

Yarnspirations™
BERNAT®

MAKE THIS

CHANGE YOUR STRIPES KNIT VEST
SIZES **XS/S-M/L-XL-2/3XL-4/5XL**



 **KNIT | SKILL LEVEL: BEGINNER**


BERNAT® MAKE THIS

WHAT YOU'LL NEED



YARN

- **Bernat® Softee Chunky™**
(3.5 oz/100 g; 108 yds/99 m)

COLORS

Quantity

XS/S **M/L** **XL** **2/3XL** **4/5XL**

- **Contrast A** True Grey (28044)

2	2	2	3	3	balls
140/128	160/145	200/182	240/218	280/256	yds/m
- **Contrast B** Natural (28008)

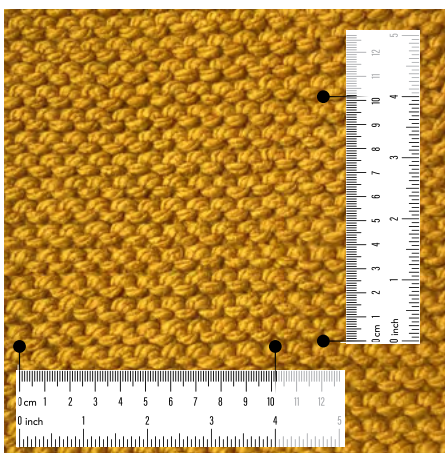
1	2	2	2	2	ball(s)
100/92	130/118	155/142	170/155	200/185	yds/m
- **Contrast C** Hot Pink (28416)

1	2	2	2	2	ball(s)
100/92	130/118	155/142	170/155	200/185	yds/m
- **Contrast D** Brass (28807)

1	2	2	2	2	ball(s)
100/92	130/118	155/142	170/155	200/185	yds/m

GAUGE

10 sts and 20 rows = 4" [10 cm] in
garter stitch (knit every row).



TOOLS

- Size U.S. 11 (8 mm) Susan Bates® Silvalume® knitting needles **or size needed to obtain gauge.**
- Susan Bates® stitch markers.
- Susan Bates® yarn needle.
- Tape measure.

ABBREVIATIONS	
Approx =	Pat = Pattern
Approximately	RS = Right side
Beg = Beginning	St(s) = Stitch(es)
K = Knit	WS = Wrong side

INSTRUCTIONS

The instructions are written for **XS/S** size. If changes are necessary, the instructions will be written **XS/S (M/L-XL-2/3XL-4/5XL)**. Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

USING THIS GUIDE

Click on the underlined words throughout the pattern to access our library of helpful tools.

DETERMINING YOUR SIZE

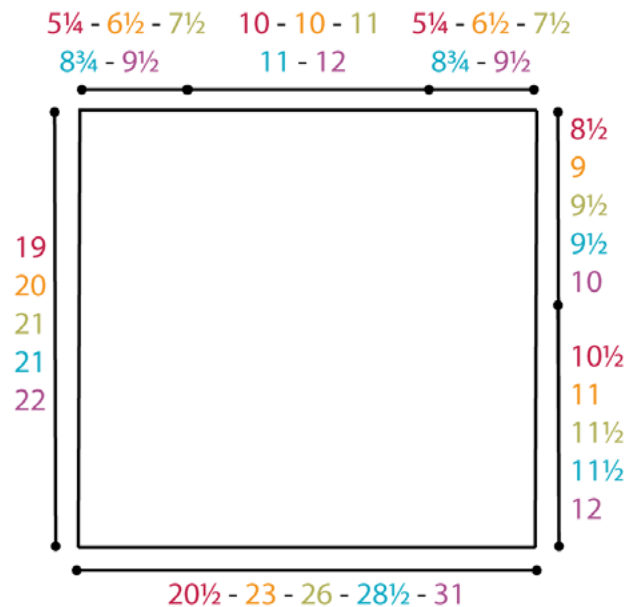
Click [here](#) to learn how to take proper measurements for the best fit.

MEASUREMENTS

SIZES	XS/S	M/L	XL	2/3XL	4/5XL
TO FIT CHEST	28-34" [71-86.5 cm]	36-42" [91.5-106.5 cm]	44-46" [112-117 cm]	48-54" [122-137.5 cm]	56-62" [142-157.5 cm]
FINISHED CHEST	41" [104 cm]	46" [117 cm]	52" [132 cm]	57" [144.5 cm]	62" [157.5 cm]

Model is wearing size **XS/S** in **Bernat® Softee Chunky™**

Model has 34" [86 cm] chest and is 5 feet 10 inches tall.



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INSTRUCTIONS

Stripe Pattern (Pat) Worked in garter stitch (knit all stitches on every row):

With Contrast A, knit 2 rows.
With Contrast B, knit 2 rows.
With Contrast C, knit 2 rows.
With Contrast D, knit 2 rows.
These 8 rows form Stripe Pat.

Note: When adding new colors during the first 8 rows of Stripe Pat, leave approx. 6" [15 cm] yarn tails which will be woven into seams later. Do not cut colors while working Stripe Pat. Carry colors loosely up side of work and use them again when needed, taking care to not pull tightly as they are joined back into the Stripe Pat (see photos).

Note: Right Side (RS) of work will be side where color changes look like:



Wrong Side (WS) of work will be side where color changes look like:



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INSTRUCTIONS

BACK and **FRONT** (make 2 pieces alike)
With Contrast A, using **2 needle cast on method**, cast on **52 (58-66-72-78)** stitches (sts).



Begin working in Stripe Pat (see page 4) until piece from beginning (beg) measures **19 (20-21-21-22)" [48 (51-53.5-53.5-56) cm]** long, ending with 2 rows of any contrast color in Stripe Pat.



With **same** contrast color as last row worked, **cast off** all stitches taking care to not cast off too tightly leaving a long yarn end for sewing shoulder seam. **WS** of work is facing for cast off.

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INSTRUCTIONS

FINISHING

Fold Back and Front pieces in half lengthwise and place a marker on cast off edge at the half-way point.



Place 2 more markers on cast off edge of each piece **5 (5-5½-5½-6)" [12.5 (12.5-14-14-15) cm]** on either side of previous half-way point marker to indicate neck opening. Total width of neck opening will be **10 (10-11-11-12)" [25.5 (25.5-28-28-30.5) cm]**.



Using yarn ends from cast-off row, sew shoulder seams using **mattress stitch** (see page 8) to markers leaving neck opening free.



Place markers on side edges **8½ (9-9½-9½-10)" [21.5 (23-24.5-24.5-25.5) cm]** down from shoulder seam.

Tip: When working with stripe pattern projects and placing markers, note the color of stripe the markers were positioned on first side and take care to place markers on second side along same color of stripe for a perfect match.

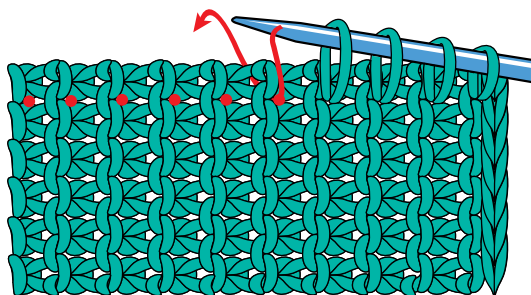


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INSTRUCTIONS

Armbands: With RS facing and A, beg at marker, **pick up and knit 23 (25-27-27-29) sts** evenly along side edge to shoulder seam, then **23 (25-27-27-29) sts** down to opposite marker. **46 (50-54-54-58) sts** total.

Tip: When **picking up stitches** along the side of garter stitch, pick up 1 stitch into each 'ditch' between the ridges. Also, take care to pick up stitches with your needle going in 1 full stitch in from the edge as shown in diagram.



WS of work is shown.



RS of work is shown.

Knit 4 rows garter stitch.
Cast off knitwise (WS is facing for cast off) leaving a long end of yarn for side seam.



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INSTRUCTIONS

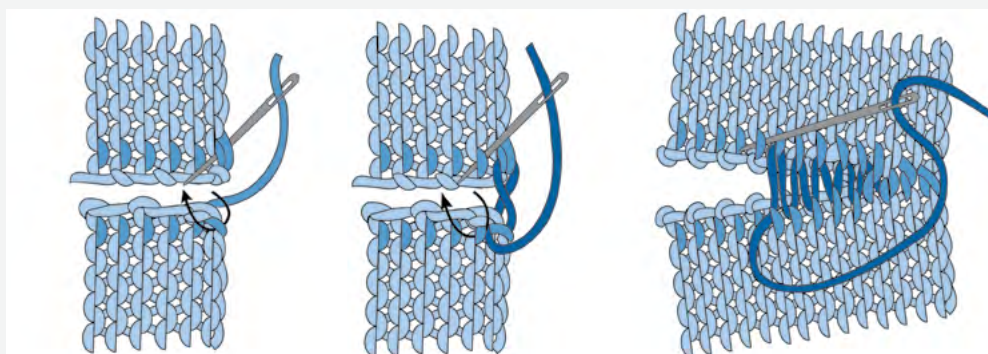
Using yarn end of A, sew side and armband seams using **mattress stitch**, taking care to match stripe pattern.



Sewing Garter Edges (Mattress stitch)

Thread yarn end through yarn needle. With RS facing insert needle into first ridge at bottom of work. Draw needle through ridge on opposite seam of seam. Continue drawing needle through alternating ridges at each side of seam. After joining a few rows, pull yarn, but not too tightly to merge the 2 sides together. Continue to end of seam.

Cut yarn leaving a 6" [15 cm] end. Weave end into seam.



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INSTRUCTIONS

Weaving In Ends

Thread end onto yarn needle and make small alternating stitches into side or seam edge of your work taking care not to pull too tightly.

After you've worked approx. 2" [5 cm] in one direction, turn and work backwards alternating over the spaces you just worked into. Now you can safely cut the yarn end and it is secure.

*We love seeing your makes!
Share your photos using #YARNSPO and
tag us @yarnspirations on Instagram or
find us on Facebook.*

