

Yarnspirations™  
**BERNAT®**

**MAKE THIS**

**CROCHET COCOON CARDIGAN**

SIZES **XS/S/M-L/XL/2XL-3/4/5XL**



Blue Teal



White Noise



CROCHET | SKILL LEVEL: **BEGINNER**



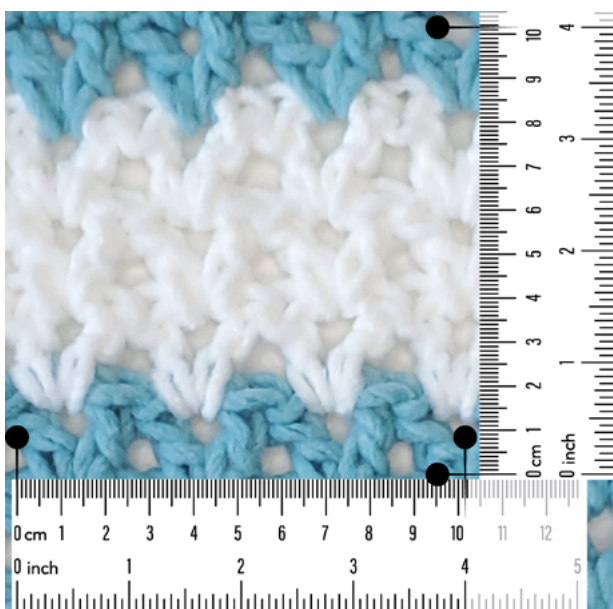
Yarnspirations™  
**BERNAT®**  
**MAKE THIS**

**WHAT YOU'LL NEED**



**GAUGE**

10 sts and 4.5 rows = 4" [10 cm] in pattern.



**YARN**

- **Bernat® Forever Fleece™**  
 (9.9 oz/280 g; 194 yds/177 m)

**COLORS**

Quantity

Sizes	XS/S/M	L/XL/2XL	3/4/5XL	
• <b>Contrast A</b> Blue Teal (61026)				
	2	3	3	<b>balls</b>
	378/345	407/372	436/398	<b>yds/m</b>
• <b>Contrast B</b> White Noise (61004)				
	2	3	3	<b>balls</b>
	376/343	404/369	434/396	<b>yds/m</b>

**TOOLS**

- Size U.S. M/13 (9 mm) Susan Bates® Silvalume® crochet hook **or size needed to obtain gauge.**
- Susan Bates® stitch markers.
- Susan Bates® yarn needle.
- Tape measure.

**ABBREVIATIONS**

<b>Approx</b> = Approximately	<b>PM</b> = Place marker	<b>Sl st</b> = Slip stitch
<b>Beg</b> = Beginning	<b>Rem</b> = Remaining	<b>St(s)</b> = Stitch(es)
<b>Cont</b> = Continue(ity)	<b>Rep</b> = Repeat	<b>Tog</b> = Together
<b>Ch</b> = Chain(s)	<b>Rnd(s)</b> = Round(s)	<b>WS</b> = Wrong side
<b>Pat</b> = Pattern	<b>RS</b> = Right side	<b>Yoh</b> = Yarn over hook
	<b>Sc</b> = Single crochet	

**INSTRUCTIONS**

The instructions are written for **XS/S/M** size. If changes are necessary, the instructions will be written **XS/S/M (L/XL/2XL-3/4/5XL)**. Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

**USING THIS GUIDE**

Click on the underlined words throughout the pattern to access our library of helpful tools.

**NOTES**

- **Chain** (ch) 3 at beginning (beg) of row counts as **double crochet** (dc).
- To change colors, work to last 2 loops on hook of first color, yarn over hook (yoh) with new color and proceed.

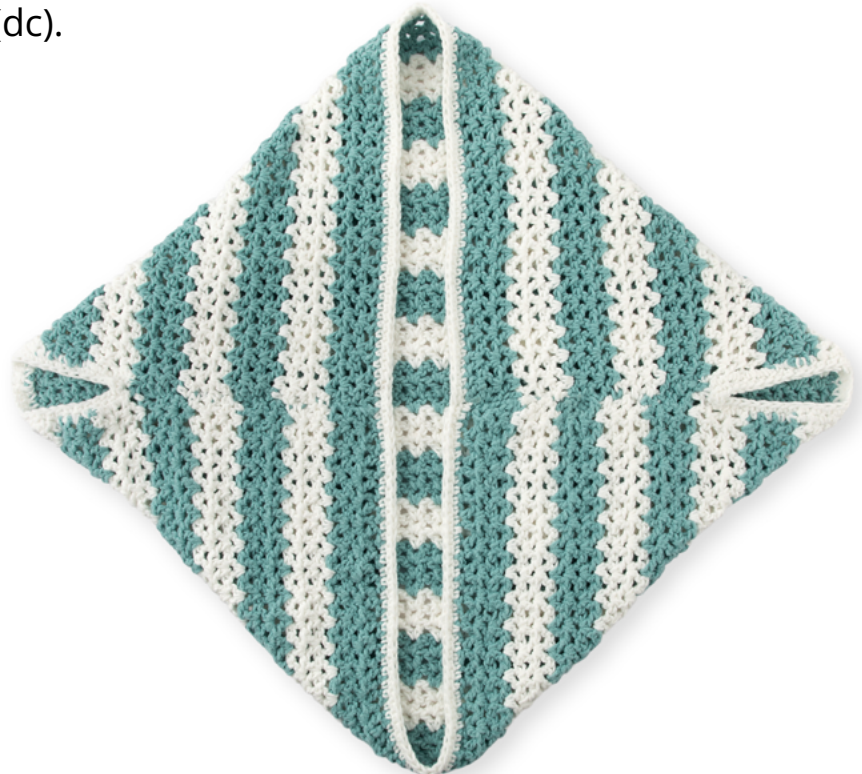
**DETERMINING YOUR SIZE**

Click [here](#) to learn how to take proper measurements for the best fit.

**MEASUREMENTS**

SIZES	XS/S/M	L/XL/2XL	3/4/5XL
<b>TO FIT CHEST</b>	28-38" [71-96.5 cm]	40-48" [101.5-122 cm]	54-62" [137-157.5 cm]
<b>FINISHED SQUARE</b>	39" [99 cm] square before assembly	42" [106.5 cm] square before assembly	45" [114.5 cm] square before assembly

Model is wearing size **XS/S/M**  
 Female model has 34" [86.5 cm] chest and is 5 feet 9 inches tall.



Yarnspirations™  
**BERNAT®**  
**MAKE THIS**

**ABBREVIATIONS**

<b>Approx</b> = Approximately	<b>PM</b> = Place marker	<b>Sl st</b> = Slip stitch
<b>Beg</b> = Beginning	<b>Rem</b> = Remaining	<b>St(s)</b> = Stitch(es)
<b>Cont</b> = Continue(ity)	<b>Rep</b> = Repeat	<b>Tog</b> = Together
<b>Ch</b> = Chain(s)	<b>Rnd(s)</b> = Round(s)	<b>WS</b> = Wrong side
<b>Pat</b> = Pattern	<b>RS</b> = Right side	<b>Yoh</b> = Yarn over hook
	<b>Sc</b> = Single crochet	

**INSTRUCTIONS**

**Stripe Pattern (Pat)**

With A work 3 rows.

With B work 3 rows.

This 6 rows form Stripe Pat.

**CARDIGAN BODY**

With A, make a slip knot and place it on hook.

**Slip knot**

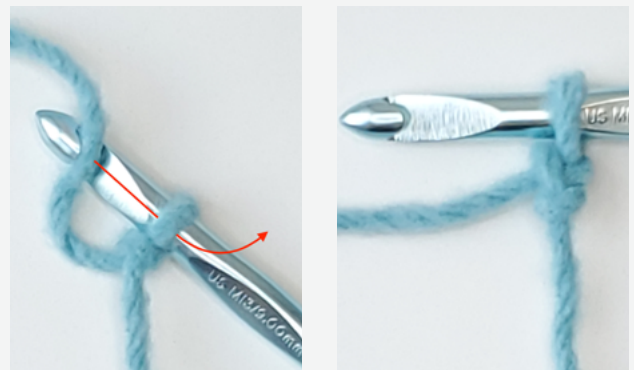
*Make a loop with yarn and fold it on itself to make a pretzel shape. Then draw through to make slip knot.*



Ch **99** (**108-114**) [multiple of 3 ch + 6].

**Chain**

*\*Yarn over hook (Yoh), draw through loop – 1 chain made.*



*Repeat (Rep) from\* **98** (**107-113**) times more – **99** (**108-114**) chains made.*



**ABBREVIATIONS**

<b>Approx</b> =	<b>PM</b> = Place marker	<b>Sl st</b> = Slip stitch
Approximately	<b>Rem</b> = Remaining	<b>St(s)</b> = Stitch(es)
<b>Beg</b> = Beginning	<b>Rep</b> = Repeat	<b>Tog</b> = Together
<b>Cont</b> = Continue(ity)	<b>Rnd(s)</b> = Round(s)	<b>WS</b> = Wrong side
<b>Ch</b> = Chain(s)	<b>RS</b> = Right side	<b>Yoh</b> = Yarn over hook
<b>Pat</b> = Pattern	<b>Sc</b> = Single crochet	

**INSTRUCTIONS**

**1st row:** [1 **double crochet** (dc). Ch 1. 1 dc] all in 6th ch from hook (skipped 5 ch counts as: 1 dc and 2 ch). \*Skip next 2 ch. (1 dc. Ch 1. 1 dc) all in next ch. Rep from \* to last 3 ch. Skip next 2 ch. 1 dc in last ch. Turn.

**Step by Step of 1st row:  
 Double crochet**

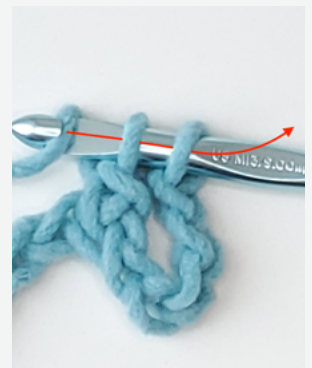
*Yoh and insert hook into 5th ch from hook.*

*Yoh and draw up a loop – 3 loops on hook.*



*Yoh and draw through first 2 loops on hook.*

*Yoh and draw through remaining (rem) loops on hook – 1 dc made.*



*Ch 1 then rep above steps in same chain.*

*(1 dc. Ch 1. 1 dc) made. Rep above to last 3 ch. Skip next 2 ch. 1 dc in last ch. Turn.*



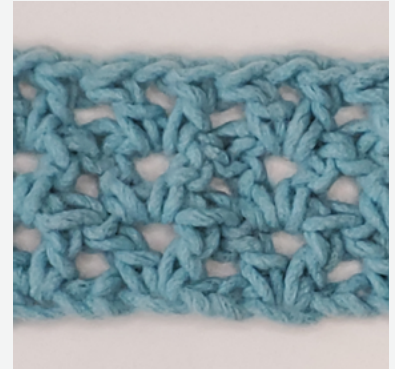
Yarnspirations™  
**BERNAT®**  
**MAKE THIS**

**ABBREVIATIONS**

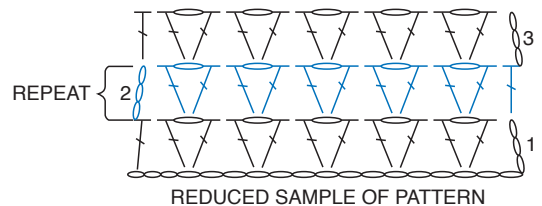
<b>Approx</b> =	<b>PM</b> = Place marker	<b>Sl st</b> = Slip stitch
Approximately	<b>Rem</b> = Remaining	<b>St(s)</b> = Stitch(es)
<b>Beg</b> = Beginning	<b>Rep</b> = Repeat	<b>Tog</b> = Together
<b>Cont</b> = Continue(ity)	<b>Rnd(s)</b> = Round(s)	<b>WS</b> = Wrong side
<b>Ch</b> = Chain(s)	<b>RS</b> = Right side	<b>Yoh</b> = Yarn over hook
<b>Pat</b> = Pattern	<b>Sc</b> = Single crochet	

**INSTRUCTIONS**



**2nd row:** Ch 3 (counts as dc). \*(1 dc. Ch 1. 1 dc) in next ch-1 space (sp). Rep from \* to end of row. 1 dc in last dc. Turn.



Rep last row for pat, keeping continuity (cont) of Stripe Pat, until piece measures approx **39 (42-45)"** [**99 (106.5-114.5) cm**] long, ending on either 3 rows of A or 3 rows of B. **Fasten off.**



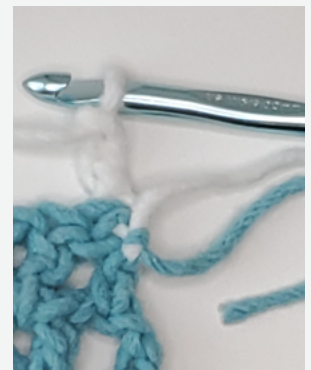
**STITCH KEY**

-  = chain (ch)
-  = double crochet (dc)

**Change Color**

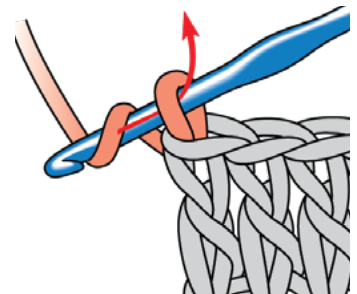
To change colors, work to last 2 loops on hook of first color.

Yoh with new color and proceed.



**Fasten off**

To fasten off the yarn, cut yarn leaving a long tail. Draw end through loop on hook and pull gently to tighten.



**ABBREVIATIONS**

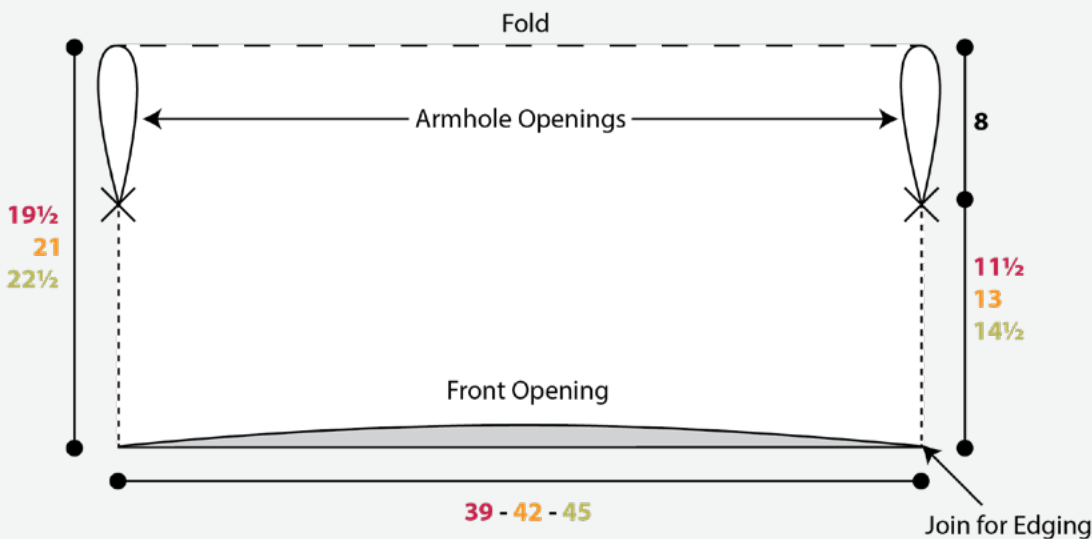
<b>Approx</b> =	<b>PM</b> = Place marker	<b>Sl st</b> = Slip stitch
Approximately	<b>Rem</b> = Remaining	<b>St(s)</b> = Stitch(es)
<b>Beg</b> = Beginning	<b>Rep</b> = Repeat	<b>Tog</b> = Together
<b>Cont</b> = Continue(ity)	<b>Rnd(s)</b> = Round(s)	<b>WS</b> = Wrong side
<b>Ch</b> = Chain(s)	<b>RS</b> = Right side	<b>Yoh</b> = Yarn over hook
<b>Pat</b> = Pattern	<b>Sc</b> = Single crochet	

**INSTRUCTIONS**

**Assembly**

Following diagram, fold work in half, Wrong Side (WS) together (tog) with first and last rows aligned.

**Assembly Diagram**



**FLAT SEAM**

Place markers (PM) 8" [20.5 cm], down from fold at each side.

With A, sew side seams from marker to bottom using a flat seam. Keep marker in place.



Yarnspirations™  
**BERNAT®**  
**MAKE THIS**

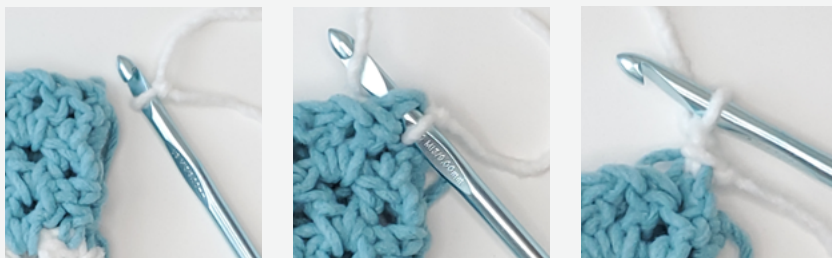
**ABBREVIATIONS**

<b>Approx</b> = Approximately	<b>PM</b> = Place marker	<b>Sl st</b> = Slip stitch
<b>Beg</b> = Beginning	<b>Rem</b> = Remaining	<b>St(s)</b> = Stitch(es)
<b>Cont</b> = Continue(ity)	<b>Rep</b> = Repeat	<b>Tog</b> = Together
<b>Ch</b> = Chain(s)	<b>Rnd(s)</b> = Round(s)	<b>WS</b> = Wrong side
<b>Pat</b> = Pattern	<b>RS</b> = Right side	<b>Yoh</b> = Yarn over hook
	<b>Sc</b> = Single crochet	

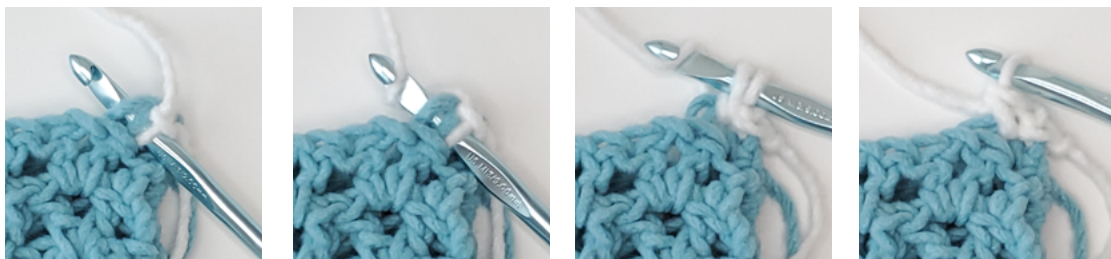
**INSTRUCTIONS**

**FINISHING**

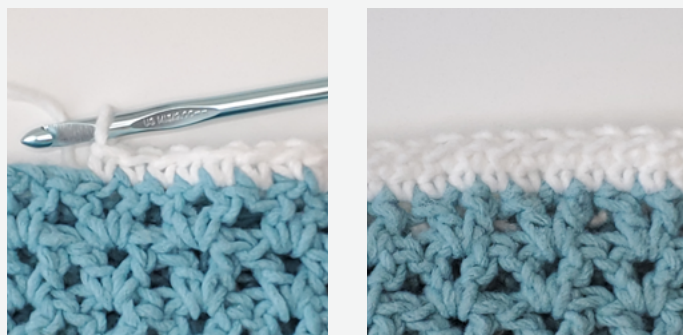
**Body Edging:** With Right Side (RS) facing, join B with **slip stitch** (sl st) to Front Opening at side seam (see diagram on page 7).



**1st round (rnd):** Ch 1. 1 **single crochet** (sc) in same space (sp) as join. 1 sc in each ch and dc around. Join with slip stitch (sl st) to first sc. **Do not** turn. **192 (210-222)** sc total.



**2nd rnd:** Ch 1. 1 sc in each sc around. Join with sl st to first sc. **Fasten off.**





Yarnspirations™  
**BERNAT®**  
**MAKE THIS**

**ABBREVIATIONS**

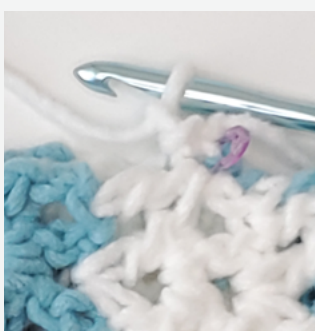
<b>Approx</b> = Approximately	<b>PM</b> = Place marker	<b>Sl st</b> = Slip stitch
<b>Beg</b> = Beginning	<b>Rem</b> = Remaining	<b>St(s)</b> = Stitch(es)
<b>Cont</b> = Continue(ity)	<b>Rep</b> = Repeat	<b>Tog</b> = Together
<b>Ch</b> = Chain(s)	<b>Rnd(s)</b> = Round(s)	<b>WS</b> = Wrong side
<b>Pat</b> = Pattern	<b>RS</b> = Right side	<b>Yoh</b> = Yarn over hook
	<b>Sc</b> = Single crochet	

**INSTRUCTIONS**

**Armhole Edging**

With RS facing, join B with sl st to Armhole Opening at marker.

**1st rnd:** Ch 1. Working 2 sc around post of each dc, work sc evenly around. Join with sl st to first sc.



**2nd rnd:** Ch 1. 1 sc in each sc around. Join with sl st to first sc. **Fasten off.**

**Weave in** all yarn ends.



*We love seeing your makes! Share your photos using #YARNSPO and tag us @yarnspirations on Instagram or find us on Facebook.*