## '̌arnspirations"

BERA KNIT SPA DAY KIT | KNIT


## ABBREVIATIONS

Alt = Alternate
Approx = Approximate(ly)
Beg $=$ Begin(ning)
Dec $=$ Decrease(ing)
Inc = Increase(ing)
K = Knit
$\mathbf{K f b}=$ Increase 1 stitch by knitting
into front and back of next stitch.
K2(3)tog = Knit next 2 (3) stitches
together
P = Purl
P2tog = Purl next 2 stitches
together
Pat $=$ Pattern
Rep = Repeat
RS = Right side

KNIT I SKILL LEVEL: INTERMEDIATE

## MATERIALS

Bernat ${ }^{\oplus}$ Handicrafter Cotton ${ }^{\circledR}$ (Solids: $1.75 \mathrm{oz} / 50 \mathrm{~g} ; 80 \mathrm{yds} / 73 \mathrm{~m}$; Ombres: $1.5 \mathrm{oz} / 42.5 \mathrm{~g} ; 68 \mathrm{yds} / 62 \mathrm{~m})$

## BASIC FACECLOTHS

Lemon Swirl Ombre (02008) 2 balls or 90 yds [ 83 m ]
or White (01001) 2 balls or 90 yds [ 83 m ]
Size 4.5 mm (U.S. 7) knitting needles or size needed to obtain gauge.

## RIDGE AND EYELET FACECLOTHS

Ridge Version: Lemon Swirl Ombre (02008) $\mathbf{1}$ ball or 68 yds [62 m] Eyelet Version: White (01001)

1 ball or 55 yds [ 50 m ]
Size U.S. $8(5 \mathrm{~mm})$ knitting needles or size needed to obtain gauge. Size U.S. G/6 ( 4 mm ) crochet hook for loop.

## BATH MITT

Lemon Swirl Ombre (02008)
1 ball or 68 yds [62 m]
Size U.S. $8(5 \mathrm{~mm})$ knitting needles or size needed to obtain gauge. Size U.S. G/6 ( 4 mm ) crochet hook for loop.

## BASKET

Lemon Swirl Ombre (02008)
2 balls or 80 yds [73 m]
Size U.S. 5 ( 3.75 mm ) set of four double-pointed knitting needles or size needed to obtain gauge. Stitch marker.

Rnd(s) = Round(s)
Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together
SI1P = Slip next stitch purlwise
$\mathrm{St}(\mathbf{s})=$ Stitch $(\mathrm{es})$
WS $=$ Wrong side

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## BASIC FACECLOTHS

## MEASUREMENT

Approx 10 " $[25.5 \mathrm{~cm}]$ square.

## GAUGE

20 sts and 26 rows $=4^{\prime \prime}[10 \mathrm{~cm}]$ in stocking st.

## INSTRUCTIONS

Cast on 53 sts.
Knit 5 rows (garter st), noting 1st row is WS.
1st row: (RS). K3. P3. *K1. P3. K1. P1. K1. P3. Rep from * to last 7 sts. K1. P3. K3.
2nd row: K6. *P1. K3. P1. K1. P1. K3. Rep from * to last 7 sts. P1. K6. 3rd and 4th rows: As 1st and 2nd rows.
5th row: K3. P2. *K1. P1. K1. P3. K1. P3. Rep from * to last 8 sts. K1. P1. K1. P2. K3.
6th row: K5. *P1. K1. P1. K3. P1. K3. Rep from* to last 8 sts. P1.K1.P1. K5. 7th and 8th rows: As 5th and 6th rows.
Rep last 8 rows until work from beg measures approx $91 / 2$ " [24 cm], ending on a 4th or 8th row of pat.
Knit 5 rows (garter st).
Cast off knitwise (WS).

## RIDGE \& EYELET FACECLOTHS



## MEASUREMENT

Approx 7 " [18cm] square.

## GAUGE

18 sts and 24 rows $=4^{\prime \prime}[10 \mathrm{~cm}]$ in stocking st.

## Simple Ridge Facecloth

Cast on 1 st.
1st row: (RS). (K1. yo. K1) all in st. 3 sts.
2nd row: Knit.
3rd row: K1. (K1. yo. K1) in next st. K1. 5 sts.
4th row: K2. P1. K2.
5th row: K1. Kfb. Knit to last 2 sts. Kfb. K1. 7 sts.
6th row: K2. Purl to last 2 sts. K2.
7th and 8th rows: Rep last 2 rows once more. 9 sts.
9th row: K1. Kfb. Purl to last 2 sts. Kfb. K1. 11 sts.
10th row: Knit.
11th and 12th rows: Rep last 2 rows once more. 13 sts.

Rep 5th to 12 th rows 3 times more, then 5th to 10th rows once. 43 sts. 43rd row: K1. K2tog. Purl to last 3 sts. K2tog. K1. 41 sts.
44th row: Knit.
45th row: K1. K2tog. Knit to last 3 sts. K2tog. K1. 39 sts.
46th row: K2. Purl to last 2 sts. K2. 47th and 48th rows: Rep last 2 rows once more. 37 sts.
49th row: As 43 rd row. 35 sts.
50th row: Knit.
51st and 52nd rows: Rep last 2 rows once. 33 sts.
Rep 45th to 52nd rows 3 times more. 9 sts.
Next row: As 45th row. 7 sts.
Next row: K2. Purl to last 2 sts. K2.
Next row: (K1. K2tog) twice. K1. 5 sts.
Next row: K2. P1. K2.
Next row: K1. K3tog. K1.
Next row: Knit.
Next row: K3tog. Fasten off.
Hanging Loop: With crochet hook, make a chain 2 " [ 5 cm ] long. Sew in position

## Eyelet Facecloth



Cast on 1 st.
1st row: (RS). (K1. yo. K1) all in st. 3 sts.
2nd row: Knit.
3rd row: (Kfb) twice. K1. 5 sts.
4th row: Knit.
5th row: K1. Kfb. Knit to last 2 sts.
Kfb. K1.
6th row: Knit.
Rep last 2 rows twice more. 11 sts. 11th row: As 5th row.
12th row: K2. Purl to last 2 sts. K2.
13th row: As 5th row.
14th row: Knit.
15th row: K1. Kfb. *yo. P2tog. Rep from * to last 3 sts. P1. Kfb. K1.
16th row: Knit.
17th row: As 5th row.
18th row: K2. Purl to last 2 sts. K2.
19th row: As 5th row.
20th row: Knit.
21st row: As 5th row.

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## 22nd row: Knit.

23rd row: As 5th row.
24th row: Knit.
Rep 11th to 24th rows once more. 39 sts.
39th row: As 5th row. 41 sts.
40th row: K2. Purl to last 2 sts. K2.
41 st row: As 5th row. 43 sts.
42nd row: Knit.
43rd row: K1. K2tog. *yo. P2tog.
Rep from * to last 4 sts. P1. K2tog. K1.
44th row: Knit.
45th row: K1. K2tog. Knit to last 3 sts. K2tog. K1.
46th row: K2. Purl to last 2 sts. K2.
47th row: As 45th row.
48th row: Knit.
49th row: As 45th row.
50th row: Knit.
51st row: As 45th row.
52nd row: Knit.
53rd row: As 45th row.
54th row: K2. Purl to last 2 sts. K2.
55th row: As 45th row.
56th row: Knit.
Rep 43rd to 56th rows once more.
15 sts.
71st row: As 43 rd row. 13 sts.
72nd row: Knit.
73rd row: As 45th row. 11 sts.
74th row: K2. Purl to last 2 sts. K2.

75th row: As 45th row. 9 sts.
76th and alt rows: Knit.
77th row: As 45th row. 7 sts. 79th row: As 45th row. 5 sts.
81st row: K1. K3tog. K1. 3 sts.
83rd row: K3tog. Fasten off.
Hanging Loop: With crochet hook, make a chain 2" [5 cm ] long.
Sew in position to top corner as illustrated.

## BATH MITT



## SIZE

One size to fit average adult.

## GAUGE

15 sts and 28 rows $=4$ " $[10 \mathrm{~cm}$ ] in garter st.

## INSTRUCTIONS

Cast on 36 sts. Work 9 rows garter st (knit every row), noting that first row is wrong side.

Shape thumb: 1st row: (RS). K16. (Kfb) twice. Knit to end of row. Knit 3 rows even.
5th row: K16. Kfb. K2. Kfb. Knit to end of row.
Knit 3 rows even.
9th row: K16. Kfb. K4. Kfb. Knit to end of row.
Knit 3 rows even.
Cont in this manner, inc 2 sts on next and following 4th rows until there are 48 sts.
Knit 1 row even.
Next row: K29. Turn. Cast on 1 st. K14 (including st on needle after cast on). Turn.
Cont on these 14 sts for thumb.
Knit 10 rows even.
Next row: *K1. K2tog. Rep from * to last 2 sts. K2. 10 sts.
Knit 1 row even.
Next row: (K2tog) 5 times. 5 sts.
Break yarn leaving a long end.
Thread through rem sts. Draw up tightly and fasten securely. Sew thumb seam.
With RS of Mitt facing, join yarn to rem sts. Pick up and knit 2 sts under thumb. Knit to end of row.
Next row: Knit, knitting tog the 2 sts picked up under thumb. 36 sts.
Knit 16 rows even.

Shape top: 1st row: K1. ssk. K12. K2tog. K2. ssk. K12. K2tog. K1. 32 sts.
2nd and alt rows: Knit.
3rd row: K1. ssk. K10. K2tog. K2. ssk. K10. K2tog. K1. 28 sts.
5th row: K1. ssk. K8. K2tog. K2. ssk. K8. K2tog. K1. 24 sts.
7th row: K1. ssk. K6. K2tog. K2. ssk. K6. K2tog. K1. 20 sts.
9th row: K1. ssk. K4. K2tog. K2. ssk. K4. K2tog. K1. 16 sts.
11th row: (K2tog) 8 times. 8 sts. Break yarn, leaving a long end.
Thread through rem sts. Draw up tightly and fasten securely. Sew side seam.
Hanging Loop: With crochet hook, make a chain $21 / 2$ " $[6 \mathrm{~cm}$ ] long. Fasten off. Sew in position at top of side seam as illustrated.

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## BASKET



## MEASUREMENT

Approx $51 / 4 "[13 \mathrm{~cm}]$ in diameter.

## GAUGE

22 sts and 28 rows $=4$ " $[10 \mathrm{~cm}$ ] in stocking st.

## INSTRUCTIONS

Cast on 8 sts. Divide onto 3 needles (2, 3, 3). Join in rnd, placing marker on first st.
1st rnd: *Kfb. Rep from * around.

## 16 sts.

2nd and alt rnds: Knit.
3rd rnd: *K1. Kfb. Rep from * around. 24 sts.
5th rnd: *K2. Kfb. Rep from * around. 32 sts.
7th rnd: *K3. Kfb. Rep from * around. 40 sts.
9th rnd: *K4. Kfb. Rep from * around. 48 sts.
11th rnd: *K5. Kfb. Rep from * around. 56 sts.

13th rnd: *K6. Kfb. Rep from * around. 64 sts.
15th rnd: *K7. Kfb. Rep from * around. 72 sts.
17th rnd: *K8. Kfb. Rep from * around. 80 sts.
19th rnd: *K9. Kfb. Rep from * around. 88 sts.
Proceed as follows:
20th rnd: Knit. Place marker at end of rnd.
21st rnd: *K1. yf. SI1P. yb. Rep from * around.
22nd rnd: Knit.
23rd rnd: *yf. SI1P. yb. K1. Rep from * around.
Rep 20th to 23rd rnds until work from marked rnd measures 3" $[7.5 \mathrm{~cm}$ ].
Next rnd: Purl, dec 3 sts evenly around. 85 sts.
Next rnd: Knit.
Next rnd: Purl. Cast off knitwise.


