



 KNIT | SKILL LEVEL: **BEGINNER**

MEASUREMENTS

Approx 4" [10 cm] wide x 40" [101.5 cm] around.

INSTRUCTIONS

With 2 strands each of A and B together, cast on 7 stitches. Arm knit i-cord using video instructions until work from beginning measures approximately 40" [101.5 cm] long. Cast off.

Sew cast off and cast on edges together.

Vickie Howell step-by-step video instructions:

<http://www.yarnspirations.com/how-to-arm-knitting>

Most Arm Knitting projects can be completed under 1 hour.

MATERIALS

Bernat® Roving™ (3.5 oz/100 g; 120 yds/109 m)
Contrast A Plum (00071) **2 balls**
Contrast B Dark Grey (00044) **2 balls**