

Yarnspirations™  
**BERNAT®**

**MAKE THIS**

**COZY VIBES KNIT CARDIGAN**  
**SIZES XS/S-M-L-XL-2/3XL-4/5XL**



Ballpoint Blue  
& Blue Teal

 KNIT | SKILL LEVEL: **BEGINNER**



Yarnspirations™

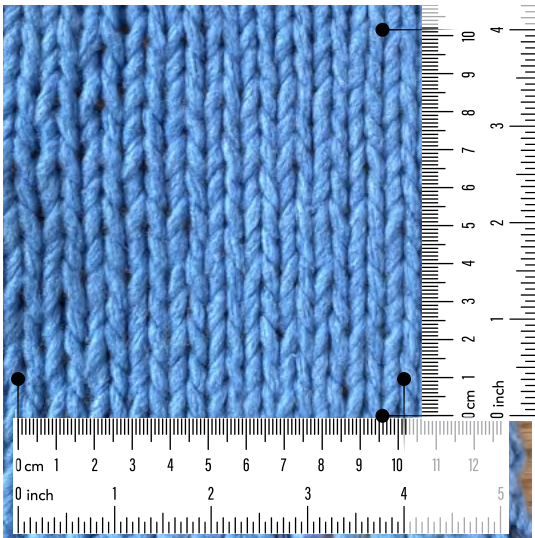
# BERNAT® MAKE THIS

## WHAT YOU'LL NEED



## GAUGE

10.5 stitches (sts) and 13 rows =  
4" [10 cm] stocking st.



## YARN

- **Bernat® Forever Fleece™**  
(9.9 oz/280 g; 194 yds/177 m)

## COLORS

### Quantity

- **Contrast A** Ballpoint Blue (61027)
 

|             |              |              |              |
|-------------|--------------|--------------|--------------|
| <b>XS/S</b> | <b>M</b>     | <b>L</b>     |              |
| <b>4</b>    | <b>5</b>     | <b>5</b>     | <b>balls</b> |
| 624/569     | 797 /727     | 918/ 837     | yds/m        |
| <b>XL</b>   | <b>2/3XL</b> | <b>4/5XL</b> |              |
| <b>6</b>    | <b>6</b>     | <b>7</b>     | <b>balls</b> |
| 1005 /917   | 1091/995     | 1212/1106    | yds/m        |
- **Contrast B** Blue Teal (61026)
 

|             |              |              |             |
|-------------|--------------|--------------|-------------|
| <b>XS/S</b> | <b>M</b>     | <b>L</b>     |             |
| <b>1</b>    | <b>1</b>     | <b>1</b>     | <b>ball</b> |
| 59/54       | 76/69        | 94/85        | yds/m       |
| <b>XL</b>   | <b>2/3XL</b> | <b>4/5XL</b> |             |
| <b>1</b>    | <b>1</b>     | <b>1</b>     | <b>ball</b> |
| 100/91      | 107/98       | 114/104      | yds/m       |

## TOOLS

- Size U.S. 11 [8 mm] Susan Bates® circular knitting needle 29" [73.5 cm] long **or size needed to obtain gauge.**
- Susan Bates® split ring stitch markers.
- Susan Bates® yarn needle.
- Tape measure.

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**ABBREVIATIONS**

**Alt** = Alternate(ing)  
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**Dec** = Decrease(ing)  
**Inc** = Increase(ing)  
**K** = Knit

**Kfb** = Increase 1 stitch by knitting into front and back of next stitch  
**K2tog** = Knit next 2 stitches together  
**P** = Purl  
**Rem** = Remain(ing)(s)

**Rep** = Repeat  
**RS** = Right side  
**S1Pwyib** = Slip next stitch purlwise with yarn at back of work  
**S1Pwyif** = Slip next stitch purlwise with yarn at front of work

**Ssk** = Slip next 2 stitches one at a time. Pass them back onto left-hand needle, then knit through the back loops together.  
**St(s)** = Stitch(es)  
**WS** = Wrong side

**INSTRUCTIONS**

The instructions are written for **XS/S** size. If changes are necessary for larger size(s) the instructions will be written **XS/S (M-L-XL-2/3XL-4/5XL)**. Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

**USING THIS GUIDE**

Click on the underlined words throughout the pattern to access our library of helpful tools.

**DETERMINING YOUR SIZE**

Click [here](#) to learn how to take proper measurements for the best fit.

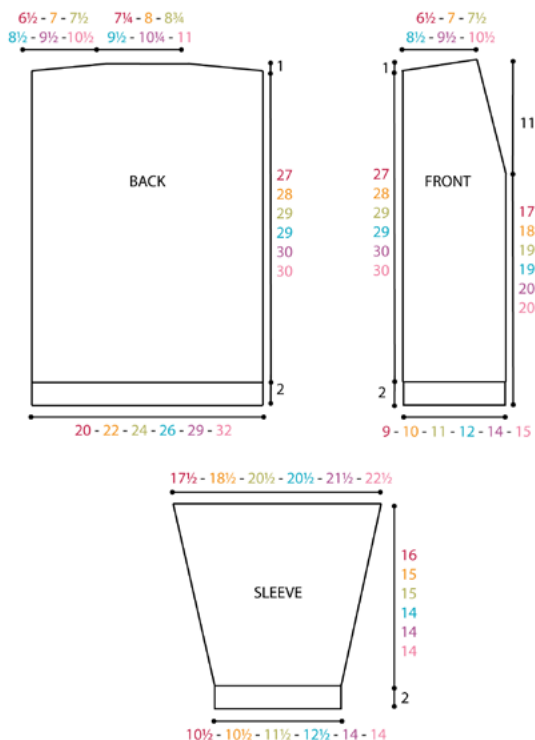
**MEASUREMENTS**

| SIZES   | XS/S                   | M                        | L                          | XL                     | 2/3XL                  | 4/5XL                    |
|---|------------------------|--------------------------|----------------------------|------------------------|------------------------|--------------------------|
| <b>TO FIT CHEST</b>                                     | 28-34"<br>[71-86.5 cm] | 36-38"<br>[91.5-96.5 cm] | 40-42"<br>[101.5-106.5 cm] | 44-46"<br>[112-117 cm] | 48-54"<br>[122-137 cm] | 56-62"<br>[142-157.5 cm] |
| <b>FINISHED CHEST</b><br><i>(including front bands)</i> | 40"<br>[101.5 cm]      | 44"<br>[112 cm]          | 48"<br>[122 cm]            | 56½"<br>[143.5 cm]     | 60½"<br>[153.5 cm]     | 65½"<br>[166.5 cm]       |

Models are wearing size **M** in **Bernat® Forever Fleece™**

Male model has 40" [101.5 cm] chest and is 6 feet 3 inches tall.

Female model has 34" [86.5 cm] chest and is 5 feet 5 inches tall.



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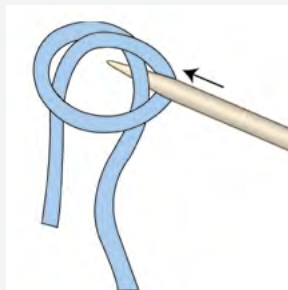
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### BACK

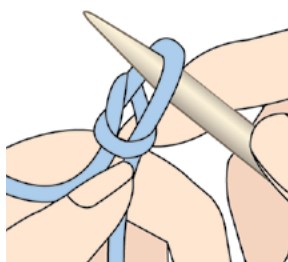
With A, cast on **53** (**57-63-69-77-85**) stitches (sts).

#### Slip knot:

*Make a loop with yarn and fold it on itself to make a pretzel shape.*

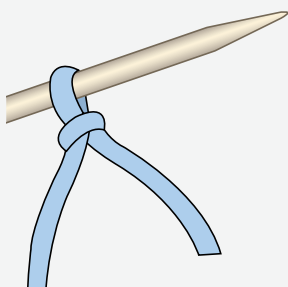


*With tip of needle, pull working yarn through the pretzel to create loop and pull yarn to tighten.*

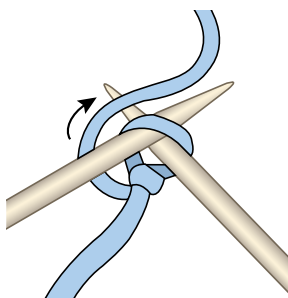


#### Cast on:

*Start with slip knot on left-hand needle.*



*Insert right-hand needle through loop as with knit stitch (yarn at back, from the bottom up).*



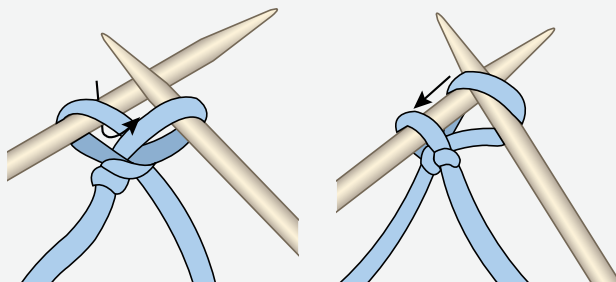
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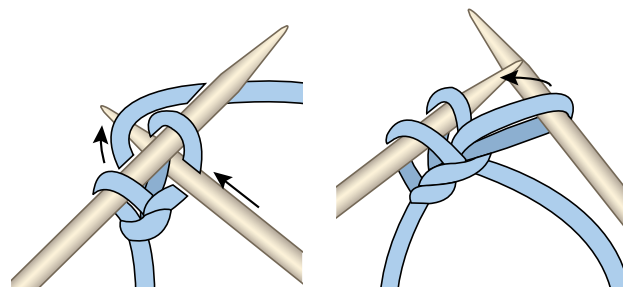
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| <b>Approx</b> = Approximately | <b>K2tog</b> = Knit next 2 stitches together                                  | <b>RS</b> = Right side   | <b>St(s)</b> = Stitch(es)   |
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| <b>Inc</b> = Increase(ing)    |   |  |   |
| <b>K</b> = Knit               |   |  |   |

Start knit stitch, then transfer loop from right-hand needle back onto left. 2 stitches on needle.



Continue casting on in this same manner until you have **53** (57-63-69-77-85) sts. **Do not** join in round (rnd). Work back and forth across needle as follows:



**1st row:** [Right side (RS)]. Knit 1 (K1). \*Purl 1 (P1). K1. Repeat (Rep) from \* to end of row.



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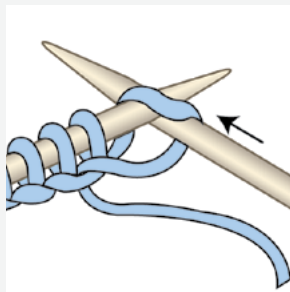
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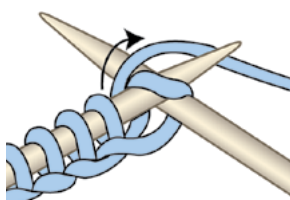
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### **Knit 1 (K1):**

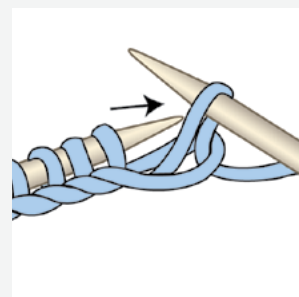
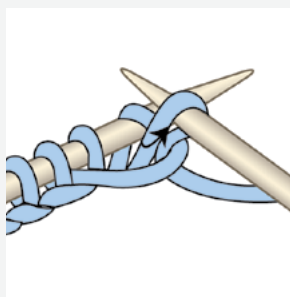
*\*Insert right-hand needle from **left** to **right** through front of next stitch on left-hand needle.*



*Wrap working yarn counter-clockwise around right-hand needle.*



*Pull through a loop, dropping stitch from left-hand needle - 1 knit stitch complete.*



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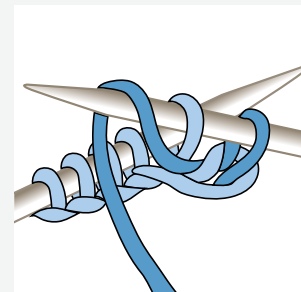
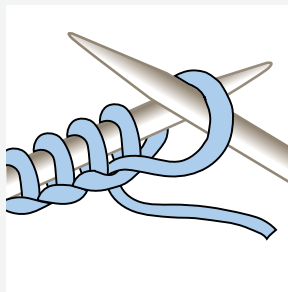
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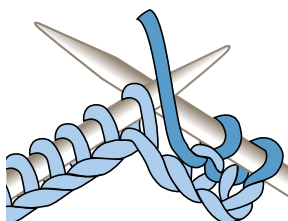
**Purl 1 (P1)**

*Going under needle, reposition working yarn from back of work to front of work.*

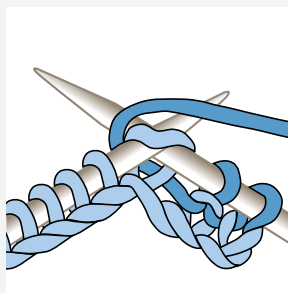
*\*Insert right-hand needle from **right** to **left** through **front** of next stitch on left-hand needle. Wrap working yarn counter-clockwise around right-hand needle.*



*Pull up a loop through back of stitch and drop stitch from left-hand needle - 1 purl stitch complete.*



Move yarn to back of work before knitting next st.



Continue (cont) in (K1. P1) ribbing to end of row.

1st row complete.

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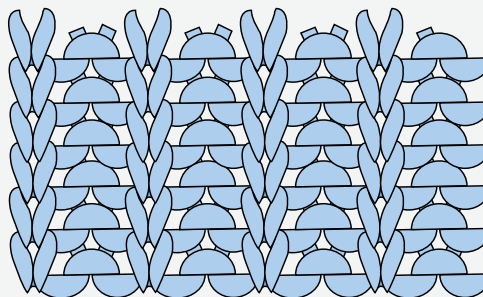
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**2nd row:** [Wrong side (WS)]. P1. \*K1. P1. Rep from \* to end of row.

**3rd to 6th rows:** Rep 1st and 2nd rows twice more.



Proceed in **stocking stitch** (knit on RS rows and purl on WS rows) until Back from beginning (beg) measures **29 (30-31-31-32-32)" [73.5 (76-78.5-78.5-81.5-81.5) cm]**, ending on a purl row.

**Shape shoulders:** Cast off **9 (9-10-11-13-14)** sts at beg of next 2 rows, then **8 (9-10-11-12-14)** sts at beg of following 2 rows.



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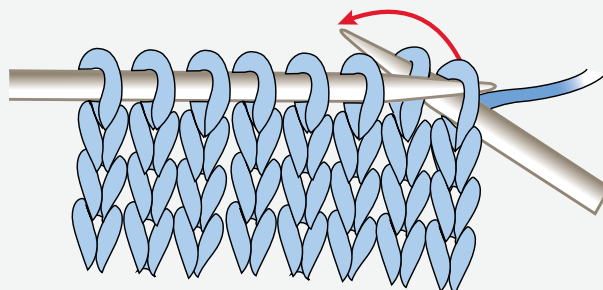
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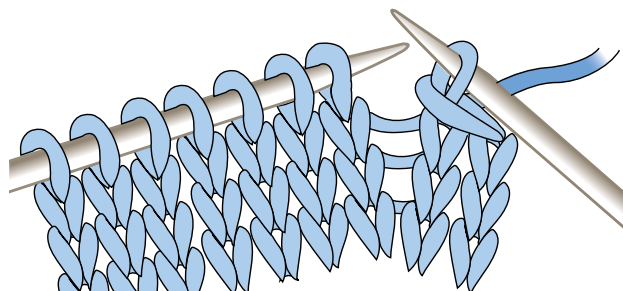
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**Cast Off Knit-wise:**

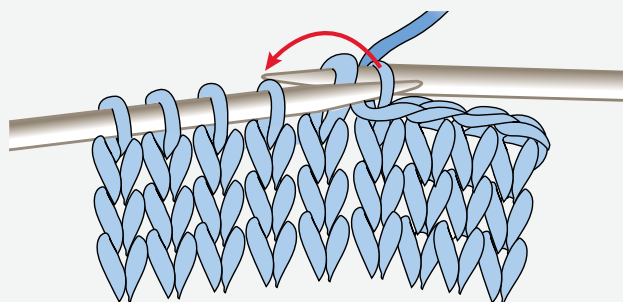
Work 2 knit stitches as normal. Insert left-hand needle into 1st knit stitch on right-hand needle and pull it over the 2nd stitch and off the needle.



1 loop remaining on right-hand needle.

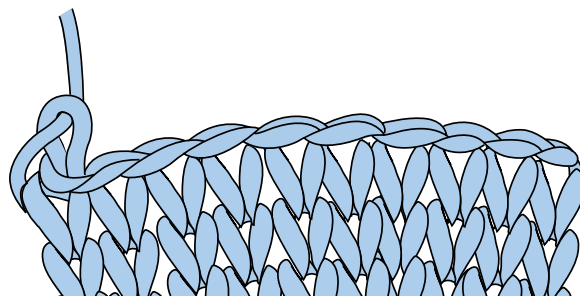


Knit next stitch, then pull the loop just made over the new stitch.



Cast off remaining (rem) **19** (**21-23-25-27-29**) sts.

Trim working yarn with approx 4" [10 cm] tail. Pull tail all the way through final loop. Pull tail tight to tie knot.



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## INSTRUCTIONS

### LEFT FRONT

**Note:** Begin (beg) every purl row (WS) with slip first stitch purlwise with yarn at **front** of work (Sl1Pwyif). This creates a slipped-stitch "selvedge" along front edge of Cardigan.

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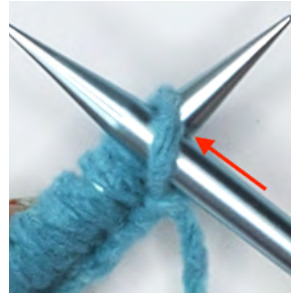
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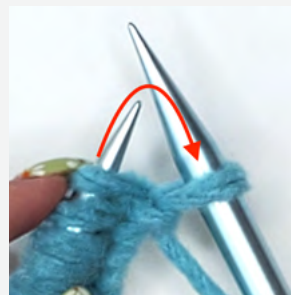
**St(s)** = Stitch(es)

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**Sl1Pwyif** *Insert right-hand needle from right to left through front of next stitch (as if to purl).*



*Slip this stitch to right-hand needle without knitting or purling.*



With A, cast on **25** (**27-29-33-37-41**) sts.

**Do not** join in round (rnd). Work back and forth across needle as follows:

**1st row:** (RS). K1. \*P1. K1. Rep from \* to end of row.

**2nd row:** Sl1Pwyif. \*K1. P1. Rep from \* to end of row.

Rep last 2 rows twice more.

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| <b>K</b> = Knit               |   |   |   |

Proceed in stocking st:

**1st row:** (RS). Knit.

**2nd row:** S1Pwyif. Purl to end of row.

Rep last 2 rows until Left Front from beg measures

**19 (20-21-21-22½-22)" [48.5 (51-53.5-53.5-57-56) cm]**, ending on a WS (purl) row.

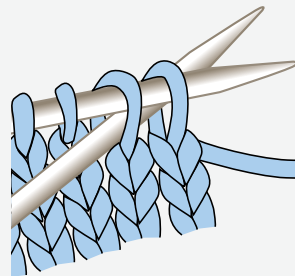
**Shape neck: 1st row:** (RS). Knit to last 3 sts. K2tog. K1 (neck edge). **24 (26-28-32-36-40) sts.**

**2nd and alternating (alt) rows:** S1Pwyif. Purl to end of row.

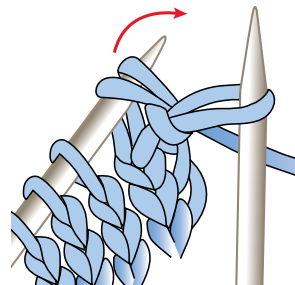
Decrease (dec) 1 st at neck edge (as before) on next and every following alternating (alt) row to **22 (24-26-27-29-31) sts**, then every following 4th row to **17 (18-20-22-25-28) sts**.

### **K2tog:**

*Insert right-hand needle from **left** to **right** through next 2 stitches on left-hand needle.*



*Wrap working yarn around right-hand needle counter-clockwise and draw up a loop through front of both sts.*



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| <b>Inc</b> = Increase(ing)    |   |  |   |
| <b>K</b> = Knit               |   |  |   |

Continue (cont) even in stocking st, slipping (SI1Pwyif) first st on every WS row, until Left Front from beg measures same length as Back to shoulder shaping, ending on a purl row (WS).

**Shape shoulder: 1st row:** (RS). Cast off **9 (9-10-11-13-14)** sts.

Knit to end of row.

**2nd row:** SI1Pwyif. Purl to end of row.

Cast off rem **8 (9-10-11-12-14)** sts.

## RIGHT FRONT

**Note:** Begin (beg) every knit row (RS) with slip first stitch purlwise with yarn at **back** of work (SI1Pwyib). This creates a slipped-stitch "selvedge" along front edge of Cardigan.

With A, cast **25 (27-29-33-37-41)** sts.

**Do not** join in round (rnd). Work back and forth across needle as follows:

**1st row:** (RS). SI1Pwyib. \*P1. K1. Rep from \* to end of row.

**2nd row:** P1. \*K1. P1. Rep from \* to end of row.

Rep last 2 rows twice more.

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## INSTRUCTIONS

### ABBREVIATIONS

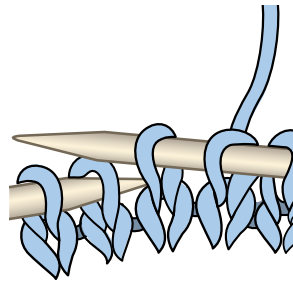
|                               |   |   |   |
|-------------------------------|---|---|---|
| <b>Alt</b> = Alternate(ing)   | <b>Kfb</b> = Increase 1 stitch by knitting into front and back of next stitch | <b>Rep</b> = Repeat   | <b>Ssk</b> = Slip next 2 stitches one at a time. Pass them back onto left-hand needle, then knit through the back loops together. |
| <b>Approx</b> = Approximately | <b>K2tog</b> = Knit next 2 stitches together                                  | <b>RS</b> = Right side  | <b>St(s)</b> = Stitch(es)   |
| <b>Beg</b> = Beginning        | <b>P</b> = Purl   | <b>S1Pwyib</b> = Slip next stitch purlwise with yarn at back of work  | <b>WS</b> = Wrong side  |
| <b>Cont</b> = Continue(ity)   | <b>Rem</b> = Remain(ing)(s)   | <b>S1Pwyif</b> = Slip next stitch purlwise with yarn at front of work |   |
| <b>Dec</b> = Decrease(ing)    |   |   |   |
| <b>Inc</b> = Increase(ing)    |   |   |   |
| <b>K</b> = Knit               |   |   |   |

Continue (cont) even in stocking st, slipping first st (S1Pwyib) on every RS row, until Right Front from beg measures **19 (20-21-21-22-22)" [48.5 (51-53.5-53.5-56-56) cm]**, ending on a purl row (WS).

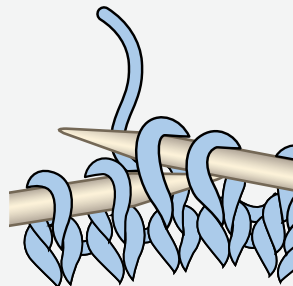
**Shape neck: 1st row:** (RS). S1Pwyib. ssk.

### **Ssk:**

*Slip next 2 stitches knitwise one at a time without knitting or purling sts.*



*Pass them back onto left-hand needle, then knit through back loops together at same time – ssk made.*



Knit to end of row. **24 (26-28-32-36-40)** sts.

1st row of neck shaping complete.

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## INSTRUCTIONS

### ABBREVIATIONS

|                               |   |  |   |
|-------------------------------|---|--|---|
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| <b>Approx</b> = Approximately | <b>K2tog</b> = Knit next 2 stitches together                                  | <b>RS</b> = Right side   | <b>St(s)</b> = Stitch(es)   |
| <b>Beg</b> = Beginning        | <b>P</b> = Purl   | <b>SI1Pwyib</b> = Slip next stitch purlwise with yarn at back of work  | <b>WS</b> = Wrong side  |
| <b>Cont</b> = Continue(ity)   | <b>Rem</b> = Remain(ing)(s)   | <b>SI1Pwyif</b> = Slip next stitch purlwise with yarn at front of work |   |
| <b>Dec</b> = Decrease(ing)    |   |  |   |
| <b>Inc</b> = Increase(ing)    |   |  |   |
| <b>K</b> = Knit               |   |  |   |

**2nd row:** Purl.

Decrease (dec) 1 st at neck edge (as before) on next and every following alt row to **22** (**24-26-27-29-31**) sts, then every following 4th row to **17** (**18-20-22-25-28**) sts.

Cont even in stocking st, slipping first st (SI1Pwyib) on every RS row, until Right Front from beg measures same length as Back to shoulder, ending on a RS (knit) row.

**Shape shoulder: 1st row:** (WS). Cast off **9** (**9-10-11-13-14**) sts. Purl to end of row.  
**2nd row:** SI1Pwyib. Knit to end of row. Cast off rem **8** (**9-10-11-12-14**) sts.



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## INSTRUCTIONS

### ABBREVIATIONS

|                               |   |  |   |
|-------------------------------|---|--|---|
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| <b>Approx</b> = Approximately | <b>K2tog</b> = Knit next 2 stitches together                                  | <b>RS</b> = Right side   | <b>St(s)</b> = Stitch(es)   |
| <b>Beg</b> = Beginning        | <b>P</b> = Purl   | <b>SI1Pwyib</b> = Slip next stitch purlwise with yarn at back of work  | <b>WS</b> = Wrong side  |
| <b>Cont</b> = Continue(ity)   | <b>Rem</b> = Remain(ing)(s)   | <b>SI1Pwyif</b> = Slip next stitch purlwise with yarn at front of work |   |
| <b>Dec</b> = Decrease(ing)    |   |  |   |
| <b>Inc</b> = Increase(ing)    |   |  |   |
| <b>K</b> = Knit               |   |  |   |

## SLEEVES

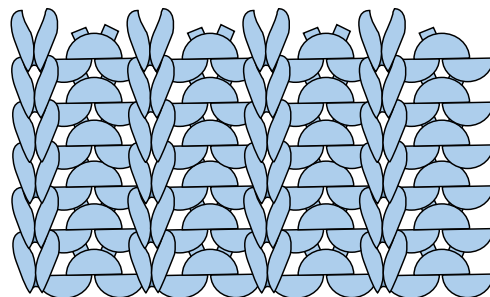
With A, cast on **27** (**27-31-33-37-37**) sts.

Working back and forth across needle in rows, proceed as follows:

**\*\*1st row:** (RS). K1. \*P1. K1. Repeat from \* to end of row.

**2nd row:** (WS). P1. \*K1. P1. Rep from \* to end of row.

**3rd to 6th rows:** Rep 1st and 2nd rows twice more.



Work 2 rows in stocking stitch.

**Next row (increase row):** (RS). K1. Kfb. Knit to last 2 sts. Kfb. K1. **29** (**29-33-33-35-35**) sts.

**Note:** Kfb are worked at each end of increase rows to shape sides of Sleeves.

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## INSTRUCTIONS

### ABBREVIATIONS

**Alt** = Alternate(ing)  
**Approx** =  
Approximately  
**Beg** = Beginning  
**Cont** = Continue(ity)  
**Dec** = Decrease(ing)  
**Inc** = Increase(ing)  
**K** = Knit

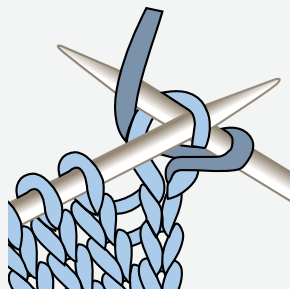
**Kfb** = Increase 1 stitch  
by knitting into front  
and back of next  
stitch  
**K2tog** = Knit next 2  
stitches together  
**P** = Purl  
**Rem** = Remain(ing)(s)

**Rep** = Repeat  
**RS** = Right side  
**Sl1Pwyib** = Slip next  
stitch purlwise with  
yarn at back of work  
**Sl1Pwyif** = Slip next  
stitch purlwise with  
yarn at front of work

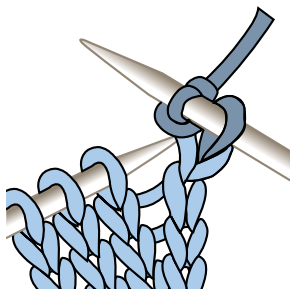
**Ssk** = Slip next 2  
stitches one at a time.  
Pass them back onto  
left-hand needle,  
then knit through the  
back loops together.  
**St(s)** = Stitch(es)  
**WS** = Wrong side

### **Kfb:**

*Knit into front of next stitch, but **do not**  
drop stitch off of left-hand needle.*



*Insert needle through back of same stitch  
and knit into that stitch again.*



Work 3 rows even in stocking st.

Cont in stocking st, inc 1 st each end of needle, on next row and every following 4th row until there are **45 (47-53-53-57-59)** sts.

Cont even in stocking st until Sleeve from beg measures **18 (17-17-16-16-16)"**  
[**45.5 (43-43-40.5-40.5-40.5)** cm], ending on a WS (purl) row.

Cast off all sts.

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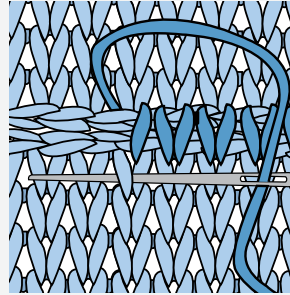
**INSTRUCTIONS**

**ABBREVIATIONS**

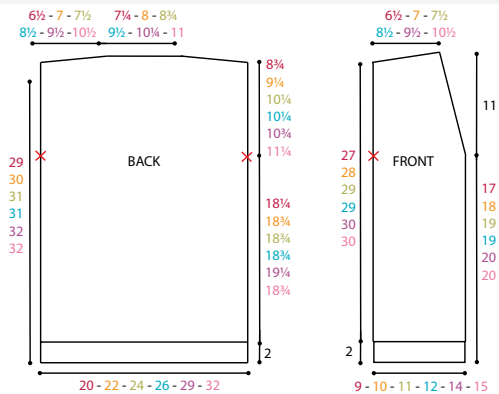
|                               |   |  |   |
|-------------------------------|---|--|---|
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| <b>Approx</b> = Approximately | <b>K2tog</b> = Knit next 2 stitches together                                  | <b>RS</b> = Right side   | <b>St(s)</b> = Stitch(es)   |
| <b>Beg</b> = Beginning        | <b>P</b> = Purl   | <b>S11Pwyib</b> = Slip next stitch purlwise with yarn at back of work  | <b>WS</b> = Wrong side  |
| <b>Cont</b> = Continue(ity)   | <b>Rem</b> = Remain(ing)(s)   | <b>S11Pwyif</b> = Slip next stitch purlwise with yarn at front of work |   |
| <b>Dec</b> = Decrease(ing)    |   |  |   |
| <b>Inc</b> = Increase(ing)    |   |  |   |
| <b>K</b> = Knit               |   |  |   |

**FINISHING**

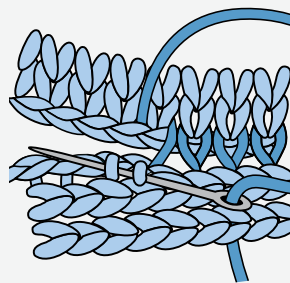
Sew shoulder seams using **mattress stitch**.



Place markers on side edges of Back and Fronts **8¾ (9¼-10¼-10¾-11¼)"** [**22 (23.5-26-26-27.5-28.5) cm**] down from shoulders.

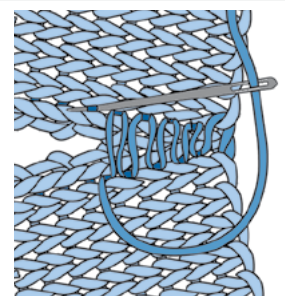
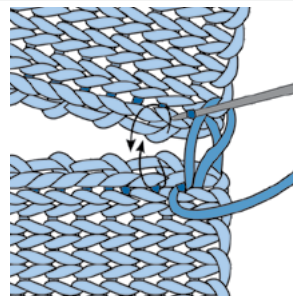
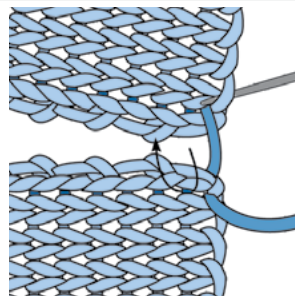


Sew in Sleeves between markers using mattress stitch.



Sew side and sleeve seams using mattress stitch.

**Note:** When joining seams horizontally yarn will be drawn under both strands of stitch instead of under connecting bar.



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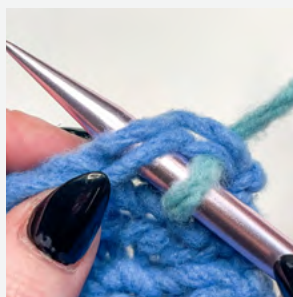
|                               |   |  |   |
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| <b>Approx</b> = Approximately | <b>K2tog</b> = Knit next 2 stitches together                                  | <b>RS</b> = Right side   | <b>St(s)</b> = Stitch(es)   |
| <b>Beg</b> = Beginning        | <b>P</b> = Purl   | <b>Sl1Pwyib</b> = Slip next stitch purlwise with yarn at back of work  | <b>WS</b> = Wrong side  |
| <b>Cont</b> = Continue(ity)   | <b>Rem</b> = Remain(ing)(s)   | <b>Sl1Pwyif</b> = Slip next stitch purlwise with yarn at front of work |   |
| <b>Dec</b> = Decrease(ing)    |   |  |   |
| <b>Inc</b> = Increase(ing)    |   |  |   |
| <b>K</b> = Knit               |   |  |   |

**Picking Up Stitches Along a Selvedge Edge**

**Front Band:** With B and RS facing, insert needle under both strands of first slipped st on lower right-hand corner of Right Front. Draw up a loop of working yarn – 1 stitch picked up and knit.



Rep in every slipped st along both Front edges of work, as well as in each of **19 (21-23-25-27-29)** sts cast off along back neck.



Knit in rows (garter stitch) until Front Band measures approx 1" [2.5 cm], ending on a RS row. Cast off knitwise (WS). Take care to not cast off too tightly.



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