfb. Knit to last 2 sts. Kfb. K1. 6th row: Knit. Rep last 2 rows twice more. 11 sts. **11th row:** As 5th row 12th row: K2. Purl to last 2 sts. K2. 13th row: As 5th row. 14th row: Knit. 15th row: K1. Kfb. \*yo. P2tog. Rep from \* to last 3 sts. P1. Kfb. K1. 16th row: Knit. 17th row: As 5th row. 18th row: K2. Purl to last 2 sts. K2. 19th row: As 5th row. 20th row: Knit. 21st row: As 5th row.

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22nd row: Knit. 23rd row: As 5th row. 24th row: Knit. Rep 11th to 24th rows once more. 39 sts. 39th row: As 5th row, 41 sts. 40th row: K2. Purl to last 2 sts. K2. **41st row:** As 5th row, 43 sts. 42nd row: Knit. **43rd row:** K1. K2tog. \*yo. P2tog. Rep from \* to last 4 sts. P1. K2tog. K1. 44th row: Knit. 45th row: K1. K2tog. Knit to last 3 sts. K2tog. K1. 46th row: K2. Purl to last 2 sts. K2. 47th row: As 45th row 48th row: Knit. 49th row: As 45th row. 50th row: Knit. 51st row: As 45th row 52nd row: Knit. 53rd row: As 45th row. **54th row:** K2. Purl to last 2 sts. K2. 55th row: As 45th row. 56th row: Knit. Rep 43rd to 56th rows once more. 15 sts. 71st row: As 43rd row. 13 sts. 72nd row: Knit. **73rd row:** As 45th row, 11 sts. 74th row: K2. Purl to last 2 sts. K2.

**75th row:** As 45th row. 9 sts. **76th and alt rows:** Knit. **77th row:** As 45th row. 7 sts. **79th row:** As 45th row. 5 sts. **81st row:** K1. K3tog. K1. 3 sts. **83rd row:** K3tog. Fasten off.

Hanging Loop: With crochet hook, make a chain 2" [5 cm] long.

Sew in position to top corner as illustrated.

## **BATH MITT**



## SIZE

One size to fit average adult.

## GAUGE

15 sts and 28 rows = 4" [10 cm] in garter st.

## INSTRUCTIONS

Cast on 36 sts. Work 9 rows garter st (knit every row), noting that first row is wrong side.

Shape thumb: 1st row: (RS). K16. (Kfb) twice. Knit to end of row. Knit 3 rows even. **5th row:** K16. Kfb. K2. Kfb. Knit to end of row. Knit 3 rows even. 9th row: K16, Kfb, K4, Kfb, Knit to end of row. Knit 3 rows even. Cont in this manner, inc 2 sts on next and following 4th rows until there are 48 sts. Knit 1 row even. Next row: K29. Turn. Cast on 1 st. K14 (including st on needle after cast on). Turn. Cont on these 14 sts for thumb. Knit 10 rows even. Next row: \*K1. K2tog. Rep from \* to last 2 sts. K2. 10 sts. Knit 1 row even. Next row: (K2tog) 5 times. 5 sts. Break yarn leaving a long end. Thread through rem sts. Draw up

tightly and fasten securely. Sew thumb seam. With RS of Mitt facing, join yarn to rem sts. Pick up and knit 2 sts under thumb. Knit to end of row.

**Next row:** Knit, knitting tog the 2 sts picked up under thumb. 36 sts.

Knit 16 rows even.

Shape top: 1st row: K1. ssk. K12. K2tog. K2. ssk. K12. K2tog. K1. 32 sts. 2nd and alt rows: Knit. 3rd row: K1. ssk. K10. K2tog. K2. ssk. K10. K2tog. K1. 28 sts. 5th row: K1. ssk. K8. K2toq. K2. ssk. K8. K2tog. K1. 24 sts. 7th row: K1. ssk. K6. K2tog. K2. ssk. K6. K2tog. K1. 20 sts. 9th row: K1. ssk. K4. K2tog. K2. ssk. K4. K2tog. K1. 16 sts. **11th row:** (K2tog) 8 times. 8 sts. Break yarn, leaving a long end. Thread through rem sts. Draw up tightly and fasten securely. Sew side seam. Hanging Loop: With crochet

hook, make a chain 2½" [6 cm] long. Fasten off. Sew in position at top of side seam as illustrated.

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## BERNAT KNIT SPA DAY KIT | KNIT

#### BASKET



MEASUREMENT Approx 5¼" [13 cm] in diameter.

## **GAUGE**

22 sts and 28 rows = 4" [10 cm] in stocking st.

#### **INSTRUCTIONS**

Cast on 8 sts. Divide onto 3 needles (2, 3, 3). Join in rnd, placing marker on first st. **1st rnd:** \*Kfb. Rep from \* around. 16 sts. **2nd and alt rnds:** Knit.

3rd rnd: \*K1. Kfb. Rep from \* around. 24 sts.
5th rnd: \*K2. Kfb. Rep from \* around. 32 sts.
7th rnd: \*K3. Kfb. Rep from \* around. 40 sts.
9th rnd: \*K4. Kfb. Rep from \* around. 48 sts.
11th rnd: \*K5. Kfb. Rep from \* around. 56 sts.

13th rnd: \*K6. Kfb. Rep from \* around. 64 sts. 15th rnd: \*K7. Kfb. Rep from \* around. 72 sts. 17th rnd: \*K8. Kfb. Rep from \* around. 80 sts. 19th rnd: \*K9. Kfb. Rep from \* around. 88 sts. Proceed as follows: 20th rnd: Knit. Place marker at end of rnd. 21st rnd: \*K1. yf. Sl1P. yb. Rep from \* around. 22nd rnd: Knit. 23rd rnd: \*yf. Sl1P. yb. K1. Rep from \* around. Rep 20th to 23rd rnds until work from marked rnd measures 3" [7.5 cm]. Next rnd: Purl, dec 3 sts evenly around, 85 sts. Next rnd: Knit. Next rnd: Purl. Cast off knitwise.

