

BERNAT FAMILY KNIT ADULT YOKE SWEATER

BRK0429-029202M | June 19, 2020



MATERIALS							
Bernat® Premium™ (7 oz/198 g	; 360 y	ds/3	329	m)			
Sizes	XS/S	M	L	XL	2/3XL	4/5XL	
Version 1							
Main Color (MC) Aran (58500)	4	4	5	5	6	6	balls
Contrast A Navy (58522)	1	1	1	1	1	1	ball
Contrast B Teal (58517)	1	1	1	1	1	1	ball
Contrast C Magenta (58526)	1	1	1	1	1	1	ball
Version 2							
Main Color (MC) Navy (58522)	4	4	5	5	6	6	balls
Contrast A Aran (58500)	1	1	1	1	1	1	ball
Contrast B Botany Teal (58538)	1	1	1	1	1	1	ball
Contrast C							
Med Grey Heather (58505)	1	1	1	1	1	1	ball

Sizes U.S. 7 (4.5 mm) and U.S. 8 (5 mm) circular knitting needles 29" [75 cm] long. Set of 4 sizes U.S. 7 (4.5 mm) and U.S. 8 (5 mm) double-pointed knitting needles or size needed to obtain gauge. Stitch marker. 4 st holders. Tapestry needle.





KNIT I SKILL LEVEL: INTERMEDIATE

ABBREVIATIONS

Beg = Beginning **Inc** = Increase $\mathbf{K} = Knit$

K2tog = Knit next 2 stitches together

M1 = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop

Rep = Repeat

 $\mathbf{P} = Purl$

Rnd(s) = Round(s)

Rem = Remain(ing)

Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together

St(s) = Stitch(es) **Tog** = Together

WS = Wrong side

GAUGE

SIZES

To fit bust/chest measurement

m
]

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus (). Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

18 sts and 24 rows = 4'' [10 cm] in stocking st with larger needles.

Finished bust/chest

XS/S	37" [94 cm]
M	41" [104 cm]
L	45" [114.5 cm]
XL	49" [124.5 cm]
2/3XL	58" [147 cm]
4/5XL	66" [167.5 cm]



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Notes:

- Sweater is worked in round in one piece on circular needle from the bottom up.
- Sleeves are worked on doublepointed needles, then joined to Body for Yoke.

PULLOVER BODY

With MC and smaller circular needle, cast on **168** (**184-200-220-260-300**) sts. Join in rnd, placing marker on first st.

Work 3" [7.5 cm] in (K1. P1) ribbing.

Change to larger circular needle and knit in rnds until work from beg measures **Her Version:** 14½" [37 cm] or **His Version:** 16" [40.5 cm].

Next rnd: [K84 (92-100-110-130-150). Slip last 8 (10-12-12-14-14) sts onto st holder for underarm] twice. 76 (82-88-98-116-136) sts rem on spare needle for Front and Back to work Yoke.

SLEEVES

With MC and set of smaller double-pointed needles, cast on **44** (**44**-**48-48-52-52**) sts.

Divide sts onto 3 needles and join in rnd, placing marker on first st. Work 3" [7.5 cm] in (K1. P1) ribbing.

Change to larger set of needles and knit in rnds, inc 1 st at beg and end of next and every following **6th** (**6th-6th-4th-4th**) rnd to **64** (**66-68-74-80-84**) sts.

Her Version only: Knit even in rnds until Sleeve from beg measures 17½" [44.5 cm].

His Version only: Knit even in rnds until Sleeve from beg measures 18½" [47 cm].

8 (10-12-12-14-14) sts of rnd onto a st holder for underarm. Break yarn. Leave rem **56** (56-56-62-66-70) sts on spare needle for Yoke.

YOKE

Note: When working from charts, carry yarn not in use loosely across WS of work but never over more than 5 sts. When it must pass over more than 5 sts, weave it over and under color in use on next st or at center point of sts it passes over. The colors are never twisted around one another.

1st rnd: With MC, [K**56** (**56-56-62-66-70**) for Sleeve. K**76** (**82-88-98-116-136**) for Body] twice. **264** (**276-288-320-364-412**) sts.

2nd rnd: *K**9** (21-10-18-12-32). K2tog. Rep from * to last **0** (0-0-0-0-4) sts. K**0** (0-0-0-0-4). **240** (264-264-304-338-400) sts.

3rd and 4th rnds: Knit.

Sizes XL, 2/3XL and 4/5XL only: Next rnd: *K(17-11-8). K2tog. Rep from * around. (288-312-360) sts. Next 2 rnds: Knit.

Size 4/5XL only: Next rnd: *K13. K2tog. Rep from * around. 336 sts. **Next 2 rnds:** Knit.

All sizes: 240 (264-264-288-312-336) sts.

Knit Chart I to end of chart, reading rnds from right to left and noting 24-st rep will be worked 10 (11-11-12-13-14) times. 160 (176-176-192-208-224) sts rem. Chart I is shown on page 4.

Note: On 19th rnd of Chart I, slip first st knitwise, work chart to last st, then knit last st and slipped st tog.

Sizes XS/S, XL, 2/3XL and 4/5XL only: Next rnd: With A, *K5 (6-4-3). K2tog. Rep from * to last 6 (0-4-4) sts. K6 (0-4-4). 138 (168-174-180) sts.

Sizes M and L only: Next rnd: With A, *K5. K2tog. Rep from * to last 8 sts. (K2. K2tog) twice. 150 sts.

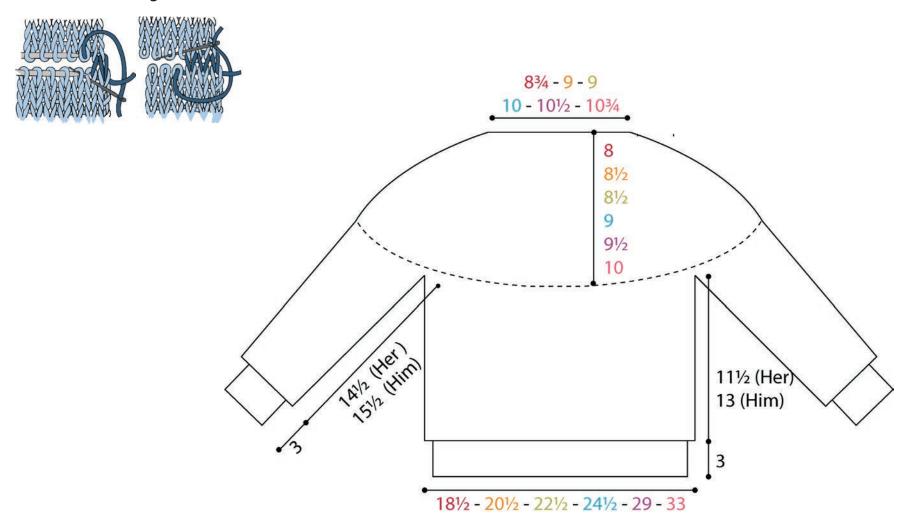
All sizes: Knit Chart II to end of chart, reading rnds from right to left and noting 6-st rep will be worked 23 (25-25-28-29-30) times. 92 (100-100-112-116-120) sts rem. Chart II is shown on page 4. Note: Change to larger set of double-pointed needles when necessary.

Next rnd: With A for Version 1 or MC for Version 2, *K**5** (4-4-3-3-3). K2tog. Rep from * to last **8** (4-4-2-6-0) sts. K**8** (4-4-2-6-0). **80** (84-84-90-94-96) sts.

Change to smaller set of double-pointed needles, work 3" [7.5 cm] in (K1. P1) ribbing. Cast off in ribbing. Fold neckband in half to WS and sew in position. Graft underarms.



Grafting

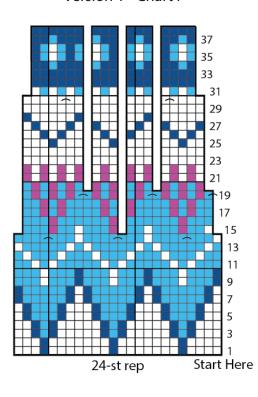




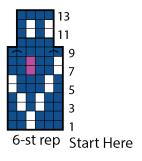
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Version 1 - Chart I



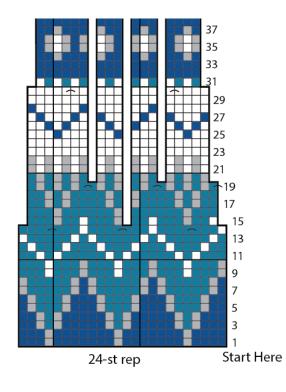
Version 1 - Chart II



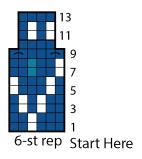
Version 1 - Key

- ☐ = Main Color (MC)
- = Contrast A
- = Contrast B
- = Contrast C
- $_{\mathbf{A}}$ = K2tog

Version 2 - Chart I



Version 2 - Chart II



Version 2 - Key

- = Main Color (MC)
- ☐ = Contrast A
- = Contrast B
- = Contrast C
- 本 = K2tog